

## **2025 Saskatchewan Provincial Taekwondo Championship Participant Information Package**



- Date:** Saturday, October 25th, 2025
- Event Site:** Golden Ticket Sports Center - 1599 Main St N, Moose Jaw, SK  
Google Maps Location: [Golden Ticket CLICK HERE](#)
- Hosted by:** Kim's Taekwondo Moose Jaw
- Sanctioned by:** Saskatchewan Taekwondo Association
- Eligibility:** Must be a member in good standing with Sask Taekwondo Association
- Registration:** [Online Registration: Athlete, Coach, Referee](#)
- Spectator Admission:** \$10.00 at the door - **Cash only**
- Entrance Fees:** Sparring and or Poomsae is **\$105.00 tax included**  
Pay online: [2025 Sask TKD Provincials PAY HERE](#)  
Pay via E-Transfer to: [sarahkdougy@hotmail.com](mailto:sarahkdougy@hotmail.com)  
Please indicate Athlete's name on E-Transfers
- Host Hotels:** Super 8 Moose Jaw - Group rate \$114.00 / night - **Promo Code SASK TKD**. Block held until October 15th. Breakfast included.
- Equipment:** All competitors must supply and wear mouthguards, WT forearm, shin/instep, gloves, hogus, head, and groin protection.  
  
Black belt divisions, KPNP Hogu provided ringside. Competitors required to bring E-socks KPNP.  
**No eye glasses** of any type or face guard head protectors are permitted.
- ID Pick up:** All sparring competitors should attend in person to pick up ID Saturday morning 8:00AM.

**Weigh-in:** **Coloured belt competitors** may be subject to random weigh-in on Saturday morning at the venue.

**Black Belt competitors** will weigh in at 8:20am on Saturday morning, there will be a weight allowance of 10% per category.

**Rules:** **Double elimination modified** or **Round Robin** for all belts. Black Belts must choose between Junior and adult divisions.

Expectations: **Face kicking will not be permitted for**

- Black Belts - 11 years and under
- Coloured belts
- Executive Division
- **Duration and number of rounds to be determined at coaches meeting**

**Coaches Meeting:** 8:30AM Saturday morning to explain how our event will proceed.

**Electronic scoring:** The tournament will be using KPNP scoring.  
Colour belts: Judge clickers  
Black Belts: E-Hogus provided (**Bring your own E-socks**)

**Referee Committee:** Will oversee judging and referees throughout the day. Referees must register using the online Google Form provided. Referees and judges will receive free lunch.

**Poomsae:** Poomsae rings will be on athlete's ID badges. Athletes will perform their Designated Poomsae on their entry form. The competition format will be **Head to head**

Black Belt Competition **Sport Poomsae** Divisions will be scored using the Provincial scoring system and WT Rules. Athletes may enter only Sport Poomsae **OR** Recreational Poomsae.

Sport Poomsae Draw will be announced on the Mats

**Sparring:**                    **Fight trees and numbers** will be posted at approximately 10:00AM.

**Match Procedure:**    When your name is called, you will report to inspection with all of your **Required gear** on with your ID card. After inspection, a staging Chaperone will take the matched competitors to the on deck chairs Of their ring.

**Referee Seminar:**    Saskatchewan Taekwondo will be conducting a referee sparring Certification seminar on Friday, October 24th from 8:30am - 5:00pm at Lotus Taekwondo.

**Agenda:**

- 7:45am - Doors open
- 8:00am - Referee meeting
- 8:20am - Black Belt weigh in
- 8:30am - Coaches meeting
- 8:55am - Opening line up
- 9:00am - Opening Ceremony
- 9:15am - Poomsae Competition
- 11:00am - Sparring commences after Poomsae

***Canteen in operation - no outside food or drink permitted in the facility***

***GST#737038737***