



Shamrock's Lacrosse Handbook

CLA Goalie Sizing Chart

CLA Patch Age Division

- | | |
|---|---------------|
| 1 | Tyke & Novice |
| 2 | Pee Wee |
| 3 | Bantam & up |



GOALTENDER

Helmet: All helmets must be CSA approved for ice hockey or NOCSAE approved. The helmet must have a chin strap which must be properly secured on both sides and cannot be altered from the manufactured form.

Facemask: Cannot allow the head of the stick or ball to make contact with the face. The mask must be CSA approved for ice hockey or NOCSAE approved and must be approved for helmet model that is mounted on.

Goaltender Throat Guard: Mandatory. High-grade plastic construction, attaches to goalie face shield, protects throat and neck.

Mouth Guard: Mandatory.

Arm & Chest Protector: A mandatory one piece upper body protector constructed from high density/low density closed cell foam and high-density polyethylene plastic provides superior protection. Fully moulded plastics with offset ridging used in key areas for maximum safety. Articulating belly and arms designed to keep protective padding in place and maximize flexibility. Full back and kidney padding offer the goalie greater protection.

Goaltender Gloves: High density impact foam and leather or nylon offer protection and flexibility. New contour cuff systems allow full range of motion at the wrist for maximum protection and mobility.

Goaltender Pants: Exclusively for lacrosse goalies. Extensive frontal protection combined with inner thigh inserts provide safety in crucial key areas. Moulded components maximize safety using lightweight, breathable materials. Anatomically designed for protection and mobility.

Goaltender Leg Guards: Moulded from high-density polyethylene (HDPE 5100) providing superior protection. Inner cradle stabilizes leg pad, side extensions offer complete calf coverage. Full ankle drop with moulded inserts provide maximum foot protection, multi strapping anchors pad in place.

Lacrosse Stick: Standard goalkeeper stick width specifications are up to 15" inside measurement at the widest point and no restriction on overall length.

Lacrosse Shoes: Suitable indoor shoes.

Athletic Support & Cup

BODDAM
LACROSSE • TOTALLY CANADIAN