



About Chris Crosthwaite

- I am a NCCP Development 1 Certified Coach and I have been coaching female hockey for 10 years – 4 as a rep team head coach and the other years as an assistant and goalie coach on a various rep teams.
- I have had the pleasure to work with some great coaches over the years and I have learned and developed my coaching style along the way.
- I have an absolute passion for hockey and coaching – I am a student of the game constantly reading and learning on how to better coach and play this great game.
- I will strive to help all of the girls improve their play as an individual and working within the team.
- I coach players with a passion, energy and excitement while teaching sportsmanship and integrity. Ten years of coaching at the Rep level within the OWHA.

Ten years of coaching at the Rep level within the OWHA.

Most recent coaching experience:

- Assistant Coach, 2019/2020 Atom A team
- Assistant Coach, 2018/2019 Atom A team
- Goalie Coach 2016/2017 Midget A team
- Head Coach, 2013/2014 Bantam A team
- Head Coach, 2012/2013 Peewee A team
- Head Coach, 2011/2012 Peewee BB team

Coaching Philosophy

As a coach, I strive to create a positive, competitive & enthusiastic environment where hard work, discipline, fitness and good sportsmanship provide a rewarding experience for the girls both on and off the ice. I coach with the objective that each player and the team as a whole strive to “Get better every day”.

We will be looking players that are prepared to fully commit to the program with enthusiasm, hard work and an eagerness to learn and improve both their individual and team skills.