SASKATOON YOUTH SOCCER INC.



2021 OUTDOOR SEASON COMMUNITY COACH PACKAGE U5, U7, and U9

TABLE OF CONTENTS

GENERAL:	
Return to Competition Guidelines	<u>2-3</u>
Office Contact Info	<u>4</u>
Registration Ages	<u>4</u>
Soccer Kids In the Park – Free Summer Program	<u>2</u>
Important Dates	
Coaching Resources	
TEAM PERSONNEL REQUIREMENTS:	
Team Personnel Requirements	_
CSA Coaching Education Pathway	_
Rule of Two Policy	_
Abuse and Safety Policy	-
Coaching Clinics	
Attendance Records	<u>10</u>
FIELDS & WEATHER:	
Game Cancellations / Reschedules Due to Weather	
Sportsfield Usage and Inclement Weather Guidelines	
Field Lists – U5 & U7	
Field Lists – U9	<u>13</u>
TOURNAMENTS & SUSAITS.	
TOURNAMENTS & EVENTS: Outdoor Tournament List	11
Outdoor Tournament List	<u>1</u> 4
RESPECT THE GAME:	
Fair Play Codes for Athletes, Coaches, Parents, and Spectators	1:
The Game Belongs to the Kids	
The dutie belongs to the Mas	
SAFETY:	
CSA Policy on Players Wearing Casts	15
First Aid Kit Inventory List	
SSA Insurance Information	
Player Medical Information Form	
Emergency Action Plan	
<u> </u>	
Just Picture It Photography Ad	19
Xtratime Sports Soccer Locker – Sponsor Flyer	
·	

RETURN TO COMPETITION GUIDELINES



All Team Personnel must review the guidelines below prior to their first game. We also STRONGLY encourage coaches to go over and review the following restrictions with their team:

- 1. Please be advised that the guidelines set out for the Outdoor Season may be subject to modifications if government guidelines and restrictions during the pandemic change.
- 2. Adherence to provincial guidelines regarding outdoor public gathering sizes while maintaining physical/social distancing measures.
- 3. All participation in the SYSI leagues is at one's own risk.
- 4. Our league reserves the right to implement mandatory guidelines over and above the guidelines set by the authorities and will be implemented to ensure the safety of everyone involved.
- 5. It's the responsibility of all involved to remain home if they feel ill or have been in contact with someone who has been ill within the last 14 days; as well as they shall inform their Zone or Community Association Safety Officer.
- 6. Players, coaches & spectator should screen for COVID-19 symptoms prior to arriving to practice and play, using the self-assessment tool at saskatchewan.ca/COVID19.
- 7. Capacity must be in compliance with the public health order for public outdoor gatherings for each playing surface or game area. Public outdoor gatherings are set to expand to a limit of 150 people on May 30 as part of the Re-Opening Roadmap. Common areas, such as those where there are multiple playing surfaces, must also be in compliance with gathering limits in the public health order.
- 8. Coaches, officials, umpires, referees, and players who are not on the field are not required to wear masks outdoors under the public health order. However, masks may be worn if they are more comfortable with that layer of protection.
- 9. As per SSA guidelines, although it is highly discouraged, players may partake in more than one league. Players and parents/caregivers must ensure that stringent safety practices are upheld by these participants.
- 10. SYSI Community mini leagues U5 will play 3v3 format, U7 will play 4v4 format, U9 will play 5v5 format, U11 will play 7v7 format, U13 will play 9v9 format and U15-U19 will play 9v9 format.
- 11. Individual equipment should not be shared.
- 12. No Shaking hands, high-fives, etc.
- 13. Spectators not from the same household should maintain two metres of physical distancing.
- 14. Spectators must remain in designated areas. Masks are not required to be worn outdoors under the public health order, but they may be worn if spectators are more comfortable with that layer of protection.
- 15. Contact information of the coaches, officials and players should be recorded by the home team & visitor team and maintained in order to assist with contact tracing for 60 days in the case of confirmed case of COVID-19.

RETURN TO COMPETITION GUIDELINES

Parent/Guardian Responsibility

- 1. Obligated to not attend events in any capacity if they have any symptoms, feeling ill, or has been in contact with someone who is ill and must keep their child home as well.
- 2. Review the physical/social distancing, hand hygiene and safety procedures with participants to ensure there is obvious understanding of the expectations of the program and at each game and training session.
- 3. When dropping their child off for games or training they may not enter the field.
- 4. Ensure the child/participant has all the items that are required to participate. In addition to their soccer bag for clothing items/shoes and a closed water bottle, a Ziploc bag marked clearly with the child's name should be brought to the field and include the following items:
 - Hand sanitizer
 - 2 masks
 - Medication if required (e.g. inhaler for asthma)
 - Band aids for minor scrapes
 - Tissues
 - Only one parent/guardian per household may stay to watch training sessions and games, to follow the outdoor gathering sizes and to maintain social distancing, and safe cleaning measures. Bringing other children is strongly discouraged.
 - Parents/guardians and any other spectators may be required to wear a mask for the full duration of their attendance to the games.

Participant Responsibility

- 1. Obligated to not attend if they have any symptoms, are feeling ill, or have been in contact with someone who is
- 2. Participants can bring a soccer bag in order to store clothing and outside shoes and should contain a Ziploc bag with their name on it which contains tissues, masks, closed mouthed water bottles, hand sanitizer, medication, and band aids for minor cuts (if required). No other personal items should be brought with them.
- 3. Participants will be reminded to take all personal disposable material belonging to them and dispose of them in the garbage at the field or home to be disposed of safely.
- 4. To ensure their own safety and the safety of others, the participant and their accompanied parent/caregiver must commit to accept and put into practice the physical/social distancing and all other safety protocols as a part of SYSI league participation.
- 5. No handshakes, hugs, etc. at any time.
- 6. No shared use of water bottles or other personal belongings.
- 7. Goalkeepers must not at any time spit or use water from water bottles or use the water fountains to wet their gloves. Goalkeepers will be required to change their gloves immediately in any of these scenarios.
- 8. Goalkeeper gloves cannot be shared during a game or practice session, and, like the rest of the uniform MUST be washed in between each use. Keepers should sanitize their hands immediately before and after each use of goalkeeper gloves.
- 9. All participants must ensure that their training/playing clothes are washed immediately after each use (upon returning home).
- 10. Players are not required to wear masks outdoors under the public health order. However, masks may be worn if you are more comfortable with that layer of protection.
- 11. Players may partake in more than one league. Players and parents/caregivers must ensure that stringent safety practices are upheld by these participants.

OFFICE CONTACT INFO

Hours: Monday to Friday 10:00am – 4:30pm **Website:** <u>www.saskatoonyouthsoccer.ca</u>

Address: 150 Nelson Rd, Saskatoon SK, S7S 1P5 Fax: (306) 975-3416

Staff: Jordan Paul Administrator (306) 975-3413 info@saskatoonyouthsoccer.ca

Dan Kelly Program Coordinator (306) 975-3414 programs@saskatoonyouthsoccer.ca
Erin Fehr Operations Coordinator (306) 975-3412 programs@saskatoonyouthsoccer.ca

Amanda Probe Executive Director (306) 975-3412 <u>executivedirector@saskatoonyouthsoccer.ca</u>

How to Find the SYS Office: The SaskTel Sports Centre is located on 150 Nelson Road (off Attridge Drive) and is attached to the Centennial High School. The office is on the 2nd floor of the SaskTel Sports Centre at the South end of the building (facing the outdoor turf fields and Attridge Drive). For best access during office hours, park across from St Joseph High School in the SaskTel Sports Centre parking lot and enter through the doors facing the outdoor turf fields and proceed upstairs (After 5pm these doors are locked and you will need to use the main entrance attached to the school).

REGISTRATION AGES

All Dates Are as of January 1

Community-Based Programs (Community Association handles registration, coaches, and equipment):

Born 2017 / 2018 KINDER soccer Register with Community Association (not an SYSI program)

Born 2016 Under-5 Register with Community Association
Born 2014 / 2015 Under-7 Register with Community Association
Born 2012 / 2013 Under-9 Register with Community Association

Zone Association Programs (Zone coordinates registration, coaches, and additional player development):

Born 2014 / 2015 Under-7 D-League Register with participating Zone Association
Born 2012 / 2013 Under-9 D-League Register with participating Zone Association

Born 2010 / 2011 Under-11 Register with Zone of Residence
Born 2008 / 2009 Under-13 Register with Zone of Residence
Born 2006 / 2007 Under-15 Register with Zone of Residence

Born 2002 - 2005 Under-19 Birth Years 2003/2004 Register with Zone of Residence

Birth Years 2001/2002 Register with participating Zone Association*

SOCCER KIDS IN THE PARK - FREE SUMMER PROGRAM



^{*}Players born in 2002/2003 are not eligible to participate in the U17 age group for the Outdoor Youth Provincial Championships.

IMPORTANT DATES

Date / Time	Item	Location
Mon May 3	Start of all training for Mini Leagues (U5-U9)	City Grass Fields
May 14 – 16	Lakewood "Just Kick It" Cup Tournament – cancelled	Saskatoon
May 21 – 23	Hollandia Cup Tournament - cancelled	Saskatoon
Fri May 28	Community Schedules & Coach Packages Posted Online	www.saskatoonyouthsoccer.ca
Mon May 31	Respect in Sport (MANDATORY ALL TEAM PERSONNEL)	Online – Free
Mon May 31	RAMP Registration Deadline – Outdoor Players & Team Personnel	Online - Free
Mon May 31	Start of all Mini Leagues (U5-U9)	City Grass Fields
Jun 4 – 6	Harder Avalon Classic Tournament – cancelled	Saskatoon
Sun Jun 20	U5-U7 Timbit Jamboree – cancelled	Saskatoon Sports Centre
Tues Jun 22	NCCP Making Ethical Decisions	Online
Thurs Jun 24	Volunteer Honorarium Deadline – Coaches	www.saskatoonyouthsoccer.ca
Jun 25 – 27	Mini FOS Wrap-up - cancelled	City Grass Fields
Tues Jun 29	NCCP Making Ethical Decisions	<u>Online</u>
Wed Jun 30	Last Day of League Play	Various Saskatoon Fields
Jul 5 – Aug 26	Kids in the Park ~ Free Drop-In Soccer Program for All Ages	City of Saskatoon Playground Sites

COACHING RESOURCES

Online Coach Packages: Available Online Fri May 28, after 4:30 pm

The coach package will include office contact info, important dates, coaching resources, rule of two policy, abuse and safety policy, coach certification information, field lists and locations, weather guidelines, rescheduling information, fair play code, field marshall program, tournament information, first aid inventory, player medical info forms, and emergency action plan forms.

Coach Resources and Education Opportunities:

- Byte Size Coaching Resource (several age-appropriate practice drills)
 - o coach@saskatoonyouthsoccer.ca password = coach
- Coach Decks (handy deck of cards that fits in your pocket containing practice drills) SYSI Office \$15
- Visit our website (full list of certification clinics or additional training opportunities)

TEAM PERSONNEL REQUIREMENTS

Coaching staff: Shall be defined as those individuals in the positions of head coach, assistant coach or apprentice/developmental coach and will typically include all individuals providing technical and tactical guidance to players during game situations.

Team personnel: Shall include any individual eligible to appear on a game sheet and be on the bench during a PSL game, including the coaching staff, manager, assistant manager, trainer, therapist, gender representative, etc.

RAMP Registration: Every coach, assistant coach, manager, and volunteer parent or volunteer participating in any on field activities with the team must be registered and insured through SSA. This does not mean certified with the correct coaching certification but registered to show due diligence in terms of insurance.

Age Groups	NCCP Certification	Respect In Sport Online Certification	Making Ethical Decisions Course & Online Evaluation (2 steps)	Making Headway e-learning module	Same Gender Rep	RAMP Online Registration	Criminal Record Check
U5	Active Start Recommended 1 coach		Not required			Mandatory All Team Personnel	Mandatory Minimum every 2 years or sooner if Zone
U7- U9	Fundamentals Mandatory Minimum 1 coach	Mandatory All team personnel	Mandatory Minimum 1 coach	Not required	Mandatory Minimum 1 on the bench	To Register EACH Season. Any individual who sits on the bench during an SYSI league game assists the team during SYSI league play.	policy differs. Any team personnel interacting with players must provide criminal record check with vulnerable sector to their zone or community.

Deadline for above requirements:

Prior to 1st training session or no later than May 31st, whichever comes first.

Any unregistered team personnel (those found on the team bench or on the game sheet) may be fined \$100 each.

COSTS: All U5 – U9 NCCP certification clinics are free for SYSI registered team personnel; Respect In Sport is free online training; RAMP registration is free and takes about 3 minutes through your Community online; and all other coach certification costs may be covered or reimbursed by your Community association – just check with your Community and keep receipts. Criminal record checks are free for community association coaches when accompanied by a letter from the community association. In recognition of completing your requirements feel free to apply for the coach honorarium at the end of the season on or before Jun 24 (maximum accumulative honorarium of \$50 per coach)

CANADIAN SOCCER ASSOCIATION COACHING EDUCATION PATHWAY

As the governing body for soccer in Canada the Canadian Soccer Association is responsible for training coaches from grassroots to national team level. With the increasing number of players registering with clubs across the country this represents a considerable challenge. In order to meet this challenge the Association has developed a Long Term Player Development (LTPD) Model and tailored the Coach Education Program to this Model. As a result, a two-streamed education program has been developed in conjunction with the NCCP and CSA's provincial/territorial partners to meet the needs of both developing coaches and the sport itself. The Streams through which a coach may enter and/or advance are:



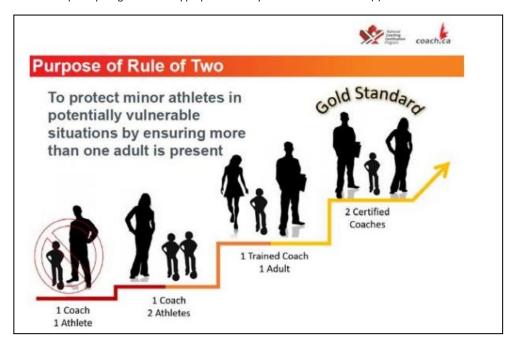
RULE OF TWO POLICY

1.0 General

- 1.1 The Rule of Two serves to protect minor athletes in potentially vulnerable situations by ensuring that more than one adult is present. Vulnerable situations can include closed doors meetings, travel, and training environments. SYSI Zone Associations are encouraged to create and implement policies and procedures that limit the instances where these situations are possible and can occur.
- 1.2 The Rule of Two states that there will always be two screened and Respect in Sport and NCCP trained or certified coaches with an athlete, especially a minor athlete, when in a potentially vulnerable situation. One—on—one interaction between a coach and an athlete, without another individual present, must be avoided in all circumstances except medical emergencies. SYSI expects that all organizations affiliated with SYSI will work toward attaining the Gold Standard.
- 1.3 In the event where screened and NCCP trained or certified coaches are not available, a screened volunteer, parent, or adult can be recruited. In all instances, one coach/volunteer must reflect the genders of the athletes participating or be of an appropriate identity in relation to the athlete(s).
- 1.4 As depicted in the diagram above, the Gold Standard is the preferred environment, it is not expected that it will be reached at all times. The alternatives presented, although increasing risk, are acceptable and would be considered to be in alignment with the Rule of Two. However, the one—on—one interaction between a coach and an athlete without another individual present, as depicted at the lowest stair in the diagram, is to be avoided in all circumstances.

2.0 Situational Guidelines

2.1 Saskatoon Youth Soccer recommends the following guidelines for organizations to ensure they are following the Rule of Two. In the guidelines below, a 'Person in Authority' is defined as an NCCP-trained or certified coach, a screened volunteer, or other adult. The organization is meeting the Gold Standard for the Rule of Two if the Person in Authority is always an NCCP-trained or certified coach.



2.1.1 Travel

- A Person in Authority may not be alone in a car with an athlete unless the Person in Authority is the athlete's parent or guardian
- A Person in Authority may not share a room or be alone in a hotel room with an athlete unless the Person in Authority is the athlete's parent or guardian
- Room or bed checks during overnight stays must be done by two Persons in Authority

2.1.2 Training / Competition Environment

The following guidelines are strongly recommended for the training and competition environment (including before, during, and after practices and games):

- A Person in Authority should never be alone with an athlete prior to or following a game or practice, unless the Person in Authority is the athlete's parent or guardian. If the athlete is the first athlete to arrive, the athlete's parent should remain until another athlete or Person in Authority arrives. Similarly, if an athlete would potentially be alone with a Person in Authority following a game or practice, the Person in Authority should ask another Person in Authority (or a parent or guardian of another athlete) to stay until all the athletes have been picked up. If an adult is not available, then another athlete should be present in order to avoid the Person in Authority being alone with a single athlete.
- Persons in Authority giving instructions, demonstrating skills, or facilitating drills or lessons to an individual athlete should always be doing so within earshot and eyesight of another Person in Authority.

2.1.3 Gender Identity

A Person in Authority who is interacting with athletes should be of the same gender identity as the athletes. The following guidelines are strongly recommended:

- For teams consisting of athletes of just one gender identity, a Person in Authority of the same gender identity should be available to participate or attend every interaction
- For teams consisting of athletes of more than one gender identity (e.g., co-ed teams), a Person in Authority of each gender identity should be available to participate or attend every interaction

ABUSE AND SAFETY POLICY

3.1 Saskatchewan Child Abuse Protocol

The Saskatchewan Child Abuse Protocol demonstrates a commitment by the Government of Saskatchewan to ensure that all efforts to protect children from abuse and neglect are integrated, effective and sensitive to the needs of children. To achieve this goal, all police, professionals and organizations are being asked to collaborate with the Government of Saskatchewan in an effort to prevent, detect, report, investigate and prosecute cases of child abuse and support children who have been abused. Sask Sport has been asked by the Ministry of Parks, Culture and Sport to provide this information to the all of the agencies and organizations and the community groups within who work with children and deliver sport activities. Although there will be many people in our sport community who are familiar with, or who already using, programs that build awareness and resources to help keep kids safe, such as RespectED and Respect in Sport, we ask that you pass along this information to reinforce the protocol to ensure that instructors, coaches and leaders in our communities are aware of their "duty to report" suspicions of child abuse.

- 3.2 Saskatoon Youth Soccer Inc., counsels all Entities (zones and community associations) to be aware of and distribute this information to all instructors, coaches and leaders to reinforce the Saskatchewan Child Abuse Protocol and the obligations outlined in The Child and Family Services Act (Section 12, Subsection 1 and 4) which states that every person who has reasonable suspicion to believe that a child may be in need of protection shall report the information to a child protection worker, Ministry of Social Services, First Nations Child and Family Services Agency or Police officer.
- 3.3. Reporting Child Sexual Abuse and Misconduct

NOTE: The below information is not meant to be exhaustive or intended to or to use in place of legal counsel but is to be intended as a quick reference for use in a sporting environment. Consult with child welfare, law enforcement and legal counsel if child abuse is alleged or suspected.

- 3.3.1 There is a legal and ethical responsibility to act, when a person becomes aware that a child may be or has been abused.
- 3.3.2 Individuals are responsible for reporting concerns, not proving abuse.
- 3.3.3 A person has a legal duty to report incidences of abuse, sexual or otherwise, even if it has occurred in the past and is no longer occurring. The offender may still have access to other children and those children may be at risk.
- 3.3.4 Stepwise Action for Reporting Child Sexual Abuse
 - a) Child discloses abuse or abuse is discovered with the adult involved in the abuse being a coach or volunteer
 - b) Coach/Volunteer who receives disclosure
 - i. Notifies law enforcement and/or child welfare about the incident(s)
 - ii. Consults with child welfare about notifying the parents; and
 - iii. Notifies the supervisor/manager, as well as a representative from Saskatoon Youth Soccer. The supervisor/manager in turn notifies the head of the organization.
 - c) Head of the organization suspends coach/volunteer suspected of abuse without pay until case is resolved.
 - i. If the individual is a volunteer or unpaid staff, consider if the individual should be dismissed from their position immediately
 - d) A child welfare agency and/or police will carry out any investigation. Organization(s) should conduct an internal follow up in consultation with police/child welfare and adjust(s) internal policies if needed. Potential outcome of investigation:
 - i. Substantiated/guilty. Coach/volunteer is dismissed from his/her position
 - ii. Inconclusive/not guilty. Seek legal counsel. Consider if coach/volunteer should be dismissed, with or without severance.
 - iii. Criminal processes can be complex and lengthy. A finding of not guilty may not necessarily mean that the abuse did not occur. Consult with a lawyer.
 - e) Document the outcome of the investigation on the incident report form. Document the results of the internal follow-up.
- 3.3.5 Many of the steps above would also apply when:
 - a) A child divulges abuse by someone outside the organization
 - b) A peer divulges on behalf of another child
 - c) An adult suspects that a child is being/or has been abused
 - d) The safety of the child and other children in the organization must always be ensured in the process.
- 3.3.6 Legal guidance should be sought prior to suspension or dismissal

COACH CERTIFICATION CLINICS & TRAINING

Starting Outdoor 2020, Coach Clinics will use a blended format including online (Google classroom) and in-person (on-field). Coaches will register for the online portion of the clinic through the CSA grassroots coach education program. The on-field portion is currently on hold until further notice.

National Coach Certification Program (NCCP) Clinics

What: U5 Coaches ~ Active Start Approx. 2-3 hours Time:

Cost:

Register: Online (PART 1)

This course is the first level of the Canadian Soccer Association (CSA) National Coaching Certification Program (NCCP) and is offered by SYS for those people coaching Under-5. The focus of the workshop is on teaching basic skills and basic physical literacy.

What: U7 / U9 Coaches ~ FUNdamentals Time: Approx. 2-3 hours

Cost: \$20

Register: Online (PART 1)

This course is the second certification level of the Canadian Soccer Association National Coaching Certification Program (NCCP) and is for those people coaching Under-9. The focus of the FUNdamentals (U7 & U9) workshop is on learning how to develop the ABCs of movement: Agility, Balance, Coordination, and Speed, while running a practice session that is fun, safe and keeps children actively engaged.

All Coaches are to complete these 3 additional training steps to be trained.

1) Respect In Sport ~ FREE Online

Website: https://sasksrc.respectgroupinc.com/secure ~ ALL team personnel to complete before 1st game!

Online anti-bullying, anti-harassment program that is a Provincial Government-led initiative through Sask Sport and is a requirement for all coaches in all sports in Saskatchewan. There are some equivalency acceptances for coaches that have received similar training through programs such as hockey's "Speak Out" training, the "Respect in School" program or NCCP's new "Empower+". The Respect in Sport program is structured over 5 online modules with their sub-modules which can be taken independently and at the coaches' leisure. The overall duration is 3 hours but that can be broken down as the profile will register every sub-module once completed. When registering, select Saskatchewan Soccer as your association.

Time:

Time:

Approx. 3 hours

Approx. 3 hours

Time: Approx. 90 minutes

2) Making Ethical Decisions (MED) ~ Online Clinic \$50

Online Clinic Dates: Jun 22 & Jun 29.

By successfully completing the Make Ethical Decisions (MED) workshop coaches will be fully equipped to handle virtually any ethical situation with confidence. MED helps coaches identify the legal, ethical, and moral implications of difficult situations that present themselves in the world of team and individual sport. Example: A coach that has attended Fundamentals, Learning to Train, or Soccer for Life will appear as "In Training". A coach needs to attend and pass the online evaluation for MED for the status to be changed to "Trained". ** MED and online evaluation not required for the U5 Active Start coaches.

3) MED Online Evaluation ~ FREE Online after attending an online MED clinic or \$85 without MED Clinic

For more info: http://www.coach.ca/-p156128

Approx. 20 – 30 min (longer without MED clinic)

All coaches will also need to complete an online evaluation after taking the Making Ethical Decisions course, which can be done at any time at the coach's own pace after completing the Active Start, Fundamentals, or Learning to Train; Making Ethical Decisions; and Respect In Sport. Once all are completed including the Online Evaluation, the coach will be considered "Training". ** MED and online evaluation not required for the U5 Active Start coaches.

Additional Development Opportunities

1) Making Headway Module ~ Free Online

Time: Approx. 60 - 90 min Website: Website: https://coach.ca/making-head-way-concussion-elearning-series-p153487

Making Head Way was developed by Canada's Active and Safe initiative to reduce the number of brain injuries that occurs in team sports, and to improve coachess decisionmaking process about when it is safe to allow their player to return to play after a head injury. The module takes approximately 60-90 minutes to complete and includes the following topics: What to do to prevent concussions, how to recognize the signs and symptoms, what to do when

2) NCCP Emergency Action Plan ~ Free Online

Time: Approx. 60 - 90 min

Website: https://thelocker.coach.ca/account/login?ReturnUrl=%2fonlinelearning#EAP-E

The NCCP Emergency Action Plan Module prepares coaches to respond calmly, quickly, and effectively if a sport participant is seriously injured practice or competition. After completing the NCCP Emergency Action Plan module, you will be able to: describe the importance of having an emergency action plan (EAP), identify when to activate your EAP, explain the responsibilities of the charge person and call person when your EAP is activated and create a detailed EAP that includes all required information for responding to any emergency.

3) Keeping Girls in Sport Training ~ FREE Online

Website: https://sasksoccerkgis.respectgroupinc.com/

Keeping Girls in Sport was created to help everyone who coaches girls understand how girls develop physically, mentally, socially, and emotionally, so that we can help every young athlete stay in sport, reach their potential, remain active long after the competitions end, and become the next generation of inspiring female coaches and roles models.

4) Commit to Kids ~ \$12 Online Learning

Time: Approx. 2.5 hours Website: https://www.protectchildren.ca/en/get-involved/online-training/commit-to-kids-for-coaches/

The Commit to Kids (C2K) for Coaches online training empowers coaches with practical information to help them enhance child and youth safety in sport. It highlights the importance of understanding boundaries, sexual misconduct, and reporting inappropriate behavior. The online training consists of eight separate modules that addresses the following: Child Sexual Abuse, The Grooming Process, Handing Disclosures Of Child Sexual Abuse, The Impact Of Child Sexual Abuse, Creating A Child Protection Code Of Conduct For Your Organization, Policies And Procedures To Use To Protect Children In Your Organization, The C2K Program For Child-Serving Organizations.

ATTENDANCE RECORDS

Team personnel from both teams will be required to keep attendance records with all players & team personnel who attend each game. Accuracy is this task is of utmost importance because in the situation where someone tests positive for COVID-19 the attendance sheets may be used to assist the Government in tracing efforts. Teams will also need to document all parents in attendance as well as any carpooling that may have occurred for each game and/or practice. These records will need to be kept on file for a minimum of 60 days after each season.

GAME CANCELLATIONS / RESCHEDULES DUE TO WEATHER







Under 5, Under 7, and Under 9 coaches may mutually agree to cancel a game, it is up to both coaches to reschedule the game not Saskatoon Youth Soccer.

When rescheduling games, please refer to the master schedule on www.saskatoonyouthsoccer.ca for field availability.

CITY OF SASKATOON SPORTS FIELD USAGE AND INCLEMENT WEATHER GUIDELINES

The City of Saskatoon Leisure Services Branch and the Parks Branch make sports fields available to user groups through Leisure Services Allocations (located at Cosmo Civic Centre – **306-975-3366**)

The use of sports fields when the turf is wet creates ruts, worn areas, and compacts the soil, which reduces turf grass growth (i.e. goal mouth areas). This use results in long-term damage to the turf, which reduces the quality of the playing surface. These problems create unsafe playing conditions and impact field availability, which results in lengthy and costly maintenance repairs to the fields.

Inclement weather sports field usage guidelines:

- ALL repair costs, resulting from sport groups using wet fields, WILL be charged directly to the offending team(s) or organization(s).
- The Onus is on the user group to assess playability, when deciding to use a field after or during rain:
 - o If there is standing water, i.e., puddles of water on the field -- do not use the field.
 - o If water squishes under foot when you walk on the turf do not use the field.
- Play it safe if unsure on whether to play or not error on the side of caution and do not play.
- In the event a field is covered with snow, the same conditions as above must be considered to decide playability and if wet conditions exist, use of the field is not permitted. If a group feels conditions are allowable for play and they want the fields cleared, they MUST get Approval from the Parks Branch. Approval will be based on the nature and scope of the event and all costs associated with the removal including any subsequent damage to the field will be charged directly to the requesting team(s) or organization(s).

Other Usage Guidelines:

- The use of herbicides/pesticides on sports fields is strictly prohibited unless approved by the Infrastructure Services Department, Parks Branch.
- The use of "Round-Up" mixed with line paint is strictly prohibited.
- Parking is limited at many parks. Encourage teams to park in designated parking lots or on the street. Parking in front of residential/commercial properties may result in receiving a parking ticket.
- Vehicles (other than Emergency such as ambulance or police) are not allowed on park surfaces. Damages from vehicles will be charged to the user group.
- When possible, perform non-game warm-up exercises along the edges of the field to save wear and tear on the main playing surface.
- Use garbage containers located adjacent to the playing fields.

Lining of Sports Fields:

- Priority field markings for the perimeters and goal creases of soccer/football fields and foul lines for ball diamonds will begin mid-April (weather permitting).
- Do not mark fields that conflict with the existing Parks Branch markings unless prior approval has been granted from Leisure Services.

By adhering to the sports field usage guidelines, you will be contributing to the longevity of our assets. Working together will ensure we have safe, quality playing surfaces for participants.

Thank you for your anticipated cooperation.

OUTDOOR YOUTH FIELD LIST – U5 & U7

EASTSIDE FIELDS		LOCATION AND ACCESS	NEIGHBORHOOD
Alexander MacGillivray Young 2	A,B,C,D	155 Stonebridge Common	Stonebridge
Briarwood Park 2	A, B, C, D	Briarwood Road	Briarwood
Dr. Gerhard Herzberg 2	А, В	Acadia Drive & Campion Cres – by the rink	College Park
Forest Park 7 Forest Park 8	A A	Nelson Road – across from Centennial High School in between two full pitches	University Heights
Harold Tatler North 7	A, B, C	2525 Jarvis Drive	Nutana Park
Hyde Park 1	А, В	Slimmon Road	Rosewood
Lakeview 6 Lakeview 7	A, B A	Whiteshore Crescent – by St. Bernard School	Lakeview
Richards Park	A, B, C	635 Boykowich Crescent	Evergreen
Wallace Park 2	A, B, C, D	Addison Road and Stensrud Road	Willowgrove
W.E. Graham 1	А, В	639 Broadway Avenue	Nutana
Wildwood 8	А	Rosedale Road	Wildwood

WESTSIDE FIELDS		LOCATION AND ACCESS	NEIGHBORHOOD
Al Anderson East 3	A, B, C, D	East Hampton Boulevard and Hampton Circle	Hampton Village
Herbert S. Sears Park	A, B, C, D	Pendygrasse Road and Peeling Avenue – behind St. Mark Elementary School	Fairhaven
Lt Col Drayton Walker 1	А, В	Cassino Avenue & Mountbatten	Montgomery
Robert E Hunter 2	А	Ravine Drive and Churchill Drive	Richmond Heights
Rochdale 6	А, В	Chitek Crescent - football field	Lawson Heights
WJL Harvey North 5	A, B, C	Silverwood Road (behind Sister O'Brien)	Silverwood

OUTDOOR YOUTH FIELD LIST – U9

WESTSIDE FIELDS		LOCATION AND ACCESS	NEIGHBORHOOD
Ashworth Holmes 1	С	Off Ave. F North	Caswell Hill
Holiday Park 2	А	Schuyler Street	Holiday Park
Lt Col Drayton Walker 1	С	Cassino Avenue & Mountbatten	Montgomery
Meadowgreen 1	А	Behind W.P Bate Community School	Meadowgreen
Parc Canada 7	А	Use ally behind St. Laurent Cres	Confederation
WJL Harvey North 2	А, В	Russell Road (behind Brownell)	Silverwood

EASTSIDE FIELDS		LOCATION AND ACCESS	NEIGHBORHOOD
Brevoort Park North 2	С	Between Early Drive & Taylor Street	Brevoort Park
Cumberland Park 1	А	1415 8 th Street East	Grosvenor Park
Funk Park 1	А	Evergreen Boulevard & Kloppenburg Crescent (behind Syliva Fedoruk School)	Evergreen
Lakeview Park 8	А	Whiteshore Crescent	Lakeview
Sid Buckwold 5	А, В	615 Mckercher Drive (Between McKercher & Boychuk Drive)	East College Park
Swick Park 1	А	Rosewood Boulevard & Rosewood Drive	Rosewood
Wallace Park 3	F, G	Stensrud Road & Willowgrove Boulevard (behind Splash Park)	Willowgrove
Wiggins 1	А	Wiggins Avenue & 1 st Street East	Holliston
Wildwood Park 7	А	Rosedale Road	Wildwood

OUTDOOR TOURNAMENT LIST

May 14–16, 2021	Lakewood Kickstart Tournament (U9 – U19) - cancelled Website: www.lakewoodsoccer.com
May 21-23, 2021	Hollandia Cup (U9 – U19) – cancelled Website: www.hollandiacup.ca
June 4–6, 2020	Aurora Harder Avalon Classic Tournament (U9 – Adult) - cancelled Deadline: TBA; Website: www.aurorasoccer.ca
Sun June 20, 2021	Timbits Jamboree (U5 & U7 Players Only) - cancelled
June 25-27, 2021	SYSI Mini FOS Wrap-up (U5 – U9 Saskatoon teams only) - cancelled Website: www.saskatoonyouthsoccer.ca

FAIR PLAY CODES FOR ATHLETES, COACHES, PARENTS, AND SPECTATORS

FAIR PLAY CODE FOR ATHLETES:

- 1. I will participate because I want to, not just because my parents or coaches want me to.
- 2. I will play by the rules, and in the spirit of the game.
- 3. I will control my temper fighting and "mouthing off" can spoil the activity for everybody.
- 4. I will respect my opponents.
- 5. I will do my best to be a true team player.
- 6. I will remember that winning isn't everything that having fun, improving skills, making friends and doing my best are also important.
- 7. I will acknowledge all good plays/performances those of my team and of my opponents.
- 8. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

FAIR PLAY CODE FOR COACHES:

- 1. I will be reasonable when scheduling games and practices, remembering that young athletes have other interests and obligations.
- 2. I will teach my athletes to play fairly and to respect the rules, officials and opponents.
- 3. I will ensure that all athletes get equal instruction, support and *playing time*. (Check with your zone's philosophy on equal or fair playing time).
- 4. I will not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.
- 5. I will make sure that equipment and facilities are safe and match the athletes' ages and abilities.
- 6. I will remember that children need a coach they can respect. I will be generous with praise and set a good example.
- 7. I will obtain proper training and continue to upgrade my coaching skills.

FAIR PLAY CODE FOR PARENTS:

- 1. I will not force my child to participate in sports.
- 2. I will remember that my child plays sport for his or her enjoyment, not for mine.
- 3. I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- 4. I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game/event.
- 5. I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.
- 6. I will never ridicule or yell at my child for making a mistake or losing a competition.
- 7. I will remember that children learn best by example. I will applaud good plays/performances by both my child's team and their opponents.
- 8. I will never question the officials' judgment or honesty in public.
- 9. I will support all efforts to remove verbal and physical abuse from children's sporting activities.
- 10. I will respect and show appreciation for the volunteer coaches who give their time to provide sport activities for my child.

FAIR PLAY CODE FOR SPECTATORS:

- 1. I will remember that children play sport for their enjoyment. They are not playing to entertain me.
- 2. I will not have unrealistic expectations. I will remember that child athletes are not miniature professionals and cannot be judged by professional standards.
- 3. I will respect the officials' decisions and I will encourage participants to do the same.
- 4. I will never ridicule an athlete for making a mistake during a competition. I will give positive comments that motivate and encourage continued effort.
- 5. I will condemn the use of violence in any form and will express my disapproval in an appropriate manner to coaches and league officials.
- 6. I will show respect for my team's opponents, because without them there would be no game.
- 7. I will not use bad language, nor will I harass athletes, coaches, officials or other spectators.

FAIR PLAY IT'S YOUR CALL!!

THE GAME BELONGS TO THE KIDS

What does this mean?

The "Game Belongs to the Kids" campaign's main objective is to create awareness and help bring back the fun in the sport of soccer. The core idea is to remind everyone involved with the game why we are there: to let the kids have fun. We want to encourage everyone to think foremost of the players and let them enjoy the game. The game means a lot to them as it is; they will give it their best and have the most fun if they don't feel additional undue pressure to "win".

Reports from other associations that have tried this idea have been very positive. The kids overwhelmingly said the game was more fun; they liked playing and not being yelled at. Coaches/parents admitted to having a difficult time initially remembering the silent part, but also reported being pleased with the results, particularly the happy kids. Kids surveyed were happier because they had fun. Most of them were happy to see a progress in their game and did not mention wins or losses.

Goals:

- 1. Develop our players' thinking and creative ability to make decisions on the field without constant sideline intervention.
- 2. Improve the players' ability to communicate with each other on the field by reducing the un-necessary outside noise level.
- 3. Support all of our referees by eliminating all sideline dissension and intervention.
- 4. Bring back the fun in the soccer game and make sure our players improve at a rate that they have chosen to.

It is recommended that all youth teams participate in the "Game Belongs to the Kids" Campaign by following these guidelines:

- 1. Spectators/Parents can encourage the players. Please do that by all means as long as there is no negative connotation towards the other team/players. You know your kids better. Many times, they succumb to the pressure from the stands/sideline and not perform their best. They don't like a high pitch scream or to be told where they need to be, how they need to pass. Any loud, potential negative comments that can be heard by players, referees, or opponents are un-necessary and should be avoided.
- 2. Coaches should try to be quiet and "let them play," giving only normal coaching instruction before the game, at the half, after the game, and to players on the sideline before or after substitutions.
- 3. Coaches should try to address the referee only to request player substitutions (if applicable) or in case of an prolonged injury not noticed.
- 4. When the games are over, ask your kids if they liked it the game. Explain to them the positive aspects of this game and ask them if they had fun.

We are not asking anybody not to be competitive. We are not asking anybody to not try their hardest. The game will still be about the two teams trying to better each other on the field. They will be experiencing the highs and lows of the competition. This is our players game; we (adults) are there to facilitate it. Our main objective plain and simple is to make sure they have fun. Underneath that, we must foster the desire to play and help them on their chosen path of development. Their individual and team progress is more important than the "perceived" success of qualifying for the playoffs, winning the championship etc.

SYSI's intention is not to enforce this Campaign on anybody. We cannot, and we will not be supervising each game making sure that you are adhering to it. It will be YOU that will make it successful and ultimately OUR kids will enjoy and reap the multitude of benefits the sport of soccer brings. This is their game!

"Difficulty lies not in new ideas but in escaping the old ones." (John Maynard Keynes)



CSA POLICY ON PLAYERS WEARING CASTS



This Canada Soccer policy document is designed to reduce inconsistencies in rulings over players wearing casts. All referees are expected to follow these policies in all matches sanctioned by Canada Soccer. Law 4 states that a player may not use equipment or wear anything that is dangerous [to anyone]. It further states that non-dangerous protective equipment is permitted as long as it has the sole purpose of protecting the individual physically providing that it poses no danger to the individual or any other player. Modern protective equipment made of soft, lightweight, padded materials are not considered dangerous and are therefore permitted. Hard casts

are considered to pose a danger to both the wearer and other players and are not permitted to be worn. The practice of padding a hard cast does not reduce the element of danger. Players wearing a soft cast will be permitted to play if the cast does not present a danger to the individual or any other player. The referee or Supervisor of Officials (if one has been appointed to the match/tournament) will make the final decision as to the acceptability of any cast. Any player who uses a cast with the intent to intimidate or injure an opponent shall be sent off.

FIRST-AID KIT INVENTORY LIST

Here is a suggested inventory for your first-aid kit. Check the items included in your kit and remember to restock them when they are used up.

- Antibiotic ointment
- Athletic tape
- Adhesive bandages
- Cotton swabs
- Gauze pads
- Change for the telephone
- Towel
- Triangle bandage
- Player medical information cards
- Neosporin (instead of hydrogen peroxide)
- Emergency action plan sheet

- Sun screen
- Plastic bags
- Safety pins
- Scissors
- Small mirror
- Splint material
- Ice (use a cooler)
- Note pad and pen
- Tweezers
- Insect repellent



SSA INSURANCE INFORMATION

There are four easy steps for completing your insurance claim correctly.

Step One - Download the Insurance Consent Form - see below

Step Two - Download one of or both - Insurance Dental or Insurance Medical

Step Three - Fill out both forms completely and send to the Saskatchewan Soccer Association Office in Regina (do not send directly to Knight Archer Insurance); include with your form all your receipts related to your claim.

Step Four - The Saskatchewan Soccer Association will review the form and supporting documentation to make sure all necessary information and supporting documentation is completed and forward. The office will then approve the claim.

Your completed forms will be forwarded to our insurance agent at Knight Archer Insurance and notification will be given to the claimant by the SSA office by email or by mail that the claim has been forwarded or notification will be given that more information is required.

The SSA Accident Insurance policy is a SECONDARY PAYABLE policy. This means, if employer coverage exists, the claim must first be made through your employment coverage and then through the SSA policy.

The insurance forms can be found on the Saskatchewan Soccer website, <u>www.sasksoccer.com</u> under *Member Services*.

PLAYER MEDICAL INFORMATION

Player Name:	Date of Birth: DD / MM / YYYY
	Day Phone:
Relation to Player:	Evening Phone:
Alternate Contact Person:	Day Phone:
Relation to Player:	Evening Phone:
Family Doctor:	Phone:
Health Insurance #:	Email:
Medications:	
Allergies:	
Previous Injuries:	
Does the player carry and know how to admini	ster his/her own medications? Yes \square No \square
Other Conditions:	
PLAYER M	EDICAL INFORMATION
Player Name:	Date of Birth:
Emergency Contact Person:	Day Phone:
Relation to Player:	Evening Phone:
Alternate Contact Person:	Day Phone:
Relation to Player:	Evening Phone:
Family Doctor:	Phone:
Health Insurance #:	Email:
Medications:	
Previous Injuries:	·
Does the player carry and know how to admini	ster his/her own medications? Yes ☐ No ☐
Other Conditions:	

Note: Medical information is confidential. Only authorized individuals should have access to this card. Keep this card with the team at all times.

EMERGENCY ACTION PLAN

	TELEPHONE NUMBERS:	
Team/Event:	Emergency:	
Site:	Ambulance:	
Person in Charge:	Police:	
Phone:	Fire Department:	
	Hospital:	
	Facility:	
Details of Location: (To be read over the te		

DIAGRAM OF HOME FACILITY

Use the space below to draw a detailed diagram of your home facility. Mark on it the location of the telephones, first-aid room, desired routes for attending medical personnel, and anything else that might be helpful.

Δ

Special Event & Team Pantogaapau

Phone: (306) 651-3100 Cell: (306) 227-6881

Email: contactus@justpictureit.net



Ask About Team Creator

During these challenging COVID times, we realize we have to change the way we photograph sports while maintaining social distancing. Just Picture It Photography has been working hard to provide you with safe options for team and individual photos. We can now extract your individual player photos, composite them, and place the team back on a background template or design. Below is a diagram of how the process works.













(XTreme Individual Package) Option 4

names, team logo, year, and team colored background.

- 8x10 Team/Player Memory Mate 2 - 5x7 Individual Player

10 - Double Sided Trading Cards - 8x10 Individual Player

Package Add Ons Will need a complete team roster via excel 3 - Player Tickets

eams must choose the same package for all players. Packages are custom tailored with team colors for individual teams

*** Social Distancing will be used when shooting Deluxe Team Packages**

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Delux











5×7

\$25.00

8 x 10 personalized picture

Custom Prints

5x7 Prints 8x10 Prints 4x6 Prints

Magazine Covers

hed College

8x12 \$40.00





A Pro Grade, High quality card, Double sided High Gloss Lamination for durability.

\$30.00

USB Team & Individual "\$100 ee Addrows Proto"

Buttons

Will need a complete team roster via excel

nportile College

12x18 \$65.00 11x14 \$50.00

Design Your Own Package

All Prices include GST & PST*

Option

1 - 5x7 Team Picture

1 - 31/2 x 5 Individual Picture

\$20.00

memorymate frame included

\$25.00

1 - 8"x10" Team/Individual Collage

Option 2

2 - 4x6 Individual Photo Includes learn and individual photo on a single sheet. The players names, learn logo, year, and appropriate colored background.

Includes team and individual photo on a single sheet. Players \$35.00

1 - 8"x10" Team Collage

Option 3

2 - 5 x 7 Individuals

\$40.00

Photo Cards (1 sided Sports Card Style Look) *All Prices include GST and PST*

\$8.00 \$3.00 31/2x5 Photo Cards 4x6 Photo Cards Photo Cards

\$10.00

\$5.00

\$25.00

20 for \$25.00 10 for \$15.00

\$45.00

(personalized with Name and number)

11 x 17 Poster

4 for \$20.00

Fridge Magnets

8x10 personalized magazine cover

or 8 for \$35.00

www.justpictureit.net at Available and Order Forms Brochures **Online



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