

Safe Distancing Protocols and Procedures for the Spruce Grove Curling Club

Please come to the curling club dressed in your curling attire. Change rooms should not be used as the surfaces in the change room will not be sanitized after each use. Avoid touching surfaces that you will not be directly using, ie: backs of chairs, tables, etc.

Upon entering the curling club there will be a hand sanitizer available at the front door. Please sanitize your hands upon entrance. Once you are in the curling club please sit at a table with your team members only to get prepared for your game.

The leagues will have split change areas where the teams will change into their curling shoes. There will be 6 teams in the lobby area and 6 teams in the upstairs lounge area. The 6 teams in the lobby area will enter the ice area first and go to their designated sheets 1, 3, and 5. These sheets will start from the far end of the ice. Once they are in position the 6 teams in the upstairs lounge area will enter the ice and go to their designated sheets 2, 4 and 6. These sheets will start at the near end of the ice.

Hand sanitizer will be available at the entrance to the ice area. Go directly to your sheet of ice that you will be playing. Shaking of hands is not permitted. Use alternative methods of greeting each other like touching brooms, waving to each other, or simply just verbally acknowledging each other. Do not use coins to decide last stone. Use alternate methods such as timeclocks odd or even numbers or use an app on your cell phones.

The curling rocks will be sanitized before and after every draw. Sanitizing wipes will be available to sanitize the 2 curling rocks you will use during your game. Please ensure you only touch those 2 rocks for the entire game. If you are moving rocks into the hack area please use your brooms or your feet.

Scoreboards can be used for keeping track of the score of the game however it is recommended that the team that scores in the first end have their third mark the score and this person will mark the scores for both teams for the entire game. The score tiles will be sanitized prior to each draw. Once an end is complete the

scoring team will be responsible for putting the rocks in the hack area since they will be the team shooting first the next end. The opposing team is to leave the house area and go outside the hog line to await their turn to throw.

Playing of the game shall be done as per Curling Canada guidelines. The Distancing Illustrations will be posted at the end of each sheet for clarification. Please ensure that these guidelines are followed. Only one sweeper is allowed for the throwing team. The skip holding the broom is the only player allowed in the house. The non-throwing skip must stand behind the sheet on the boards until it is their turn to throw. The non-throwing skip cannot enter the house to sweep any rocks. There will be markings in the ice to indicate where players should be standing when they are the non-throwing team. The easiest way to remember this is "if it's not your shot, find a spot". It is strongly recommended that all participants wear masks during play. You can remove your mask when you are sweeping or after you finish sweeping to catch your breath. Remember to safe distance in these situations as the sweeper will be breathing heavily. Safe distancing should be maintained throughout the game and gathering with your teammates should not occur.

Once you have completed your game please leave through the door that you entered the ice on. Once again please only sit at a table with your teammates to change your shoes, etc. It is recommended that you take your curling equipment to your vehicle if you are planning to visit the lounge area.

The lounge area will have hand sanitizer at the entrance for use prior to entering. The tables will be situated to allow for social distancing. It is recommended that you only sit with your teammates at the tables. Please do not move tables together.