

# SCRD Recreation COVID-19 Policies and Procedures

## GENERAL POLICIES AND PROCEDURE

To protect the safety of others, please do not attend a recreation facility if:

- You have any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, body aches, headache, new loss of taste, loss of smell or sore throat
- In the last 14 days, you have been in close contact with someone who has a confirmed COVID-19 diagnosis or probable case of COVID-19
- You have travelled outside of Canada within the last 14 days

If any of the above applies to you, please call 8-1-1 and do not visit a recreation facility.

To limit the transmission of COVID-19, the Sunshine Coast Regional District has adopted and implemented the following COVID-19 policies and procedures:

- A COVID-19 Safety Plan has been developed in accordance with WorkSafe BC requirements and orders issued by the office of the provincial health officer for each recreation facility
- Clear COVID-19 signage, reminders and visual prompts are on site at each facility
- All use of facilities requires pre-registration (no drop-ins)
- All users must read and sign an Assumption of Risk Form
- In person transactions are minimized. Customer service staff are available by phone to answer questions and assist with online registration
- Touch points have been identified and are cleaned and disinfected as per VCH and BCCDC guidelines
- Cleaning protocols are in place for each facility as per VCH and BCCDC guidelines
- Handwashing or hand sanitizing stations are available
- Shared equipment is minimized
- Entrances and exits will be designated and marked to manage traffic flow
- Furnishings (tables and chairs) in common areas will be removed and/or reconfigured to ensure 2m physical distancing can be maintained
- No spitting at any SCR D Recreation Facilities
- Maximum occupancy limits for each area have been posted
- All staff and supervisors are trained in COVID-19 safety strategies

# SCRD Recreation

## COVID-19 Policies and Procedures

We want everyone to feel comfortable returning to SCR D recreation facilities. To protect the safety of others, please follow these steps to minimize the transmission of COVID-19:

- All individuals or caregivers interested in participating in a program or activity at a SCR D Recreation Facility must sign an Assumption of Risk Waiver Form
- Stay home if you are sick (even if you have a mild cold or any allergy symptoms)
- Wash or sanitize hands directly before and after attending the facility
- Arrive no more than 10 minutes prior to the start of your allotted session and no later than 5 minutes after the start of your scheduled session
- Maintain a minimum distance of 2m from others at all times
- Avoid touching your face
- If you need to sneeze or cough, cover your mouth using the bend of your elbow or a tissue
- Listen carefully to staff instructions, read signage and follow closely
- Avoid lingering in the facility, and leave as soon as your allotted time has ended
- Please bring your own water bottle and fill the bottle at home prior to coming to the facility. Water fountains will remain off at this time
- You may choose to wear a mask, if you wish

### CLEANING AND DISINFECTING MEASURES

- Twice daily deep clean of all washrooms and change rooms as per VCH guidelines
- Nightly deep clean of the Fitness Centre and Equipment
- Added spray bottles in the Fitness Centre for participants to disinfect each piece of equipment before and after use
- Frequent disinfection of all high touch areas by Staff
- Hand sanitizing stations placed strategically throughout each Facility
- Minimize contact where possible