



**SUNSHINE COAST REGIONAL DISTRICT (GACC) ARENA  
REOPENING PLAN FOR DURING COVID-19**

Tom Poulton

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## INTRODUCTION

Indoor recreational spaces and facilities make important contributions to social well-being as well as physical and mental health. During a public health emergency, such as the COVID-19 pandemic, the use of these spaces by large numbers of people may also increase the risk of spreading the disease. Public health strategies to minimize disease transmission risk in outdoor and indoor spaces have focused on individual actions, as well as community-based approaches. Participants will be expected to follow COVID-19 Health Authority protocols:

- Effective hand hygiene
- Proper respiratory etiquette
- Physical distancing (2m)
- If you are sick do not enter the premises

Closure of recreational spaces/facilities restricts the opportunity for healthy activity and stress relief through participation. Thus, the management of recreational spaces requires a thoughtful analysis to balance the needs of the public against the potential risk of spreading the disease in the community.

This document provides guidelines with references to multiple governing bodies and Provincial Organizations such as WorkSafe BC, BCRPA, Lifesaving Society, VCH, MIABC and others. The focus of this reopening plan is to provide a guideline for Arena users to participate safely and to ensure the safety of all SCR D Staff.

***If staff or patrons feel sick, please reference the Covid self-assessment tool located online at <https://bc.thrive.health/>***

## COMMUNICATION

Communication is the key to reopening recreation facilities and both the SCRD and user representatives, must ensure that their return to sport plans and goals are aligned. All participants must follow the approved agreed upon reopening plans.

## RISK ASSESSMENT

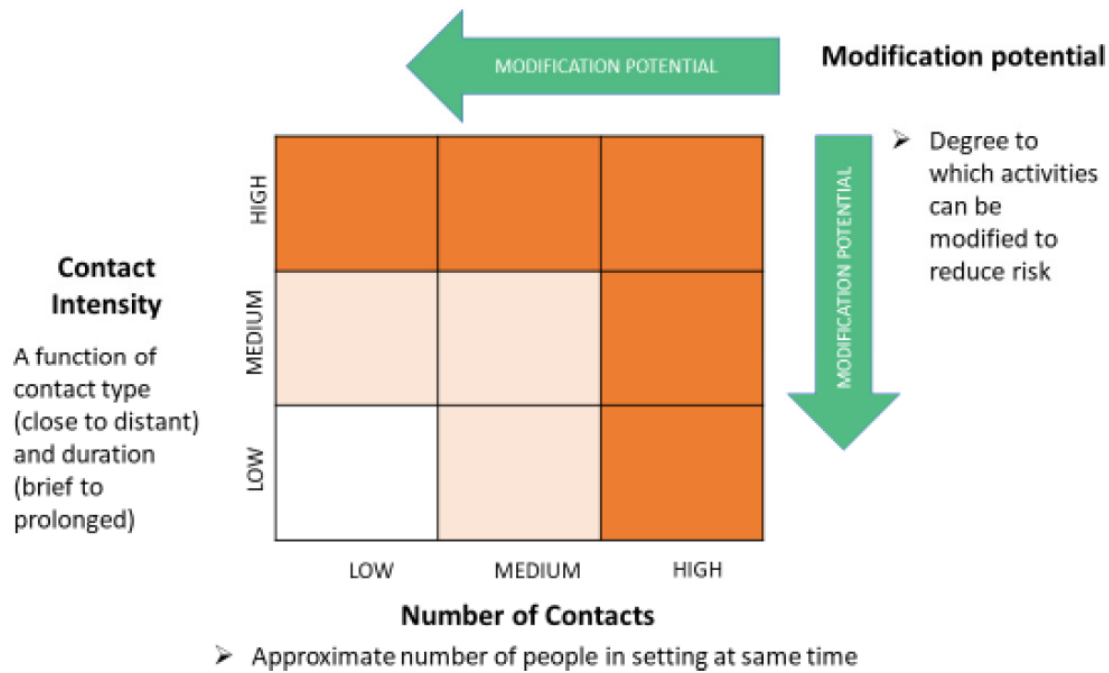
- Facility access by multiple groups
- Consideration of vulnerable populations – over 65, underlying health conditions, at-risk populations
- Understand the risks and transmission routes of COVID-19 and steps participants can take to limit spread – respiratory etiquette, hand hygiene, physical distancing, etc.) and travel restrictions (please see below).
- Health checks of athletes/team personnel – consider asking parent/guardian to test temperature prior to bringing athlete to venue.
- Do not attend if individual has a temperature or presents with any type of transmittable illness.
- Do not attend if individual has travelled to another country, they must quarantine for 14 days.

## HEALTH AND SAFETY PROTOCOLS

- 14-day quarantine from International travel.
- If you're sick stay home and quarantine.
- If you have a fever, stay home and quarantine.
- Maintain the 2-meter physical distancing measure at all times.
- Wash hands with soap and water, and if not available, use hand sanitizer. Frequent and proper handwashing is encouraged as the best way of preventing all viral respiratory infections and other illnesses.
- Cough and sneeze into your elbow or sleeve
- Reduce touch points (equipment, facility, etc.)
- Do not share food, drinks, utensils, etc.
- Do not touch your face, eyes, nose or mouth with unwashed hands.
- No spitting.
- No chewing tobacco, no use/sharing of vapes or other tobacco products.

**Risk Matrix:**

The risk of transmission in organizational settings and public institutions is subject to two variables that we need to modify to reduce transmission risk: contact intensity (how close you are to someone and for how long); number of contacts (how many people are in the same setting at the same time).



Modifying from high to low can be based on a range of actions:

- Physical distancing measures – to reduce density of people
- Engineering controls – physical barriers, increased ventilation
- Administrative controls – rules and guidelines
- Non-medical masks

## RETRUN TO PLAY PLANS

Amateur sport groups should reference the return to play plans of these organizations when creating their own return to play plan:

- viaSport
- National Sport Organization: Hockey Canada
- Provincial Sport Organization: BC Hockey
- Local Sport Organizations, to be searched by location
- Insurance providers
- Skate Canada
- For facility-specific guidelines, please contact your local facility

## RENTAL GROUPS

SCRD's first priority is to get rental groups back in our facilities safely. Rental groups include ice users, dry floor users and community providers. If there is anything we can do to support you & your group during your rental please let us know. If you have questions while at the facility please ask any of our staff.

## ORIENTATION

Rental group representatives of **one to three people** will be expected to attend an orientation session at each facility prior to commencing facility use.

## SPECIAL ATTENTION AREAS/CLEANING PROTOCOLS

This plan will refer to special attention areas. Following each session there is a 30-minute break/buffer between sessions. This 30 minute buffer is designed to help avoid occupant crossover and to ensure players' benches have been sanitized. This includes the top rail of players' benches, players' gate handles. ***The 30-minute break will be reviewed after the first month of operations.***

## AMBASSADORS/USER REPRESENTATIVES

All rental groups are expected to train and designate someone as the group's ambassador/representative during the rental. This person is to stage, supervise and to enforce guidelines and protocols put forward by the SCR D to their

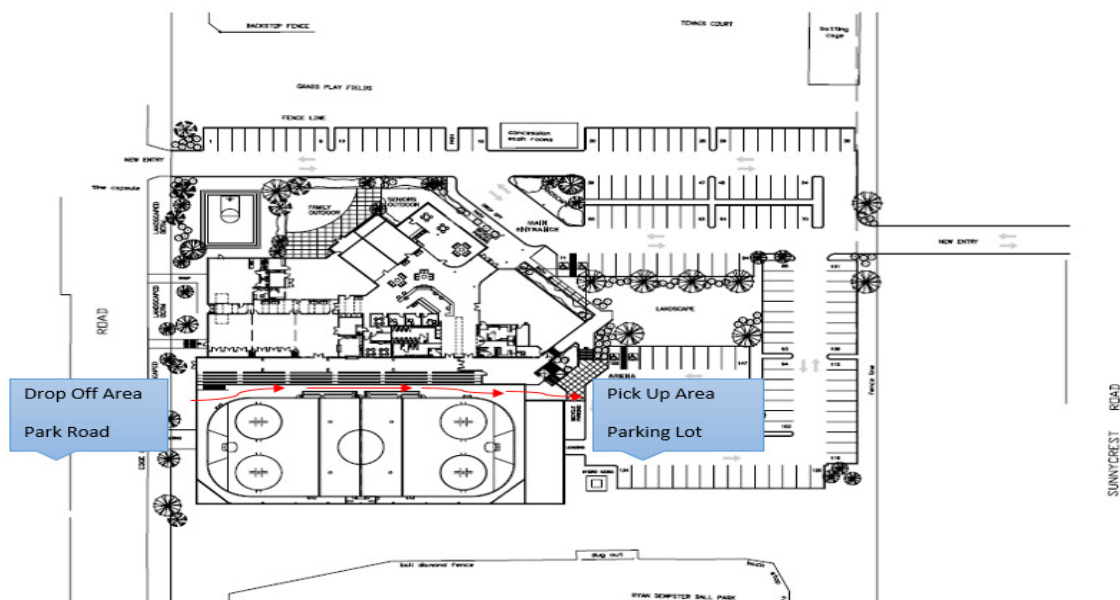
members/teammates. This training will be covered in the orientation for users mentioned above.

Youth user groups must have a person in place (ambassador) near the entrance door to monitor team lists, screen players, take attendance and direct/escort participants directly to the designated dressing rooms.

Adult users groups must assign a team representative (Captain/Team Rep) to stage teammates and direct/escort players directly to the designated dressing rooms.

## FACILITY ENTRY FOR ALL USER GROUPS

- All Participants will enter the facility from the Park Road side of the building.
- Participants will line up in the staging area along the side walk and driveway on the social distancing markers provided.
- Participants will be permitted to enter the facility 15 minutes prior to the ice session and will have 15 minutes to exit the Facility following the conclusion of each booking.
- Youth participants from Minor Hockey or the Skating Club must come dressed in full gear including skates (with skate guards) or shoes and a full water bottle.
- One parent/adult per skater is permitted to come to the arena with children under 12 (no siblings or other children).
- Adult participants may arrive in normal clothing but will only have 15 minutes to prepare to enter the ice.





## UPON BUILDING ENTRY

- Dressing rooms are available for use.
- Within the dressing rooms, showers and sinks are off and washrooms are closed.
- Players/Skaters will go to the marked seating locations in the dressing room.
- For youth ice rentals the dressing rooms are used to tie skates, fasten helmets, and remove skate guards.
- For Adult ice rentals the dressing rooms are used to dress in appropriate gear.
- Skate guards/street shoes and clothing will be left at each individual's seat within the dressing room as participants take to the ice.
- Users are to manage the designation of the dressing rooms with a maximum of **eight** participants in each room.
- Dressing room designation includes coordinating rooms used as A or B for the first **seven** participants and coach and C or D for the second group of **seven** participants and a coach. These dressing rooms will be specified and designated as such at the time of each booking.
- For **Hockey** - Coaches are to tie their own skates in the dressing room or near the door to the room - A chair will be provided.
- Players must be given numbers prior to entering the dressing rooms and will sit near the matching number when they enter the room. 7.....to 1. The 8<sup>th</sup> spot is designed for coaches.

## ENTERING THE ICE SURFACE

- Players will leave the dressing room in the opposite order of which they entered the room. 1..... to 7
- Participants in Dressing rooms A or B (*Blue & Green lines*) will enter the ice from the door at the south end of the Home bench
- Participants in Dressing C or D (*Red & Yellow lines*) will enter the ice from the door at the north end of the Visitors bench.
- Participants must place water bottles on the top rail at each player's bench, markers will be provided that correspond with the dressing room number.

**Please see facility site plan and flow diagram below for entering facility and ice surface**



## ON-ICE PROCEDURE (YOUTH)

- For hockey (**phase three**) there is a maximum of **16** participants (including player's benches). Two of which can be goalies and two of which are coaches.
- Drills must be designed with attention to the physical distancing of two meters and within provincial guidelines in place, e.g.: BC Hockey no contact/battle.
- Participants and Coaches should keep gloves and equipment on at all times. Coaches and players should avoid touching with bare hands.
- At the end of the session, participants must exit the ice on time so that the next group can start on time. Participants must exit the ice, single file, to their seat in their dressing room and will sit near the matching number when they enter the room. 7 .....to 1 to remove helmets and skates.
- Players will leave the dressing room in the opposite order of which they entered the room. 1..... to 7

## On-ICE PROCEDURES FIGURE SKATING CLUB (Youth)

- For Skating (**phase three**) there is a maximum of **16** people on the ice (including player's benches). This includes Coaches and Skaters.
- Up to two coaches are permitted on the ice.
- For Skating, coaches must design lessons to maintain physical distancing.
- Lessons must be designed following guidelines from provincial organizations and governing bodies, e.g.: Skate Canada Utilize lanes for class/group work.
- At the end of the session, skaters must exit the ice on time so that the next group can start on time.
- Skaters must exit the ice, single file, to their seat in their dressing room and will sit near the matching number when they enter the room. 7 .....to 1 to remove helmets and skates.
- Skaters will leave the dressing room in the opposite order of which they entered the room. 1..... to 7

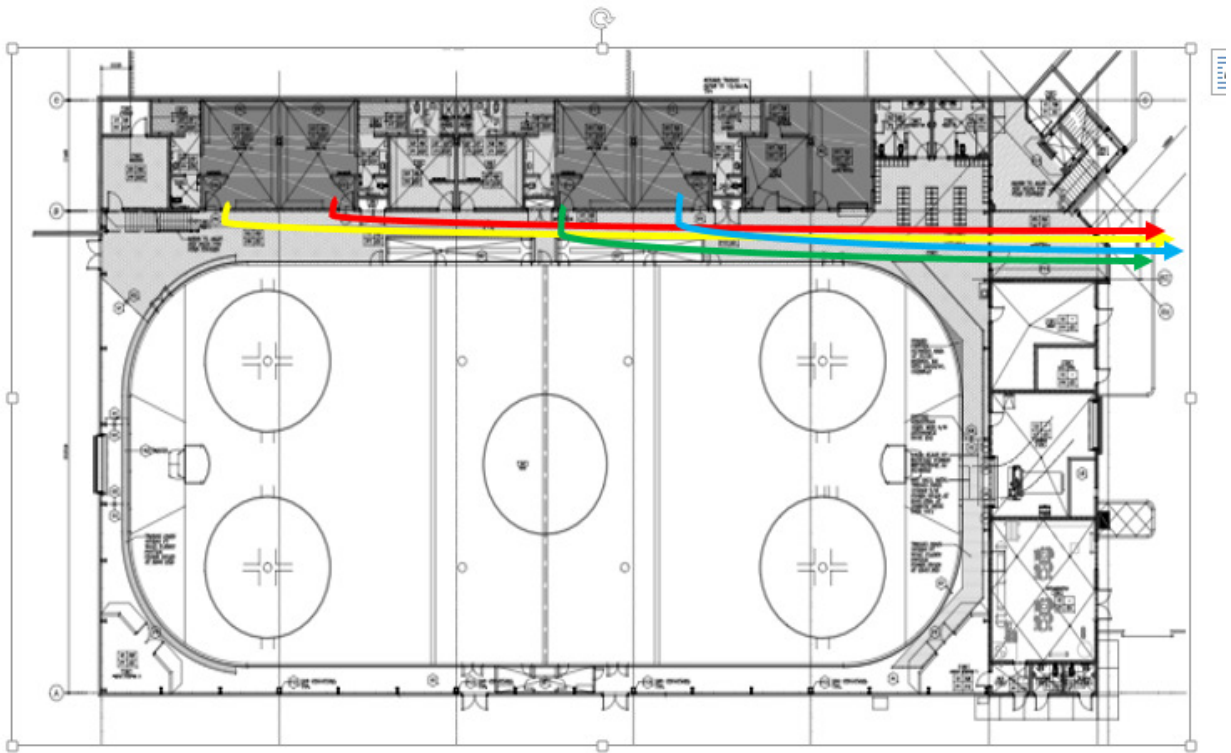
## EXITING THE ICE

- Participants must exit the ice surface through the same door they entered the ice surface.
- Participants in the home end in Dressing rooms A or B will exit the ice from the door at the south end of the Home player's bench.
- Participants in the visitor end in Dressing rooms C or D will exit the ice from the door at the north end of the Visitor player' bench.

## EXITING THE FACILITY (see diagram on page six)

- Participants must leave the facility within 15 minutes so the next group can enter the building on time.
- Participants will exit the facility from the main doors through the lower lobby and into the parking lot area.

***Please see facility site plan and flow diagram on next page for exiting facility***



## CLEANING PROTOCOLS (Coaches)

- Coaches will wipe down the top rail at the players bench.
- Coaches will wipe down the players benches.
- Coaches will wipe down bench door handles.
- Coaches will wipe down the audio system or time clock controller if used.
- Coaches must pick up pucks at end of the session (Hockey).
- Coaches must pick up all other equipment used during their program. (Hockey/Skating).
- Coaches must move the nets with their gloves on (Hockey).
- Coaches will wipe down door handles and benches in coaches rooms (Skate club).
- Cleaning Products will be provided.

## ADULT RENTALS

- For Adult rentals there is a maximum of 17 people on the ice (including player's benches). This includes two goalies and an official.
- Suggested three on three or four on four hockey for potentially shorter ice sessions.
- Team representatives or team captain will be required to escort their teams to their designated dressing room after ice session.
- Adults are to follow the same format for entering and exiting the dressing rooms as youth, 8.....to 1 on entry and 1.....to 8 on exiting at all times.
- Adult Users are expected to follow the guidelines set forth by their insurance providers, Via Sport, BC Hockey, CARHA and Hockey Canada.
- While sitting on the bench, players must follow physical distancing guidelines of 2 meters or a maximum of four players on the bench
- All participants must have their own personal water bottle.
- Participants must have gloves on while moving nets or picking up pucks.

## PUBLIC PROGRAMS

A variety of strategies, systems, training and processes are being considered to manage facility capacity for public programming. Communication will be shared with the public through Social media and the SCRD website as they evolve.

## SENIOR OR GENERAL DROP IN HOCKEY

- All SCRD drop In Hockey programs will be coordinated through pre-registration
- Pre-registered lists for Drop In Hockey will be managed by SCRD Facility Services Staff
- Follow direction from all SCRD staff
- Please do not check in at the reception desk
- For all pre-registered Drop In Hockey there is a maximum of 16 participants (including player's benches)
- Two participants may be goalies
- Suggested three on three or four on four hockey

- While sitting on the bench, players must follow physical distancing guidelines of 2 meters or a maximum of four players on the bench
- All participants must have their own personal water bottle.
- Participants must have gloves on while moving nets or picking up pucks.
- Participants will be expected to provide their own pucks

## PUBLIC SKATING

- Public skating will be coordinated through pre-registration
- Stay 2 meters away from other patrons and no contact games
- For Public skating there will be a maximum of 20 skaters.
- Pre-registered lists for Public Skating will be managed by SCRD staff (Arena Workers)
- Skaters will be expected to maintain physical distancing at all time.
- Helmet and skate rentals are not available during the initial reopening time but may be available at a later date after staff training and sanitizing procedures have been established and approved.
- There will be no skating aids put out in order to decrease contact points. Please bring your own.
- Dressing Rooms will be closed during public skates.

## GENERAL INFORMATION

### OPEN AREAS

- Dressing Rooms for user groups
- Washrooms near the lower lobby
- Ice area
- Players Benches
- Designated spectator area (2) near the outside corner of the ice surface\*
- Flex Room for Skate coaches

*\*In the option for one guardian/parent for children under 12 it is important that those parents/guardians maintain physical distancing and stay within the marked/designated area along the corner boards. The SCRD has provided measured and marked spots for seven parents in each corner.*

## CLOSED AREAS

- Lower Lobby and Stair case
- Past the water fountain
- Stair case North end of building
- Past the chain North end of building
- Bleachers
- Warm viewing area
- Elevator

## PUBLIC WASHROOMS

The arena lobby washrooms will be open and available for participant use. The maximum occupancy of the women's and men's washrooms is 1. The Public washrooms are not to be used as a changing facility.

## WATER FOUNTAINS

There will be no access to water filling stations or water fountains in the facility at this time. Participants are advised to fill their water bottles at home.

## HAND HYGENE

Hand washing policies and hygiene practices are posted throughout the facility.

## SANITIZERS

Hand sanitizing stations are located throughout the facility and must be used prior to entering and exiting by all members of the public. The Hand Sanitizers are located inside the entrance door (Park Road) and inside the exit door in the lower lobby area (Parking lot).

## CLEANING

The public washrooms will be cleaned and disinfected twice daily by SCR D staff. Unoccupied Dressing rooms will be disinfected while the user groups are on the ice. Player's benches to be cleaned by the rental groups.

## DISPOSAL

Waste bins will be available for staff and public to dispose of sanitizing wipes, tissues, masks, gloves, etc. both in the public washrooms, dressing rooms, player's benches and exits/entrances to the arena.

## LOST AND FOUND

### SCRD RECREATION LOST AND FOUND POLICY

#### COVID-19 ADDENDUM

August 27, 2020

COVID-19 has created unique circumstances that make it potentially unsafe to handle the public's personal items when they are found in SCRD facilities. Guidelines from Provincial bodies, as well as the SCRD's Exposure Control Plan, provide direction about safe practices for recreation services, including how to minimize transmission of COVID-19. While there is risk of transmission, and until further notice, the following policy will be in place regarding Lost and Found items at all recreation facilities:

1. Customers will be encouraged to minimize the items they bring into facilities, thus reducing the chance that items are left behind.
2. Any item found by a member of the public will not be accepted at the Front Desk, unless it is deemed to be of value.
  - a. **All Facilities** – If the item is a non-valuable, the finder will be directed to leave the item where it was found.
3. Policy for accepting found cash will also be suspended until the risk of COVID-19 infection has passed. The Front Desk **will not** accept cash that is found on the premises.
4. Patrons inquiring about lost items, that are valuable, will be directed to the RCMP. No attempt will be made to contact the owner of Lost and Found items.

## EQUIPMENT

During the pandemic the SCRD will not provide or loan equipment for those who have forgotten their own. No exceptions.

## FOOD IN THE FACILITIES

Food is not permitted in the facilities during the Covid-19 pandemic. Water bottles are permitted in plastic containers only. Please fill water bottles at home as water fountains will remain off.



## OCCUPANCY TABLES

	Youth (12 & over)	Youth (under 12)	Adult League	Adult Club	Drop in Hockey
Ice Surface	16	16	16	16	16
Bleachers	0	0	0	0	0
Coached Refs Room	0	0	1	0	0
Warm Viewing Area	0	0	0	0	0
Parent & Guardians for designated spectator areas	N/A	14	N/A	N/A	N/A
Entrance Door (Ambassador)	1	1	N/A	N/A	N/A
Safety Person	1	A parent or guardian			
<b>Total permitted (Arena Level)</b>	<b>18</b>	<b>31</b>	<b>17</b>	<b>16</b>	<b>16</b>

*Please note: The occupant loads in the table below are part of the occupant levels above*

	Youth (12 & over)	Youth (under 12)	Adult League	Adult Club	Drop in Hockey
Washrooms (Men's)	1	1	1	1	1
Washrooms (Women's)	1	1	1	1	1
Time Keeper Box	1	1	1	N/A	N/A
Flex Room (Skating club)	2	2	N/A	N/A	N/A