

DISCOVER LACROSSE

www.shamrockslacrosse.ca



CHECK OUT THE FASTEST
GAME ON TWO FEET!

2025 SEASON

SHAMROCKS LACROSSE

Come join us for an introduction to box lacrosse and learn some game skills! Co-ed sessions held over four days. Everyone welcome! Lacrosse sticks and balls provided; participants require a helmet with cage, hockey or lacrosse gloves, gym attire and indoor running shoes. Register soon, space is limited!

LOCATION: Bruce Oake Recovery Centre Gym, 255 Hamilton Avenue, Winnipeg



R
E
G
I
S
T
E
R

SUNDAYS IN MARCH

AGES: 5 – 10 YEARS

AGES: 11 – 16 YEARS

MARCH 2nd, 9th, 16th, 23rd

9:00 AM – 10:15 AM

10:30 AM – 11:45 AM

\$10 DROP IN FEE PER SESSION

REGISTER: <https://form.jotform.com/240298630357258>