



BLUES

HOCKEY

SUNSHINE COAST MINOR HOCKEY

Return to Play

COLLABORATION

COOPERATION FROM OUR MUNICIPAL GOVERNMENTS WILL BE ESSENTIAL TO THE SUCCESS OF THE RE-OPENING OF OUR ICE FACILITIES

Sunshine Coast Minor Hockey recognizes the significance of a strong relationship with our local Municipalities and Local Council Members.

SCMHA Board representatives regularly appear as delegates to request extended allocation dates and discuss other important issues.





COMMUNICATION

COMMUNICATION IS ESSENTIAL TO SUCCESS:

- Builds and maintains relationships
- Facilitates innovation
- Builds an effective team
- Contributes to growth
- Ensures transparency

Effective communication with Members, Governing Bodies, Recreational Management Municipal and Provincial Governments are critical throughout these unprecedented times.





MEMBERSHIP

THE SUNSHINE COAST IS READY TO RETURN TO THE ICE

Our players are ready to get back to the great game of hockey.

2020–2021 REGISTRATION

SCMHA has already had 90% of players register for the 2020–2021 hockey season.

Development programming sold out within a few hours of opening and our board is advancing with seasonal plans like every other year.

SCMHA | RETURN TO PLAY





THE IMPORTANT ROLE OF SPORTS FOR OUR YOUTH AND FOR OUR COMMUNITY

“Sport organizations will play a key role in bringing people back together and in helping us heal from the COVID-19 pandemic,” said Lisa Beare, Minister of Tourism, Arts and Culture and responsible for Sport. “We know the importance of safely reopening our ice rinks, courts and fields so athletes, families, coaches and volunteers can return to sport.”

COMMUNITY

SCMHA | RETURN TO PLAY



Youth Mental Health and Well Being

We all have a role to play in order to increase the percentage of B.C. children that are developing fundamental movement skills and participating in daily physical activity.

Being active for at least 60 minutes daily and limiting time spent being sedentary to less than 2 hours per day can help children:

- Improve their health
- Do better in school
- Improve self-esteem and confidence
- Maintain a healthy body weight
- Improve their fitness
- Grow stronger
- Have fun playing with friends
- Feel happier Learn new skills
- Sleep



Physicality



Mental Health

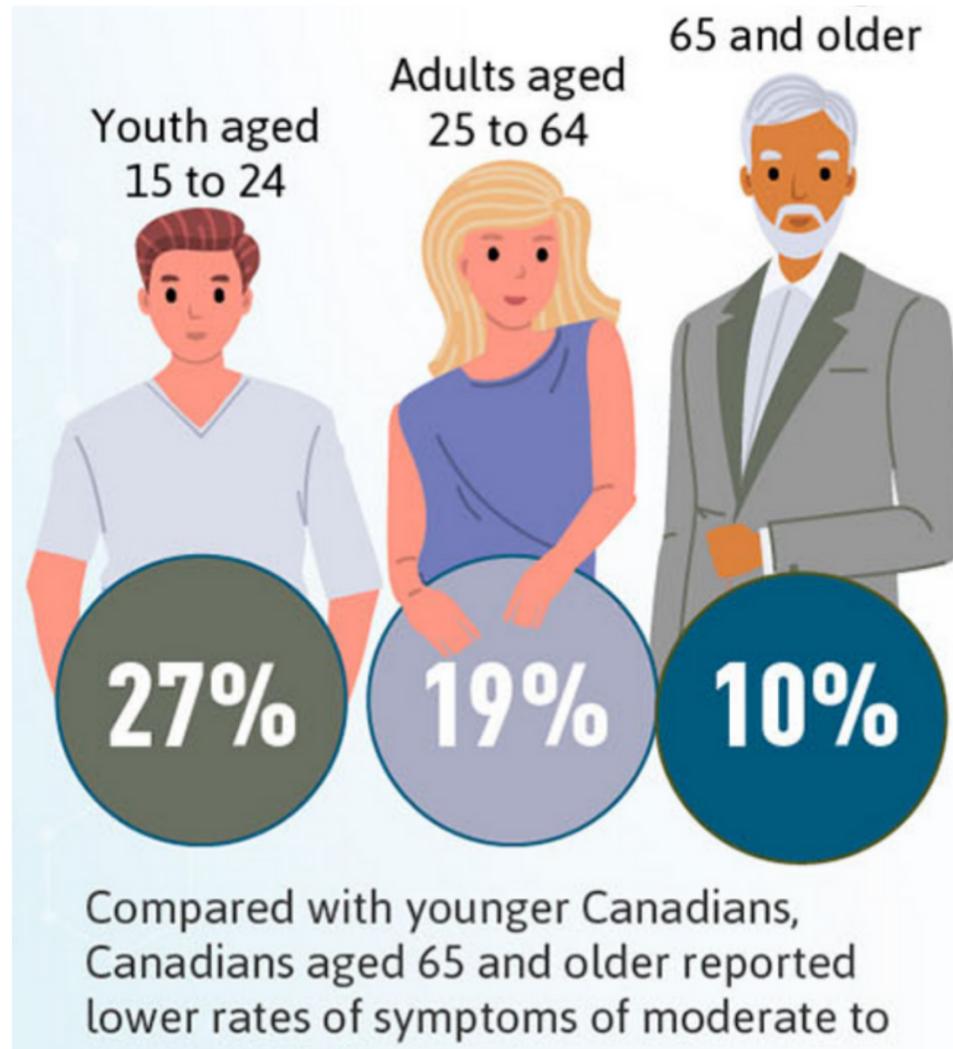


Brain Development



Communication/
Social Skills

“DATA COLLECTED ON CANADIANS MENTAL HEALTH DURING THE COVID 19 PANDEMIC BY STATISTICS CANADA AND PUBLISHED ON MAY 27, 2020 SHOWS THAT:



- Youth are more likely to report worsening mental health while seniors were the least likely.
- 64% of youth reported a negative impact on mental health since physical distancing began.
- 41% of youth reported symptoms consistent with moderate/severe anxiety compared to 11% of seniors.
- “ Agencies and experts warn a historical wave of mental health problems is approaching- depression, substance abuse, post traumatic stress disorder and suicide.

We cannot put a price tag on our youth physical, emotional or mental health.





SOCIAL ISOLATION

Lack of access to exercise and physical activity can also have mental health impacts, which can compound stress or anxiety that many will experience in the face of isolation from normal social life. We know the impact of the pandemic will be seen for many years to come. Statistics Canada is already reporting concerning data regarding the impact seen to date.

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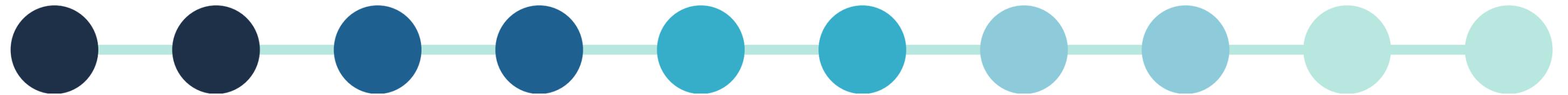
OUR YOUTH HAVE BEEN IMPACTED THE MOST...

Sport is a major contributor to economic and social development. Its role is well recognized by Governments, including in the Political Declaration of the 2030 Agenda, which reflects on “the contribution sports make to the empowerment of women and of young people, individuals and communities, as well as to health, education and social inclusion objectives.”

Sport cements social cohesion, contributes to the social and emotional development of youth and promotes greater physicality. Sport has long been considered a valuable tool for fostering communication and building bridges between communities and generations.



STEPS TOWARDS OPENING



MEMBERSHIP

- MEMBERSHIP SURVEY
- WEEKLY EMAIL UPDATES
- REGISTRATION
- PROGRAM INFORMATION
- CALL TO ACTION
- TOWN HALL

DISTRICT/BRANCH

- WEEKLY CONFERENCES
- MEMBER ENGAGEMENT
- VIA SPORT CONFERENCES

SUPPORT LETTERS

- PCAHA, BCH
- EDUCATORS
- OTHER COMMUNITY YOUTH SPORT ORGANIZATIONS.
- MP, MLA

FACILITY

- WEEKLY CONTACT
- FACILITATE TOUR
- SHARE INFORMATION
- STAFF REPORT

COMMUNITY

- RESOURCE WEBSITE
- ENGAGE OTHER LSOS
- PETITION

GOVERNMENT

- MLA RE GAMING
- LETTER TO RD COUNCIL
- ICE SPORT DELEGATION
- JULY 23 MEETING

MEDIA

- LOCAL NEWSPAPERS
- LOCAL RADIO
- SOCIAL MEDIA

COVID SAFETY PLAN

- DEVELOP AND ADOPT
- IDENTIFY ROLES AND RECRUIT
- MHO REVIEW
- PRESENT PLAN
- DOCUMENTATION
- MEMBER ORIENTATION

Financial consequences and liabilities must not prevent our youth from participating in sports. As we like to say, Pay now- or pay later- or as written in an August 2012 American Sports Medicine journal- Play now- or pay later...the future of our youth depends on it.

CONTACT US:



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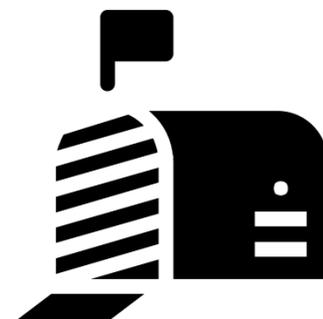
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