With the recent surge in COVID-19 cases, Algoma Public Health has enacted restrictions to sport, including that all participants must maintain 6 feet separation at all times. This restriction precludes game play. As a result, SRC paused its regular programming effective November 29, 2021 for a period of at least 28 days in accordance with APH requirements.

All Sault Ice Hawks travel teams are scheduled to attend a tournament in Whitby the weekend of January 7-9, 2022. In order to maintain a level of conditioning, competitiveness and to avoid injury, modified programming was developed with input from the SRC COVID Safety Leader and APH to allow preparation for the tournament, as follows:

- 1. U6 and U8 will remain paused for the duration of time that the APH restrictions are in effect.
- 2. U10R, U12 (A and B), U14A, U16A and U19A Ice Hawks travel teams will practice twice each week, with the following protocols:
  - a. Practices will be conducted within either an 80 minute or 50 minute ice time, the ice time schedule is on the following page.
  - b. Players on each team will be divided equally into 2 groups (+/- 1). One group will change in the visitor side change room and the other in the home side change room. Player groups will enter and exit the ice surface using the designated visitor and home gate. Six feet separation must be maintained at all times.
  - c. Only 1 group of players will participate in the first half of each ice time (i.e. 40mins or 25mins) after which they will leave the ice and the remaining players on the team will take the ice and practice for the second half of the ice time.
  - d. U10R, U12A and U12B players must wear masks at all times, including while on the ice during practices.
  - e. U14A, U16A and U19A players must wear masks at all times and may only remove their masks immediately prior to putting on helmets and entering the ice surface. Do not put helmets on in the change rooms, masks must be worn to the point of entry to the ice surface and only removed immediately prior to putting on helmets and entering the ice surface.
  - f. Players shall bring a sealable bag, identified with their name, in which to place their masks while on the ice.
  - g. Sharing of water bottles is not allowed.
  - h. Coaches, team staff and on-ice helpers must wear masks at all times, including while on the ice surface.
  - i. Six feet of separation between all participants must be maintained at all times. Practice plans and drills will be modified to ensure this occurs.
- 3. In an effort to maintain development of players that are not on Ice Hawks travel teams:
  - a. A U10 group of players will be formed and practice once per week following the same protocols outlined above.
  - b. U12 aged players are invited to participate with the U12B Ice Hawks team.
  - c. U14 aged players are invited to participate with the U14A Ice Hawks team.
  - d. U16 aged players are invited to participate with the U16A Ice Hawks team.
  - e. U19 aged players are invited to participate with the U19A Ice Hawks team.

## **Modified Programming Practice Schedule**

**U10 House League** – 6:00-7:30pm Sundays at Rhodes 1

- U10 Ice Hawks 7:00-8:30pm Tuesdays at McMeeken and 3:30-5:00 Saturdays at Rhodes 2
- U12B and Goalie School 5:30-6:30pm Sunday and 4:30-5:30pm Saturdays at McMeeken
- U12A 3:00-4:30pm Saturdays at McMeeken and 6:30-8:00pm Sundays at Rhodes 2
- U14A 4:00-5:30pm Sundays at McMeeken and 8:00 to 9:30pm Sundays at Rhodes 2
- U16A 6:30-8:00pm Sundays and 8:00-9:30pm Mondays at McMeeken
- U19A 8:00-9:30pm Sundays at McMeeken

## SRC and FACILTIY COVID PROTOCOLS

All SRC and Facility COVID Protocols must continue to be adhered to. The SRC protocol concerning the number of attendees allowed to accompany each player has been **reduced** to 1.