



Saskatoon Youth Soccer Inc.
Safety Orientation – Kids in
the Park

Disclaimer

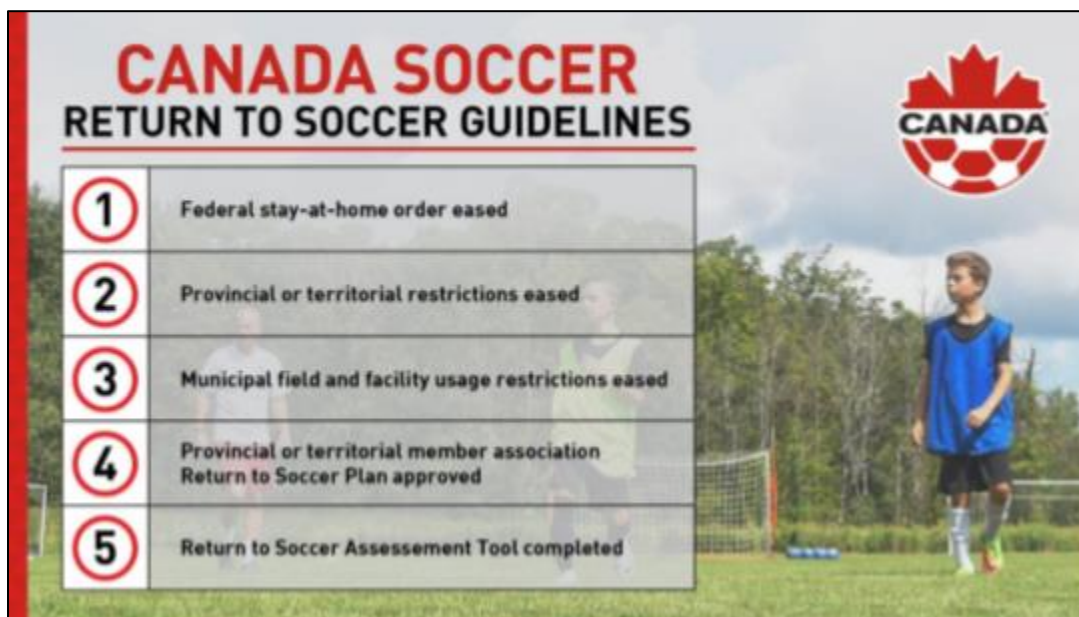
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Canada Soccer Return to Soccer Guidelines

Before Saskatoon Youth Soccer could offer the Kids in the Park (KIP) program, multiple levels of action needed to take place prior. Guided by leadership from Canada Soccer's Sports Medicine Committee and in consultation with federal, provincial, territorial and local public health authorities, Canada Soccer created the below Return to Soccer Guidelines to provide member organizations with a five-step process, including a checklist of weighted questions known as the Return to Soccer Assessment Tool, all for the purpose of determining preparedness to mitigate COVID-19 risks and implications upon the resumption of soccer and related activities.

From these guidelines, the Saskatchewan Soccer Association has created A Return to Play plan for the province, which includes guidelines, considerations, and recommendations for Member Organizations and clubs for when they design their subsequent return to play plans. With these taken into consideration Saskatoon Youth Soccer Inc, has created this dynamic document to outline a return to play plan for the programs not undertaken by the Soccer Clubs of Saskatoon.



Saskatchewan Soccer Association has developed the Return to Soccer Plan (RTSP) to serve as a guide to assist SSA Member Organizations in the safe reintroduction of soccer, with support from Canada Soccer, Sask Sport, and other provincial soccer associations. The plan uses a multi-phase approach for a thoughtful and cautious return to the pitch.

Steps What is involved in each step?
Step 1 - Saskatchewan Soccer Association (SSA) submits Return to Soccer Plan (RTSP) to Canada Soccer to review - COMPLETE
Step 2 - Canada Soccer reviews the RTSP and provides commentary. If changes are necessary -> return to step 1 and resubmit once adjustments are made - COMPLETE
Step 3 RTSP (this document) provided to SSA Member Organizations (MOs) which outlines steps and phases for resuming soccer and provides information for developing their own RTSP - COMPLETE
Step 4 - MOs must adhere to the phase of resuming soccer. MOs develop their own plan based on the considerations in this document and then complete the Canada Soccer Return to Soccer Assessment Tool – COMPLETE
Step 5 - Canada Soccer and SSA will engage with MOs to provide feedback on any areas of improvement in the Return to Soccer Assessment Tool which will help the MO determine whether they are ready to return to play or not → if MO needs to re-submit, go back to Step 4 until Assessment Tool confirms readiness - COMPLETE
Step 6 - Member Organizations are able to deliver soccer and must adhere to Phase of resumption - COMPLETE

Kids in the Park Program

With all the prior steps completed deemed return to play ready, SYSI will resume its KIP program for six weeks in the summer months in Saskatoon, starting July 13th and ending August 20th, 2020. The program will visit 6 parks throughout the six-week run time:

- Al Anderson Park – [131 Hampton Circle](#)
- Rochdale Park – [Chitek Crescent](#)
- Wallace Park – [Addison Road & Stensrud Road](#)
- Meadowgreen Park - [2515 18th Street W](#)
- Wildwood Park – [Beurling Crescent](#)
- Blair Nelson Park - [Vic Boulevard](#)

The program will target kids aged 5 years old and up and is a free, pre-registered program. Participants will be able to sign up for one session only to maximize the reach of the program. Sessions are held every day for four days (Monday-Thursday), with two sessions – morning and afternoon – being delivered by two separate coaching teams.

This year's KIP has been designed to operate only in the SSA's phase one return to play guidelines. This means that there will be no contact between players (except those in the same family bubble), technical and physical literacy based activities are delivered, and physical/social distancing is maintained between all participants (except those in the same family bubble).

Phase 1 – Return to Train (No contact)

Individual Training

Social Distancing measures are in place

Technical Based Activities

*Opposition may be created utilizing individuals from within same household or family bubble.

General

- All participation in the Kids in the Park program is one's own risk (including staff, volunteers, coaches, participants, parents, etc.). Please review the waiver signed at registration a copy can be found [here](#).
- Throughout KIP participants and parents not of the same household, are required to maintain and respect physical/social distancing guidelines set forth by the Provincial Health Authority. Those who continue to break these distancing guidelines may be asked to leave the program.
- It is the responsibility of all involved to remain home if they feel ill or have been in contact with someone who has been ill within the last 14 days; as well, they should inform the SYSI safety officer right away of illness.
- Covid symptoms can present as:
 - Fever
 - Cough
 - Headaches
 - Aches and pains
 - Sore throat
 - Chills
 - Runny nose
 - Loss of sense of taste or smell
 - Shortness of breath or difficulty breathing
- *These may be unexplained new or worsening symptoms, and may vary. Some people experience mild symptoms or no symptoms at all. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death. Older people or those with chronic illnesses may be at higher risk for a more severe form of the disease.*
- For more information on Covid-19 please visit:
<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/about-covid-19>

Session

- Participants can arrive a maximum 15 minutes prior to the session start time.
- When lining up to check-in physical/social distancing of at least 6 feet between people not part of your family bubble.
- Attendance will be conducted, with prescreening questions such as:
 - Do you have a new cough, fever, or difficulty breathing?
 - Have been come in contact who has had to self/isolate, quarantine, or has been exposed to Covid-19 within the last 14 days?
 - Have you travelled outside of Canada within the last 14 days?
- Only one parent may accompany a child to the attendance/check-in area
- Once attendance/check in is completed the second coach will escort the participant to their designated training grid. If a participant(s) is waiting to be escorted to their grid they will wait in a designated waiting area maintaining physical/social distancing protocols.

- If a participant is late to a session, they will need to check with a coach, receive the safety orientation, and be taken by the coach to a training area before they can join the session.
- Entrance to the field will be the side closest to the check-in area, the exit will be the other side of the field.
- Hand sanitizer stations will be located at entry and exit points of the field, and hand sanitization will be done before entering and exiting the field.
- Water and sanitization breaks will be held frequently throughout the session
- A safe space for water bottles and Ziploc bags will be behind each participants grid and will be kept at least 2 meters apart from other participants belongings to maintain social distancing.
- Once the session has ended the coaches will guide the participants of the field through the designated exit area

Participants

- Obligated to not attend if they have any symptoms or are ill or have been in contact with someone who is ill.
- Maintain physical/social distancing measures with people who are not a part of your family bubble.
- All participants (coaches, players, parents, volunteers, and staff) will need to wash or sanitize their hands before and after a session.
- As per provincial health authority guidelines, the use of a mask is highly recommended in all scenarios where the session is not running (attendance/check-in, entering and exiting the field, etc.)
- Only coaches and staff can handle the pylons/cones/discs.
- No heading of the ball or using hands/picking up the ball.
- If a ball gets kicked out of your grid, a coach will get the ball for you.
- Participants will be reminded to take all personal disposable material belonging to them home to be disposed of
- No changing on the field will be permitted, participants must come dressed and ready to participate.
- All participants will need to wear a new outfit to each subsequent session or ensure that their training/playing clothes are washed immediately after each use (upon returning home).
- A ziploc bag marked clearly with the child's name can be brought to the field, and should include items such as:
 - Hand sanitizer
 - 2 masks
 - Medication if required (e.g. inhaler for asthma)
 - Sunscreen
 - Bug spray
 - Closed mouth water bottle

If you require any other items please call or email Saskatoon Youth Soccer at info@saskatoonyousoccer.ca

Parents

- Preregister online and complete required waivers (for parents participating with child 5 to 8 years of age). Those not registered will not be permitted to participate.
- Obligated to not attend if they have any symptoms or are ill or has been in contact with someone who is ill and must keep their child home as well.
- Ensure child is healthy with no signs of any symptoms, recommended to take temperature prior to coming to each session.
- Any spectator benches and bleaches if located at any of the training areas will not be used
- Review the physical/social distancing, hand hygiene, and safety procedures with participants to ensure there is obvious understanding of the expectations of the program and at each session.
- One parent can accompany child to attendance/check and are requested to wear a mask when doing so as per provincial health authority guidelines.
- If child is 5 to 8 years of age, the parent must actively participate on-field within child's designated grid area to ensure child is always taking part in social distancing measures.
- If a parent is not taking part in the on-field session, they must remain at field location in case of emergency.
- Parents not taking part in the on-field session, will need to observe from a designated spectator area.
- Required to be available to attend a child's major injury if this should happen.
- Required to stay outside of the session area unless required to be participating with a child 5 to 8 years of age. In the event of injury a coach or SYSI staff member will ask you to enter the field.
- Ensure the child/participant has all the items (indicated in the confirmation email) that is required to participate.

Coaches

- Obligated to not attend if they have any symptoms or are ill or have been in contact with someone who is ill.
- All coaches and staff must go through a pre-activity orientation.
 - Hand washing, no spitting, elbow coughing, nose blowing, disposing of garbage, glove and mask use (required), all procedures, transitions as they related to the program and each session, sanitization and equipment cleaning, etc.
- All coaches and staff must go through a pre-activity orientation and Covid related training.
- Wearing masks is mandatory.
- Observe and maintain social distancing procedures for parents and participants.
- Prior to the session beginning coaches will deliver an on-field orientation, reiterating physical/social distancing measures, coughing/sneezing etiquette, outlining designated areas (i.e. spectator, isolation areas), exit and entrance procedures and transitioning from the field.
- No heading or hand contact with the ball during the sessions – feet only.
- Be cognizant of any equipment that gets misplaced, coaches will be responsible for moving it back to proper position. Under no circumstances should the participants do this.

- Be cognizant of any stray balls that may leave the grid as coaches will be responsible for gathering and returning the ball to the appropriate grid. Under no circumstances should the participants do this.
- No heading or hand contact with the ball during the sessions – feet only.
- Create and organize activities to ensure and maximize physical/social distancing between training grids and/or follow the suggested lesson plans provided to you.
- Create activities to ensure that athletes stay within the existing groups to limit contact between participants and/or follow the suggested lesson plans provided to you.
- Provide participants with regular sanitization and water breaks.
- Guide and take players to exit after each session.
- Coaches will don the required PPE (gloves, masks, eyewear, etc.) collect and take equipment to designated cleaning area and wipe down all equipment and signage after the session has been completed and all participants have exited the field area.

Contacts

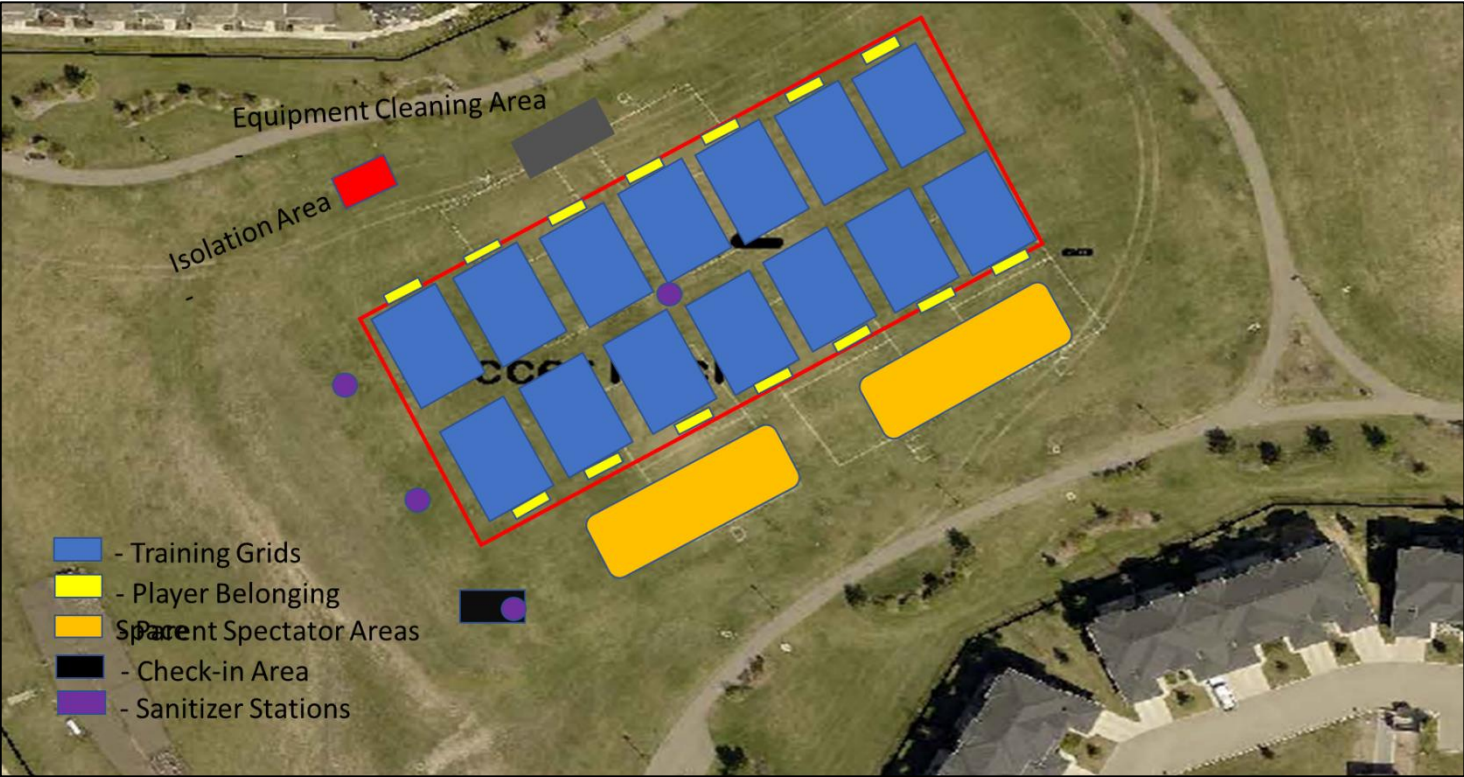
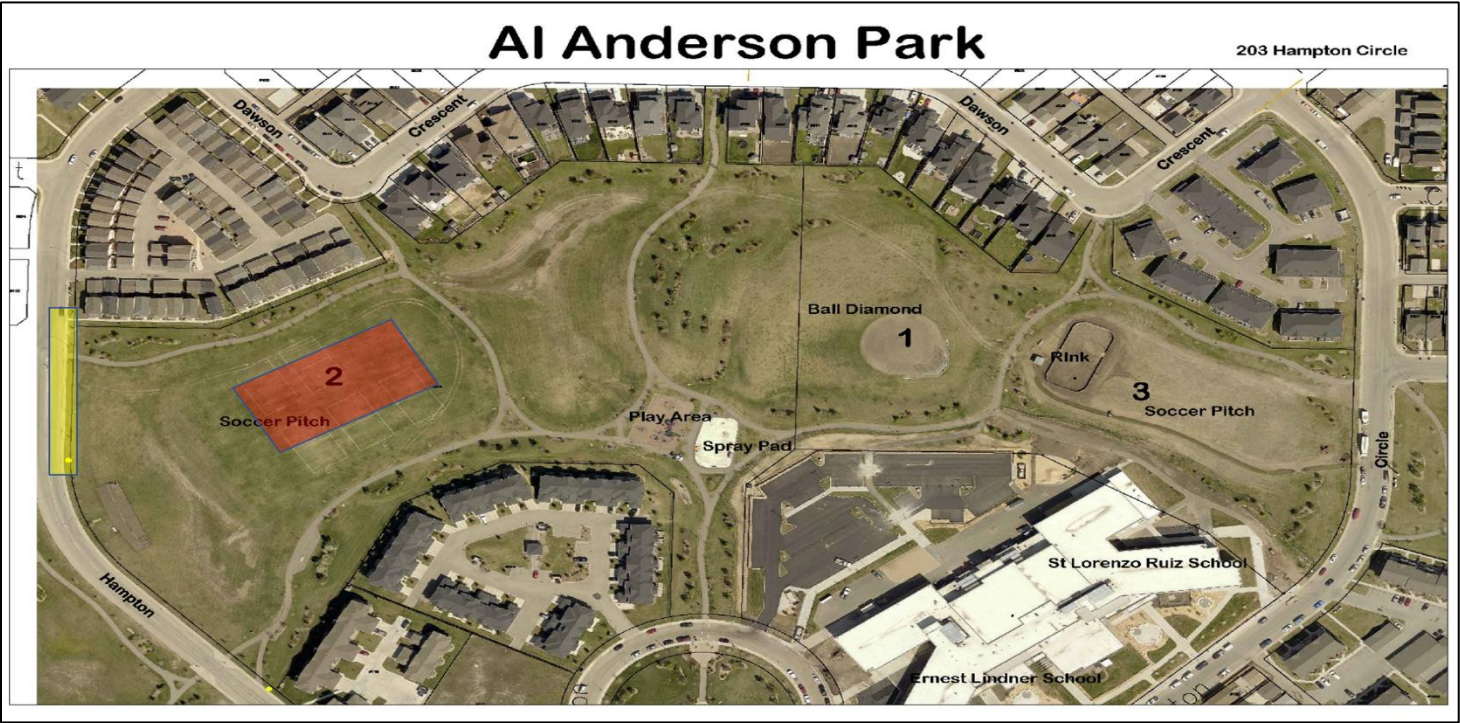
- Health Line - 811
- Saskatoon Soccer Safety Officer: Jordan Paul (can be reached at the SYSI phone and email info below)
- Saskatoon Youth Soccer – 306-975-3413
info@saskatoonyouthsoccer.ca

Covid Information Links and Resources:

- [About Covid](#)
- [Hand Hygiene](#)
- [Hand Washing Video for Kids](#)
- [Physical Distancing](#)
- [Covid Self-Assessment Tool](#)
- [Covid Self Monitoring Tool](#)

Fields and Set Up

Al Anderson Field



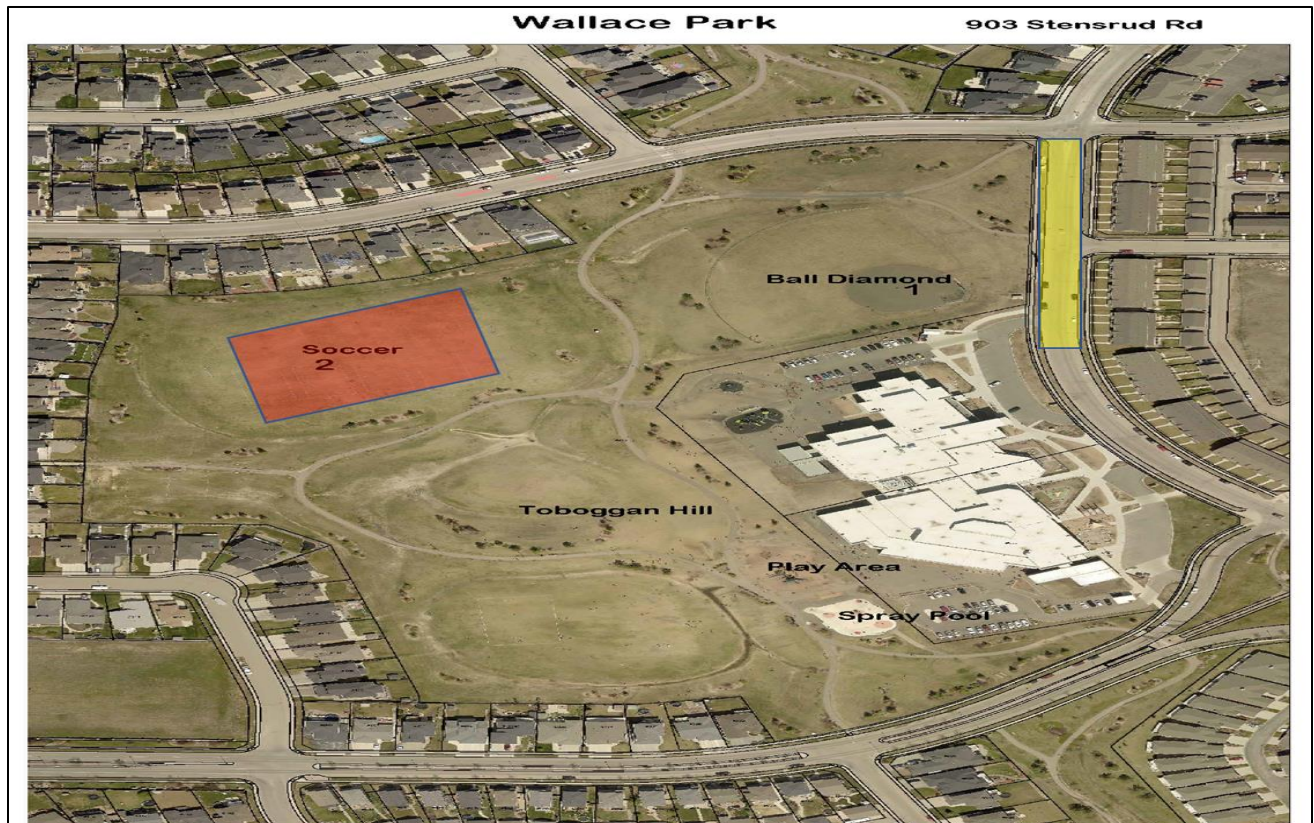
Rochdale Field

Rochdale Park

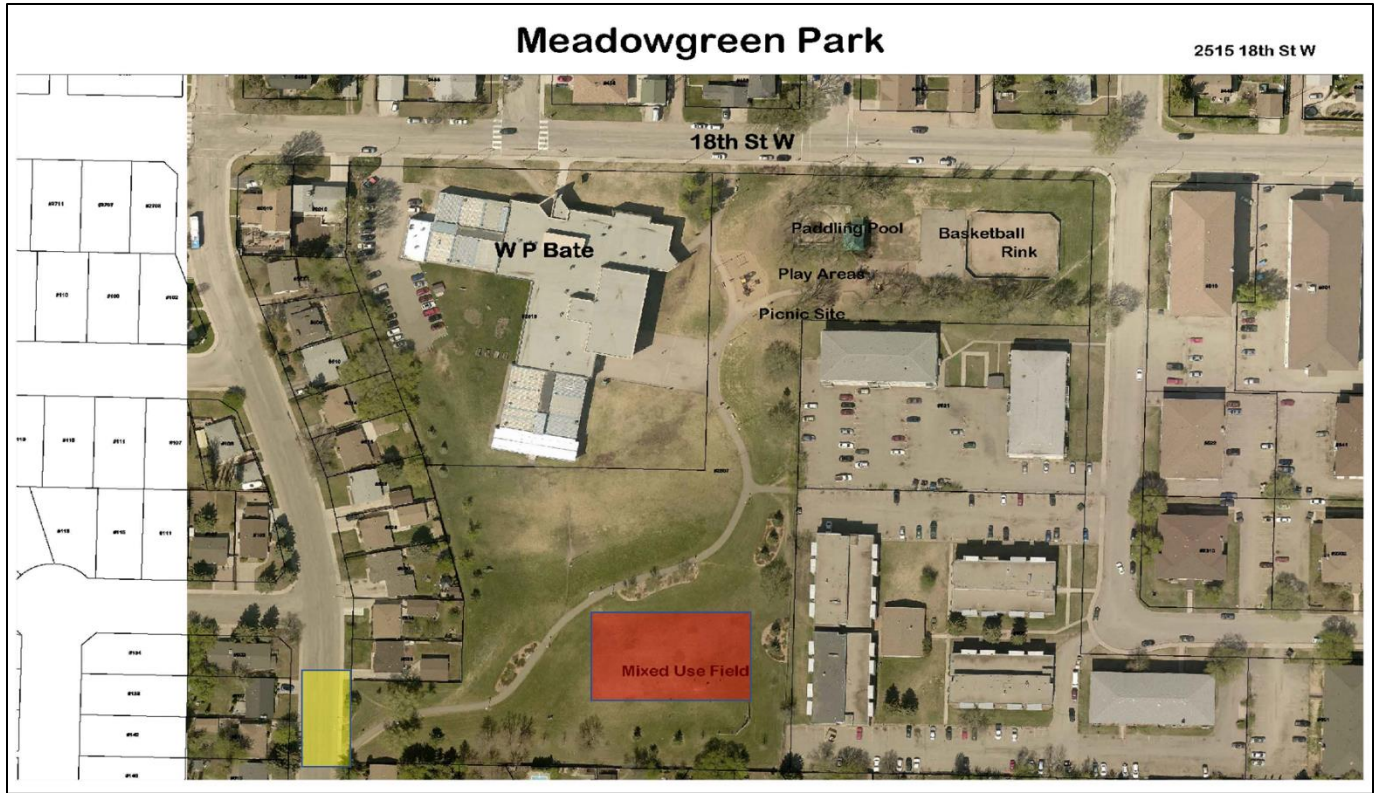
402 Redberry Rd



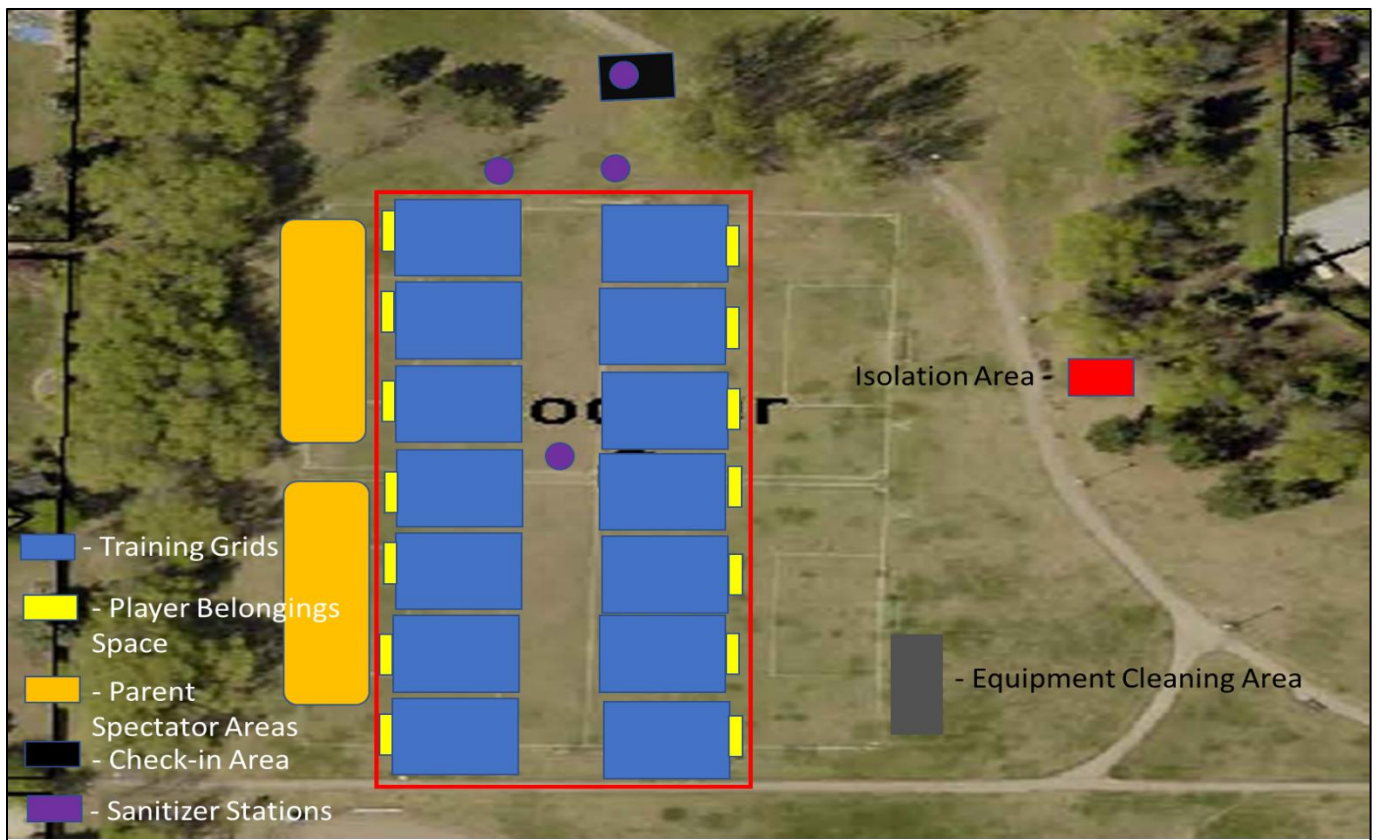
Wallace Field



Meadowgreen Field



Wildwood Field



Blair Nelson Field

