



TITANS LACROSSE

Sherwood Park Titans Minor Box Lacrosse Newsletter

February 2023

Registration Reminder

Thank you to everyone that has already registered for the 2023 season! If you have a friend still wanting to register, remind them to get their registration done ASAP to secure their spot!

All registration information, along with fees for each division can be found on our [website](#).

If you have questions about registration, please do not hesitate to contact our amazing Registrar: registrar@sherwoodparktitans.ca

Women's Division Update

U11 Women:

Currently 11 players registered, no wait list.

U13 Women:

Currently 15 players registered, no wait list.

U15 Women:

Currently 26 players registered, 8 players wait-listed.

U17 Women:

Currently 28 players registered, 8 players wait-listed.



'A' Team Try-Outs

Thank you to our Evaluation Coordinator, Division Directors and 'A' head coaches for your time and commitment to all of our players who have been working so hard in all of their evaluations.

Good work to all of the players who have been coming out to each session and giving it their all!

The final coach session for 'A' try-outs is coming up, good luck to all players! Final lists will be posted on your Division Homepage.

Please reach out to your Division Director with any questions or concerns.

Volunteer Opportunity

We are still desperately looking for another volunteer to take over the Scheduler role for our club.

This is a vital position to our club and our players cannot have a season without a scheduler!

If you are interested or have questions about this role, please reach out directly to our President:

president@sherwoodparktitans.ca

Come Try Lacrosse

We are excited to offer a FREE COME TRY LACROSSE EVENT! Help us spread the word - invite your friends!

Monday, Feb. 20, 2023 (Family Day):

5:45 pm - 6:15 pm

U7 & U9 Co-Ed (Birth Years 2015-2018)

6:15 pm - 6:45 pm

U11 & U13 Women (Birth Years 2011-2014)

6:45 pm - 7:15 pm

U11 & U13 Men (Birth Years 2011-2014)

7:15 pm - 8:00 pm

U15 & U17 Women (Birth Years 2007-2010)

8:00 pm - 8:45 pm

U15 & U17 Men (Birth Years 2007-2010)

This is a FREE event and NO REGISTRATION is required!

We offer this event for any new players who are interested in trying out lacrosse. It is a great way to come and see what lacrosse is all about.

Equipment required: Helmet with a cage and indoor running shoes. Sticks will be available to use.

If you have any questions, please email registrar@sherwoodparktitans.ca or webpage@sherwoodparktitans.ca

'A' Head Coaches

We are excited to announce the head coaches for the 'A' teams this season:

U13A: Brian Broks & Blair Manning

U15A: Kevin Brownlee

U17A: Steve Baker

All of these coaches come with a passion for lacrosse and years of coaching experience in lacrosse with the Titans along with other sports. Please join us in congratulating them!

Drop-Ins

Thank you to all of the volunteers who have been coming out to volunteer on the floor for all of our drop-ins!

A special shout-out to some of our Jr. Coaches who have been consistently showing up and giving back to the sport the love: Easton Couturier, Jaxson Baker and Luke Mitchell.

Your time and love for the game is not only helping our players prepare for the upcoming season, but it is also teaching new players all about the sport - we appreciate all of you for your generosity!

THANK YOU!

Important Coaching Info

Are you interested in being a head coach or an assistant coach for one of our teams this season? If you are interested in coaching please head over to the [Coaches' Corner](#) of our website to complete the coaching application form.

Don't forget that ALL bench staff (head coach, assistant coaches, managers, trainers) MUST **register** as staff through our [RAMP Registrations site](#).

All bench staff MUST also **upload** a current **Vulnerable Sector Criminal Record Check** (valid up to 2 years) to your RAMP staff registration.

Coaches, you will also need your **NCCP** number to add to your staff registration.

Coaching Clinics/Qualifications:

The ALA has already started posting a variety of coaching clinics for the upcoming season. Please check out the "[Coaching Clinics](#)" tab on the [ALA website](#) for all the details and to register.

Edmonton Area Coaching Clinics:

March 12: Comm. Dev. Box

April 15: Comm. Dev. Box *Women only

April 16: Comm. Dev. Box

May 3-4: Comm. Dev. Box

March 18-19: Comp. Intro. Box

April 23-24: Comp. Intro. Box

May 13-14: Comp. Intro. Box

If you have any questions about coaching, please reach out directly to our [Coach Development Director](#).

2023 Season

We are frequently asked about the schedule for the season...here is what we know so far...

U7: Scheduled one floor time per week on Wednesdays. This is a combination of a practice/game.

U9: Scheduled for Tuesdays & Thursdays. One practice and one game.

U11 to U17: No set days; 2-3 practices/games per week Monday through Friday.

Some other important dates to consider:

May 5-7: Rock the North Women's Only Tournament; co-hosted by the Titans and Beaumont Raiders. All of our women's teams will participate.

May 12-14: Mother's Day Mayhem Tournament; U11 Men's will participate.

June 2-4: Titans Classic Tournament; U9 (co-ed), U13 Men's, U15 Men's and U17 'B' Men's will participate.

June 17 & 18 (tentative): GELC Wrap-Up Jamboree for U7 and U9 teams

July 14-16, 2023: Minor Box Provincials; held in Edmonton; any team in U11 to U17 that is the GELC league champion must participate.

Have more questions?! Please check out our [FAQs](#) or the [Season Info](#), which are both updated on our website.

Meet Our U15 Director

We are excited to share that Corey Holts has recently taken over as the U15 Division Director.

Corey's involvement with the Titans started 4 years ago when his son started playing and he offered to help his novice team as an assistant coach. Although Corey had never played lacrosse before but he did find passion for the game through that first coaching experience and has enjoyed being around the club and helping out wherever he can.

Corey is currently working towards completing the Competition-Introduction level lacrosse coach course and is really looking forward to the "win your way in" format for provincials. He says, "I think it will make for a fun and extremely competitive weekend for every team that earns a spot."

Corey is also a certified mountain bike coach so when he's not busy with the Titans, he can be found on his bike teaching classes in the Edmonton river valley.

Welcome to our amazing team, Corey! We are so glad you joined us and are grateful for how quickly and seamlessly you have stepped into your new role.



Shorts & Apparel

Don't forget that it is **mandatory** for all players to wear Titans shorts for games. Shorts are **ONLY** available for purchase through Sin Bin, Sherwood Park.

It is best to purchase online, however they do have some stock available in store.

***Sizes** - We found last season that these shorts typically fit big. Before ordering you can stop in to Sin Bin to try on to determine the best size for your player.

Sin Bin is carrying more of our Titans apparel this season, so check it out and support local!



<http://sherwoodparktitans.ca/>

