



Kyorugi Coach Seminar

Saskatchewan WT Taekwondo Association Inc will be hosting a Kyorugi Coach seminar. This is a good course for coaches, athletes and parents that wish to know Kyorugi relevant rules and regulation. The Provincial Referee Committee, Master Mike LeCren and Mukesh Patel, will conduct this course. **This course is a requirement to coach Sask WT sanctioned Taekwondo tournaments. Provincial Coach certificate will be issued to those that meet eligibility. Parents taking this course will not be issued a Certificate and will not be taking part of a written or practical exam.**

When:	Saturday January 17, 2026 11:00 AM to 4:00 PM
Where:	Paragon/Kims Main TaeKwonDo Dojang 35 Davin Cres, Regina, Sask, S4R 7E4
Eligibility:	14 years of age, (Minimum red belt)
Attire:	WT Dobok must be worn by Athletes/Coaches/Instructors
Registration:	Fill out on-line registration: https://docs.google.com/forms/d/e/1FAIpQLSfXw90Wb6c8tlcyJuGylgXYq1J3MfmRWbMa3LwTKL3z0qbqCw/viewform?usp=header
Cost:	\$40.00 (e-transfer to sasktkded@gmail.com) Add \$20.00 late fee (if registered after January 10, 2025) Registration fees must be paid prior to attending seminar

PLEASE NOTE:

DUE TO LIMITED SPACE, THERE WILL BE A RESTRICTION OF 6 STUDENTS/CLUB TO ENSURE FAIR ACCESS TO ALL CLUBS. IF SPACE IS AVAILABLE, WE MAY BE ABLE TO ACCEPT MORE STUDENTS. PLEASE CONTACT MASTER MIKE LECREN AT lecrentkd@gmail.com AFTER EARLY REGISTRATION CUT-OFF DATE OF JANUARY 10.

Agenda (All times are tentative & Subject to change)

11:00	Welcome & Roll Call
11:15	Kyorugi Competition Rules
12:30	Short Break
1:15	Continue with seminar
2:15	Written Exam
3:00	Practical Exam
3:30	Exam Review & Open floor
4:00	Dismiss

Provincial Coach Certification Program

1. To educate Athletes, Coaches, Instructors and parents regarding Kyorugi rules
2. To develop provincial coaches to fairly and accurately conduct Taekwondo games according to the competition rules set out by World Taekwondo
3. Provincial Certification will prepare Saskatchewan Students/Instructors to coach Provincial tournaments and get the maximum benefit to improve coaching skills
4. Effective January 1, 2026, this coach seminar is the minimum requirement to coach Sask WT sanctioned Taekwondo tournaments.
5. All students must have successfully completed "Respect In Sport" (RIS) training to take this seminar
6. This Coach Certification program is mandatory for those planning to take Taekwondo-Canada Assistant Instructor (AI) and Dojang Coach (DC) seminar(s)
7. All Dojang students and Instructors must be in good standing order with their Provincial/Territorial and Taekwondo Canada organization

Provincial Coach:

- Purpose: concentrates on developing coaches as it applies to Kyorugi rules
- Minimum requirement: 14 years of age and Red Belt
- Focus: to get an understanding of the points, penalties, penalty hand signals, superiority, match decisions, knock down, video review (IVR) requests, sanctions, coaches conduct and dress code
- Seminar: Approximately 5-hour seminar that includes written and practical test

Notes and Requirements for effective participation:

1. Fill out following registration form:
<https://docs.google.com/forms/d/e/1FAIpQLSfXw90Wb6c8tlcyJuGylgXYq1J3MfmRWbMa3LwTKL3z0gbqCw/viewform?usp=header>
2. e-transfer fee to sasktkded@gmail.com All fees must be paid prior to attending the seminar (Cash/Check payment will **not** be accepted at the seminar)
3. Full WT Dobok uniform is mandatory
4. Notebook, writing pad and writing utensils needed.
5. Bring Latest Kyorugi Referee Rule book
Download from: [WT Competition Rules and Interpretation \(September 30, 2024\).pdf](#)
6. You will be expected to thoroughly read Articles 7, 11, 12, 13, 14, 15, 16, 17, 18, 21 and 23 in the rule book before attending the seminar. This will greatly benefit your learning experience for this seminar
7. Please bring lunch/snack and water bottle (There is a water fountain at the facility)