



2023 TEAM SASK PARENT INFO NIGHT



**FEMALE TEAMS (BOX AND
WOMEN'S FIELD)**



Team Sask Program

The Team Sask Program is Saskatchewan Lacrosse Association's High Performance/Elite level Lacrosse teams. Team Sask represents Saskatchewan Lacrosse Association and all it's Members at the Lacrosse Canada National Championships in all sectors of Lacrosse. The Team Sask Program also houses the Jr. Rush program which represents Saskatchewan at the Jr. NLL Tournament.

The Team Sask Program provides an opportunity for Lacrosse players across Saskatchewan to play elite Lacrosse against other Lacrosse players across the country to further develop their skills and receive exposure for future opportunities. We have seen numerous Male and Female athletes from the Team Sask program receive educational opportunities from being seen at Nationals.





Goals



1

To Make the Player's Involvement on a Team Sask team an enjoyable, positive, and memorable experience

- To Facilitate life-long positive memories
- To create an atmosphere to develop friendships between teammates, coaches, and parents.

2

To Further Develop the Skills and Knowledge of Lacrosse in the Players, Coaches, and Parents.

- To create a positive learning environment for the athletes
- To create future ambassadors for Lacrosse in Saskatchewan

3

To Develop Competitive Teams that will compete for Medals at all National Championships.

- To represent Saskatchewan at the best of our ability and instill a sense of pride in representing the Province of Saskatchewan
- To allow Coaches their discretion in allocating playing to provide teams with an opportunity to achieve success.

4

To Help Develop These Young Athletes into Better Youth and Future Leaders

- Give athletes the opportunity to learn life lessons that will help them shape into our future leaders

5

To Instill a Life-Long Passion for Lacrosse in the Players, Coaches, and Volunteers involved with the Program.

- Provide an experience that Coaches, Players and Volunteers will want to encourage others to take part in.
- To see athletes return to the Program as Coaches and Volunteers when they are older.

Our 2023 Female Teams

FEMALE BOX TEAMS

- U13 Box (2012/2011) - this team will attend the FIRST EVER, U13 Female National Festival
- U15 Box (2010/2009) - this team will attend the U15 National Championships
- U17 Box (2008/2007) - this team will attend the U17 National Championships
- Junior Women's Box (2006 - 2002) - this team will attend the Junior Women's National Championships

WOMEN'S FIELD TEAMS

- U15 Women's Field (2010/2009) - this team will attend the U15 National Women's Field Festival
- U19 Women's Field (2008 - 2005) - this team will attend the U19 Women's Field Championships



Team Personnel

- SLA VP of Operations | **BRAD CHAPPELL**
- SLA Executive Director | **BRIDGET POTTLE**
- SLA Box Sector Chair | **RANDY TROBAK**
- SLA Women's Sector Chair | **PAIGE MASON**
- SLA Coach's Sector Chair | **JEFF SHATTLER**
- SLA Program Coordinator | **CHRIS LESANKO**
- Team Sask Coaches | **ANNOUNCED ON FUTURE SLIDES**
- Team Sask Managers | **TBD**
- Team Sask Snack Parents | **TBD**



2023 Head Coaches

BOX TEAMS

- U13 Team Sask | **EMILY AUCHSTAETTER** (2022 Canada Games Coach)
- U15 Team Sask | **MIKE AUCHSTAETTER** (Coached at Nationals & A League)
- U17 Team Sask (Female) | **TARYN LARSON** (2022 Canada Summer Games Coach)
- Junior Women's Team Sask | TBD

WOMEN'S FIELD TEAMS

- U15 Team Sask | **JORDAN BRAKSTAD** (Division 1 Athlete & Previous Nationals Coach)
- U19 Team Sask | **PAIGE MASON** (Team Canada Player, Division 1 Athlete, All America Athlete)



Roles (Committees)

The High Performance Committee is the committee who oversees the Team Sask Program. The Committee is made up of the following positions:

- SLA V.P of Operations
- SLA V.P of Finance
- SLA V.P of Marketing
- SLA V.P of Planning/Development
- SLA V.P of Indigenous Development
- SLA Executive Director
- SLA Sector Chairs

The Coaching Committee is the committee who reviews Team Sask Coach Applications and selects the Coaches. The Committee is made up of the following positions:

- SLA V.P of Operations
- SLA Executive Director (Non Voting)
- SLA Box Sector Chair
- SLA Field Sector Chair
- SLA Women's Sector Chair
- SLA Coaching Sector Chair



Roles (Team Personnell)

The SLA V.P of Operations is the Director of the programs and works with the Executive Director on the Operations of the Program. The V.P of Operations also handles any issues that require disciplinary actions. The V.P of Operations will provide Technical Support for Coaches when needed as well.

The SLA Executive Director is the SLA Staff Rep and acts as a General Manager/Coordinator of the Program. Their main responsibility is the Operations of the program and works with the Managers and Coaches on Operations of the Team.

The SLA Programs Coordinator is responsible for working with Coaches on ensuring they have their proper certification levels required for Nationals and help provide them Professional Development opportunities.

The SLA Sector Chairs provide Technical support in their specific Sector. The Box Sector works with the Box Coaches/Teams, The Field Sector works with Field Coaches/Teams, The Women's Sector Chair works with all teams for Female Coach/Athlete/Teams support. The Coaching Sector Chair provides technical support to Coaches.



Roles (Team Personnel)

The Coaches and Managers are responsible for players during all team travel, training, and competition. Players will stay with their team during all team competition. Every precaution is taken to ensure player's safety and wellbeing. Specifically:

- Coaches are responsible for Team selection and ensuring the players are ready physically, mentally and emotionally to play at a National level.
- Managers are responsible for the overall organization of the Team, especially off the floor, working with the Head Coaches to create itinerary's and ensure the players have what they need.

Snack parents are responsible to work with the Manager to plan team snacks and meals during Team travel (Nationals & Exhibition Games).

Nutrition and hydration is crucial for the athletes success, so the snack parents are focused on ensuring the athletes are getting what they need to stay healthy and fueled for the high activity they experience.

There will be team trainers that will help take care of the athletes during competition. Sometimes this will be a volunteer with the proper credentials, and sometimes it will be a paid trainer, depending on the competition. **Trainers will always have the final say on whether an injured player is approved to play.**



Team Sask Program Rules

- All Coaches, Managers, Trainers, Snack Parents, SLA Staff or Board (anyone who stays with the Team) are required to pass a Criminal Record Check, including Vulnerable Sector Check. The checks can not be older than three years
- All Team Personnel, Players, and Parents will have Code of Conduct forms to sign and must abide by at all times.
- Drinking is prohibited for Team Personnel/Athletes when they are at team events. Any Team Personnel/athletes caught drinking will be immediately suspended and sent home on their own dollar.
- Parents are **NOT** allowed to stay at the same facilities as the players. There is NO exception to this and players will be sent home if parents are not willing to abide by this rule. Parents are also not permitted to go into players hotel/dorm rooms to ensure privacy for all players staying in that room. Separate hotel blocks will be set up for parents to ensure no accidental double booking. This does not abide to the Jr. NLL tournament.



Team Sask Program Rules

- Parents are not permitted to remove their player from the Team at anytime during Nationals, unless in case of injury, illness, or family emergency, at which time parents will have a form to fill out and give to their manager. This is to ensure no disruption to the teams, but also for liability and insurance purposes.
- If parents have a concern, the 24 hour rule must be applied. After then, parents are to speak with the Manager first regarding the concern, and then the Manager will determine if the concern needs to go to the Coach or SLA Executive Director. If it is determined that the concern goes to the Coach, parents will need to set up a time to chat with the Coach outside of practice or team events. During practice and team events Coaches are on the floor focusing on the athletes.
- Talent ID camps are closed to spectators, including parents. Parents are welcome to watch Team Practices; however Coaches/SLA reps have the right to close practices if needed.



2023 Travel & Competition

PRAIRIE CUP EXHIBITION WEEKEND (BOX TEAMS)

- On July 28th to July 30th we will be hosting Team Manitoba, Team Alberta, and Jr. Roughnecks in Regina to have a Prairie Cup Exhibition Series Weekend.

NATIONAL CHAMPIONSHIP

- The 2023 Lacrosse Canada Minor Box National Championship is hosted in Regina, SK and is from August 14th to August 20th, 2023. All Female Box Teams, including Junior team, will attend these Nationals.
- The 2023 Women's Field National Championship & National Festival will be held in Quebec from July 31st to August 4th.

ALBERTA FIELD DAYS

- We hope to take the Women's Field teams to the ALA Field Days, however we are waiting on confirmation of dates.

PRACTICES/CAMPS

- Practices/Potential Camps will start the July 15th weekend and will run until Nationals. When players are selected to a team they will receive the practice schedule.



Team Sask Selection Process

The selection process for all Team Sask/Jr. NLL teams will take place over the following events:

- 01. Open Talent ID Camps**
- 02. Invitational ID Camps**
- 03. MA ID Camps & Tournaments**
- 04. Field Provincials (Field Only)**
- 05. Roster with Practice Players**
- 06. Final Roster**

If a player can not attend a Talent ID session, they still must be registered by the Open Talent ID weekend. On the registration form is a place to identify any sessions a player can not attend.



01. ———

Open Talent ID Camps

All players are invited to attend the Open Talent ID camps in their appropriate age group. Player's will receive a Try Out pinnie with a number assigned specifically to them for the whole try out process. Coaches and SLA Evaluators will evaluate players.

02. ———

Invitational Talent ID Camps

Players will be noticed within two weeks whether they are invited on from the Open ID Camps. Players that are invited on will need to register for the Invitational Camps, and players that are not invited to move forward will receive their Evaluation report card.

03. ———

Member Association ID Camps, Practices, and Tournaments

After the Invitational ID camps, Coaches will watch players at the different Lacrosse events around the Province during the season.



04. _____

Field Provincials

Field Provincials is an evaluation weekend for Men's Field Teams.



05. _____

Roster with Practice Players

In June, Training Camp rosters will be announced, which will include Roster Spots and Practice Spots. Roster spots will be players attending Nationals, Practice Spots will be players that still practice and attend all training up to Nationals, and will be the players selected if there are any roster spots that become open due to injury or unforeseen circumstances. Fees for practice spots are not the same as for Roster spots. How many practice spots a team takes will be determined by the Coaches. All players will receive their evaluation report cards once Roster is announced.

06. _____

Final Roster

Two weeks prior to Nationals the finalized roster is submitted to Lacrosse Canada and not changes can be made unless Lacrosse Canada approves. **Final Rosters can have 25 Players listed, but only 20 can dress for a game for Box, and 23 for Women's Field. Whether a team takes a full 25 roster will be up to the Coaches**



Partnerships

The Saskatchewan Lacrosse Association, Manitoba Lacrosse Association, and Alberta Lacrosse Association are working together on all Female Teams (Box and Women's Field) to ensure all Female Lacrosse players have a place to go.

This could mean we see some combination of players across the Provinces to ensure we have enough players, or working together to get over age exemptions from Lacrosse Canada.

Saskatchewan players will have first rights to any Saskatchewan team, and players will NOT be turned down to bring in outside players.



COSTS - TALENT ID CAMPS

OPEN ID CAMP COST

Cost is \$150 (if registered before Feb. 27) which covers:

- Team Sask Reversible Pinnie
- Evaluation Software
- Floor Time
- Coaches Travel Costs
- Evaluators/On Floor Instructors Costs

Registrations received after Feb. 27th will have an additional \$50 charge.

DUAL ATHLETE PROMO CODE

- Player's who are trying out for both a Box and a Field team can use the Dual Athlete promo code to receive \$25 off ONE teams registration (player has to register for each team separate). Families with 3 or more players may qualify to use the promo code as well.

INVITATIONAL ID CAMPS COST

Cost is \$100, which covers:

- Evaluation Software
- Floor Time
- Coaches Travel Costs
- Evaluators/On Floor Instructors Costs

- Each year the SLA works diligently with our community partners to help keep our costs as low as possible for our families. This is an ongoing process that we undertake to ensure maximum value for our families with variable that change year to year.
- Talent ID fees remain in the program, if there is a surplus after all the Talent ID camps are completed, funds will be split appropriately amongst all the teams to help offset team costs, similar to what our friends in other Provincial Lacrosse programs do.



COSTS - TEAM COSTS

- The SLA is still working on some discounts to keep team fees low. Parents should expect to pay between \$1000 to \$3000 dependent on whether players need equipment or not, and how many camp weekends a player may have. The final budget will be provided at the first team meeting.
- Team Fees cover the following:
 - Registration Fee to Lacrosse Canada
 - Team Uniform and Team Clothing
 - Practice and Training Costs (Floor Time, Coaches Travel Costs etc.)
 - Accommodation/Water/Food during Nationals
 - Team Activities and Team Pictures
 - Team Gifts
 - *Potential Accommodation/Food for Practice Weekends*
- Team Fees **DO NOT** cover the following:
 - Mandatory Items (items only need to be purchased if a player does not have)
 - Team Sask Helmet (the new helmets from 2022, older helmets do not apply)
 - Team Sask Gloves
 - Black Shorts
 - White Socks
 - Optional Items
 - Team Sask Merchandise



Fundraising

Players will be given numerous different fundraising and sponsorship opportunities to help offset the cost of Team Fees. Below are some examples, but more detailed information will be provided at the first team practices.

- The SLA provides Athlete Assistance from our Sask Lottery Funding, and a portion of the Rush Funding goes to the Team Sask program to help lower Team Fees.
- SLA will run the Team Sask Online 50/50 again in 2023, with funds being split amongst the teams accordingly.
- Families can help earn credits for teams by helping with scorekeeping/timekeeping at Provincials
- Players will be able to utilize the Team Sask Sponsorship program which includes opportunities for athletes to sell Corporate and Jersey Sponsors
- With Hosting Nationals, there will be lots of opportunities for families to receive credits for helping with scorekeeping/timekeeping.
- Teams can do their own fundraising (ex. Bottle Drives)



Team Sask Athlete Eligibility

- All athletes must be registered members in good standing with their Home Associations and taking part in the regular Lacrosse season to be eligible to take part on any Team Sask teams.
- Any athletes who take part in unsanctioned activities/groups, whether that be training, try outs, competition etc, will NOT be eligible for the Team Sask program. Sanctioned activities are through registered Sask Lacrosse Member Associations, registered members of other Lacrosse Canada Provinces (providing a proper travel permit is approved), registered members of US Box Lacrosse or US Lacrosse (providing a proper travel permit is approved), and any private entity sanctioned by SLA which are the following groups:
 - Saskatchewan SWAT
 - Shattler Lacrosse Academy
 - Sentinels Lacrosse Club
- If a parent is concerned about their player's eligibility, please email teamsask@sasklacrosse.net





THANK YOU



ANY QUESTIONS?