



Overview

The SYSI Alliance Academy/PSL Player Pathway offers a high-quality, progressive development journey for youth players from U11 through U17 and on into Adult Soccer. It integrates the technical benefits of futsal, a transition from small-sided to full-field soccer, and structured competition in the Prairie Soccer League (PSL). The model aligns with Canada Soccer's Long-Term Player Development (LTPD) framework and provides both core and supplementary programming to meet the needs of aspiring athletes.

New for 2026, full PSL team formation begins at the U13 Outdoor level, while the U14 and U16 teams serve as development/reserve squads supporting U15 and U17 PSL teams respectively, notwithstanding their entry into PSL, based on player/team readiness. The **Alliance Performance Plus (APP)** program offers an opt-in supplementary program focused on performance enhancement and post-secondary preparation.

SYSI Alliance Player Pathway – Mission Statement

To provide a complete, age-appropriate, and progressive soccer development experience from grassroots to adulthood, empowering each player to maximize their potential and represent their community, province, and beyond with pride.

Stage 1: Foundation Phase – U11 (Indoor: Futsal + Outdoor: Soccer)

Age Group: U11

Format:

- Indoor: 16wk Futsal-based technical training.
- Outdoor: 8wk Soccer skills & small-sided game-based training.

Focus:

- Ball mastery, creativity, decision-making
- Movement development and enjoyment
- Early understanding of attacking and supporting play

Outcome:

Preparedness for dual-format futsal/soccer training and increased tactical learning at U12.

Stage 2: Skill Consolidation – U12 & U13 (Futsal + Soccer)

Age Groups: U12 & U13

Format:

- Indoor: Combination of futsal and soccer training
- Outdoor: 8wk training phase

U13 Travel & PSL Integration

- Indoor: Training squads formed for exhibition game events
- Outdoor (Starting 2026): Full PSL team formed

Outcome:

Players refine decision-making, spatial awareness, and are exposed to structured competition environments.



Stage 3: Development Phase – U14–U17 (11v11 & PSL)

Age Groups: U14, U15, U16, U17

Format:

- Indoor: Pre-competition phase incorporating 11v11 methodology and evaluation.
- Outdoor: PSL competition or alternate capping events (based on team readiness)

PSL & Development Team Structure

Age Group	Role
U14	Development/Reserve for U15 PSL; may enter PSL if appropriate
U15	Senior PSL squad
U16	Development/Reserve for U17 PSL; may enter PSL if appropriate
U17	Senior PSL squad; college prep and final showcase year

Outcome:

Players graduate from youth programming ready for post-secondary soccer, College/University, League1/amateur opportunities, or entry into the Alliance Adult Team.

Supplementary Program: Alliance Performance Plus (APP)

Available to: U14–U17 Players

Focus Areas:

Area	Key Elements
Speed/Strength	Functional training, conditioning, and injury prevention
Technical/Tactical	Video review, position-specific refinement, and high-pressure decision-making
Post-Secondary Prep	Guidance on recruitment, academics, and next-level transitions

Delivery:

- 1x additional training session per week (Indoor/Outdoor)
- Individual goal setting, tracking, and mentorship

Outcome:

Enhanced physical and tactical readiness plus direct support toward post-secondary goals.



Pathway Integration: Additional Development Streams

- **Alliance GK Academy (U14–U17):** Dedicated goalkeeper training integrated with team visits.
- **SYSI Futsal Academy (U10-U18):** Seasonal futsal ID camps, showcases, and festivals.

Stage 4: Alliance Adult Program Structure

Season	Competition
Indoor	Saskatoon Adult Soccer (SAS) U21 Men's & Women's Turf Leagues
Outdoor	Provincial U23 League or Western Shield and/or Tournament Play
Long-Term Goal	Challenge for the Canada Soccer Adult National Championships

Pathway End Goal: Alliance Adult Team Program

As a capstone to the SYSI Alliance Player Pathway, high-performing and committed players are invited to transition into the Alliance Adult Team, creating a full-circle return for those staying local or home for the summer during post-secondary years.

This extension reinforces SYSI's commitment to lifelong player development and the creation of a true club culture, retaining our athletes beyond youth levels and into competitive adult competition.