



2022 – 2023 U11A – Scarborough Sharks

Assistant Coach – Mike Russell

Coaching Philosophy:

- Work Hard, No Shortcuts
- Fun, Positivity, Inclusion, Honesty, Integrity
- Respect yourself, your teammates, staff and officials
- Enjoy the process because you never stop learning

Coaching Education

- 2013 - COACH 1 - INTRO TO COACH
- 2018 - COACH - DEVELOPMENT 1
- 2018 - COACH - INSTRUCTIONAL STREAM - CHECKING SKILLS 1
- 2018 - Gender Identity and Expression Course
- 2021 – Safe Return To Hockey

Coaching Experience

- 11 years Coaching experience in the GTHL, OMHA & OWHA:
 - 2011-13 – Assistant Coach – OMHA – Unionville Jets
 - 2013-2019 – Head Coach – OMHA – Unionville Jets
 - 2015/16 – Head Coach - OMHA – Unionville Jets - Tyke B
 - 2018/19 – Assistant Coach – GTHL – Markham Islanders - Major Atom AA
 - 2019/20 – Head Coach – OMHA – Markham Waxers
 - 2021/22 – Assistant Coach – OWHA – Scarborough Sharks U9 Rep
- All OMHA/GTHL teams were co-ed

General

- Father of 3 multi-sport children
- Father of child with Juvenile Diabetes (Type 1)
- Officer (Retired) – Canadian Armed Forces