



2019

SPKAC SUMMER CONDITIONING & PREP CAMP

	MONDAY AUGUST 5	TUESDAY AUGUST 6	WEDNESDAY AUGUST 7	THURSDAY AUGUST 8	FRIDAY AUGUST 9	MONDAY AUGUST 12	TUESDAY AUGUST 13	WEDNESDAY AUGUST 14
PEEWEE	4:45-6:00PM SHELL	4:45-6:00PM SHELL	4:45-6:00PM SHELL	4:45-6:00PM SHELL	4:45-6:00PM SHELL	4:45-6:00PM SHELL	4:45-6:00PM SHELL	4:45-6:00PM SHELL
1 ST BANTAM	6:15-7:30PM SHELL	6:15-7:30PM SHELL	6:15-7:30PM SHELL	6:15-7:30PM SHELL	6:15-7:30PM SHELL	6:15-7:30PM SHELL	6:15-7:30PM SHELL	6:15-7:30PM SHELL
1 ST MIDGET	7:45-9:00PM SHELL	7:45-9:00PM SHELL	7:45-9:00PM SHELL	7:45-9:00PM SHELL	7:45-9:00PM SHELL	7:45-9:00PM SHELL	7:45-9:00PM SHELL	7:45-9:00PM SHELL

	SATURDAY AUGUST 17	SUNDAY AUGUST 18	MONDAY AUGUST 19	WEDNESDAY AUGUST 21	FRIDAY AUGUST 23	SATURDAY AUGUST 24	TUESDAY AUGUST 27	WEDNESDAY AUGUST 28
(2 nd) MIDGET	3:15-4:30PM SHELL	3:15-4:30PM SHELL	9-10:15PM ARENA	8:00-9:30PM SHELL	7:30-8:45PM SHELL	3:30-4:45PM ARENA	6:30-8:00PM ARENA	5:30-6:45PM ARENA

	TUESDAY AUGUST 27	WED AUGUST 28	THURS AUGUST 29	FRIDAY AUGUST 30	SAT AUGUST 31	SUNDAY SEPTEMBER 1	MONDAY SEP. 2	WEDN SEP.4
FEMALE MIDGET	8:15-9:30PM ARENA	6:00-7:15PM SHELL	8:15-9:30PM ARENA	6:30-7:45PM SHELL	1:45-3:00PM ARENA	12:45-2:00PM ARENA	5:00-6:15PM SHELL	4:45-6PM SHELL

	MONDAY AUGUST 26	TUESDAY AUGUST 27	WED. AUGUST 28	THURSDAY AUGUST 29	FRIDAY AUGUST 30	SATURDAY AUGUST 31	SUNDAY SEP. 1	TUESDAY SEP.3
FEMALE BANTAM	5:00-6:15PM ARENA	5:00-6:15PM ARENA	7:30-8:45PM SHELL	5:30-6:45PM SHELL	5:00-6:15PM SHELL	2:00-3:15PM SHELL	2:00-3:15PM SHELL	5-6:15PM ARENA

Revised: June 21,2019

	MONDAY AUGUST 12	TUESDAY AUGUST 13	THURSDAY AUGUST 15	FRIDAY AUGUST 16	SATURDAY AUGUST 17	SUNDAY AUGUST 18	MONDAY AUGUST 19	TUESDAY AUGUST 20
(2 nd) BANTAM	9:15 10:30PM SHELL	9:00-10:15PM ARC E	8:00-9:00PM GARC	7:45-9:15PM SPA	7:00-8:15PM SPA	7:00-8:15PM SPA	5:45-6:45PM GARC	5:45-6:45PM SPA