



TITANS LACROSSE

Sherwood Park Titans Minor Box Lacrosse Newsletter

December 2022

Registration for 2023

We are excited to announce that Sherwood Park Titans Registration for the 2023 season will open **January 1, 2023** at **12:00 pm (noon)**. All registration information can be found on our [website](#).

Registration this season will only be online again through RAMP. To register your player, please login to your RAMP account from last year by following this link:
<http://sherwoodparktitans.rampregistrations.com/>

If you do not have a RAMP account, you can follow the registration link to also create a new account.

The ALA insurance requirements must be met for any player to be allowed on the floor. Which means your player must be registered with our club to use our floor times.

For player registration you can pay online by credit card or by sending money through an EFT (NO cheques). The EFT must be received within 24 hours to complete your registration. Failure to do so may result in loss of registration.

* A 3% processing fee will be added to your credit card on all registrations.

If sending money through EFT please ensure you add a comment with your players first and last name and the level they play.

You can send the money to treasurer@sherwoodparktitans.ca and use the password: Titans2023

2023 Fees

Level	Birth Years	Fee
U7 Co-Ed	2017, 2018	\$130
U9 Co-Ed	2015, 2016	\$160
U11 Boys & Girls	2013, 2014	\$365
U13 Boys & Girls	2011, 2012	\$400
U15 Boys & Girls	2009, 2010	\$420
U17 Boys & Girls	2007, 2008	\$430

Fee Breakdown

The Sherwood Park Titans is often asked, "Where does our money go?" Please review the [Fee Breakdown 2023 document](#) to find out!

Female Divisions 2023

We are very aware, through conversations with our membership, as well as survey results, that many of our female teams struggled with low roster sizes last season. There were many challenges when running a roster with less than 17 players - especially when dealing with other activities, injuries and illness. In addition, there was also the added hurdle of finding goalies for two teams in each division.

Therefore, for the 2023 season, we have decided that in the best interest of our coaches and players - as well as female lacrosse as a whole, the Titans will be closing their registration for all female divisions at 18 runners plus a goalie. Any registrations received after the threshold is reached will be put on a wait-list until we have another full team of 18 and a goalie. Any players remaining on the wait-list, at close of registration, will have the option to join another club or receive a full refund.

Please read the letter from the President sent to all membership December 6, 2022, to review all of the details.

IMPORTANT!

Coaching Applications

The Sherwood Park Titans are currently seeking coaches for all 'A' or Tier 1 teams in U13, U15 and U17 divisions for 2023.

If you are interested, please fill out the [coaching application form](#) or go to our website and do the same.

In addition to completing this application you will also be asked to submit your Coaching Resume including a copy of a seasonal/development plan. Those individuals applying for coaching an 'A' or Tier 1 team, your application also needs to include 3 detailed practice plans that demonstrate a coaching plan to go from: 1) skill; 2) to tactic; 3) to strategy; that you would use (age appropriate) to the level you are applying.

The **deadline** for applications will be **December 31, 2022**. Those selected for interviews will be contacted in the first week of January 2023 with interviews to follow shortly afterwards. Incomplete applications will not be considered.

Thank you to those coaches who volunteer for our sport and players!

If you still have interest in coaching other levels or divisions, please contact your division director whom are always looking for volunteers to support.

If you have any questions, concerns or require additional information, please contact our Coaching Committee directly: sptitanscoachdevelopment@gmail.com

Tournament Announcement

We also have a very special announcement. The ALA has accepted our application to run a female only tournament in the North!

As many of you know, there is a long history with Calgary's hosting Girls Rock. By having one female tournament in the North we will be able to host teams from across the west and have a very competitive event. The "Rock the North" tournament is planned for May 5 - 7th.

We will also continue to host the annual Titans Classic Tournament on June 2-4, 2023. This year we will host teams in the U13, U15 and U17 divisions, and new this year there will also be a U9 "jamboree-style" division!

On that note, we want to make the first year of "Rock the North" the absolute best experience for all athletes. Please reach out and let us know if you are interested in volunteering on our Tournament Committee - any support we have by our membership is greatly appreciated!

Tournament@sherwoodparktitans.ca
Rockthenorth@sherwoodparktitans.ca



'A' Team Try-Outs

We will be hosting evaluations for those players interested in trying out for "A" level teams in the boys U11, U13, U15 and U17 divisions. Stay tuned for more details and dates to come soon.

Scheduler Needed

We are still looking for another volunteer to take over the Scheduler role for our club.

As much as we want to keep Sarah Hanson around forever, it is time to relieve her of her duties and train someone new to take over!

Sarah will work closely with the new Scheduler to ensure proper training and support throughout the transition to ease you into your role, providing support throughout the season.

If you are interested or have questions about this role, please reach out directly to our President:
president@sherwoodparktitans.ca

Shorts & Apparel at Sin Bin

Sin Bin in Sherwood Park will be selling all of the available Titans apparel this season. You can shop in store or [online](#).

Titans Shorts:

It is **mandatory** that all players wear Titans shorts for games. Shorts can ONLY be bought DIRECTLY through Sin Bin this year.

Pre-Season Drop-Ins

As usual we are excited to offer a number of pre-season drop-ins! All drop-ins will be at Millennium Place, on the soccer turf. Please see the initial schedule below:

Thurs, Jan. 5: 4:30 -5:30
(all ages)

Mon, Jan. 9: 4:30-5:30
(all ages)

Thurs, Jan. 12: 4:30-5:30
(all ages)

Mon, Jan. 16: 4:30-5:30
(all ages)

Thurs, Jan. 19: 4:30-5:30
(U7, U9, U11, U13)

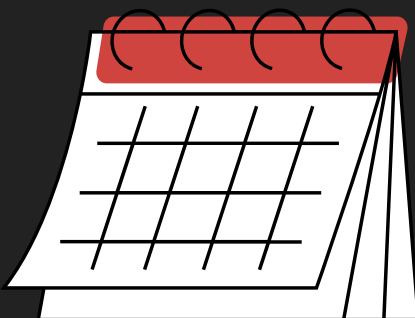
Mon, Jan. 23: 4:30-5:30
(U11, U13, U15, U17)

Thurs, Jan. 26: 4:30-5:30
(U7, U9, U11, U13)

Mon, Jan. 30: 4:30-5:30
(U11, U13, U15, U17)

There is a small fee of \$5 per drop-in, to be paid upon arrival in **CASH** only.

Stay posted for more times in February and March, along with our "Come Try" events for new players!



Welcome to the Board!

We would like to give a warm welcome to one of our new board members, Dean Briton, we are so glad you joined our amazing team.

Dean Briton is taking over the role of U13 Division Director. Dean has two kids playing with the Titans now for over 6 years and he's very much enjoyed the program and coaching they've received over those years.

Dean's wife, Pam, has been a team manager many times and this means that Dean too has unofficially been an "assistant manager" over the years!

Dean's decision to join the board this year was made to get better involved with the program and really see how we can grow both Titans lacrosse and Alberta lacrosse as a whole to keep up with other provinces for player development and program growth.

This season, Dean is most looking forward to all of our divisions having success and he hopes to see more first time players joining the younger divisions as lacrosse growth will start with them.

Thank you again, Dean, for your dedication, time and commitment you are giving to the Titans this season!

Welcome

GELC Awards

The GELC reinstated the award policy now that they are back to standard operations. Awards are presented to appreciate, recognize and honor contributions made by individuals to the sport of lacrosse that enhance the game within the GELC.

We are incredibly proud that two of the four awards this year were presented to Titans members.

Congratulations to Coach Steve Baker who won the GELC Coaching Award. Coach Steve has been involved in the Titans organization for a long time as a parent, coach and board volunteer. His knowledge and love of the game has been invaluable. Steve coached our 16UA team last season to become the champions of the Wild Rose League.

In addition, we are beyond excited to announce that our president, Karen Wellner, was the recipient of the GELC Club President Award. Karen goes above and beyond in all capacities to lead our club and we are so grateful to have her leadership and commitment not only to the Titans but to the game of lacrosse in general. Karen not only volunteered in the role as president last season, but she was also the Female Director. Karen also volunteered as the Girls Box Committee Chair for the GELC and has worked hard to improve girls lacrosse.

Thank you Steve and Karen for all of your time and commitment to our players, club and the game of lacrosse!

Questions

Do you have a question and you're not sure where to find the answer? Our website is updated on a regular basis and is a great place to find all of the information you need.

- [FAQ section](#) on the website answers some commonly asked questions
- Directors will be updating Division homepages for division specific information
- Parents Resource menu on the website has a variety of information
- Coaches' and Managers' Corner has all the details needed for bench staff

Your board members are also available to answer your questions. All of their direct contact information can be found under the Administration Menu and the [Executive tab](#).

<http://sherwoodparktitans.ca/>

