



# TITANS LACROSSE

Sherwood Park Titans Minor Box Lacrosse Newsletter

January 2024

## Registration Open

Thank you to everyone for your patience with the need to re-launch registration on January 13, 2024. We were excited to hit 200 registrants within a few days of registration opening and are well on our way to 300 already!

Registration this season will only be online again through RAMP. To register your player, please login to your RAMP account from last year.

RAMP Account



If you do not have a RAMP account, you can follow the link to create a new account.

The ALA insurance requirements must be met for any player to be allowed on the floor. Which means your player must be registered with our club to use our floor times.

For player registration you can pay online by credit card or by sending money through an EFT (NO cheques). The EFT must be received within 24 hours to complete your registration. Failure to do so may result in loss of registration. \* A **3% processing fee** will be added to your credit card on all registrations.

If sending money through EFT please ensure you add a comment with your players first and last name and the level they play.

You can send the money to [sptitanstreasurer@gmail.com](mailto:sptitanstreasurer@gmail.com) and use the password: Titans2024

**'A' team player registration deadline: February 4, 2024.**

## 2024 Fees

Level	Birth Years	Fee
U7 Co-Ed	2018, 2019	\$145
U9 Co-Ed	2016, 2017	\$185
U11 Men & Women	2014, 2015	\$395
U13 Men & Women	2012, 2013	\$435
U15 Men & Women	2010, 2011	\$455
U17 Men & Women	2008, 2009	\$465

## Fee Breakdown

The Sherwood Park Titans is often asked, "Where does our money go?" Please review the [Fee Breakdown document](#) to find out!

## Women's Registration

Registration for the women's teams will be formed one at a time, to avoid having extremely small teams. Registration will be waitlisted after 18 runners + a goalie. The waitlist will be monitored, and if the waitlist reaches 12 runners + a goalie, we will notify those waitlisted and create a second team.

Good news, we already have two U17 Women's teams and have opened the waitlist for that division and are very close to being able to remove the waitlist for the U15 Women's Division as well! Get your friends to get their registrations in ASAP!

## New U11 Director

A warm welcome to our new U11 Director, Rene Cloutier!

Rene grew up in Sherwood Park, playing hockey, golf, football, and rugby. He was introduced to lacrosse when his boys began playing organized sports and is very proud of the lacrosse community here. Rene has a true passion for helping develop young kids to be complete athletes, respectful, and value centered people.

Rene and his wife, Lisa, have three sons who are avid Titans lacrosse players in U9, U11, and U13 this season. Rene's also got prior experience volunteering time in other sport associations and has done not-for-profit society board work in the past. He looks forward to serving the many families and players.

A warm welcome to Rene this season and a big thank you for your time and commitment to our players and club!

## Scheduler Job Posting

Titans are hiring for the **PAID** position of scheduler for our lacrosse program!

Job description includes, but is not limited to:

- Create a practice schedule for the season
- Attend monthly board meetings and any ad hoc meetings
- Allocate game floor to GELC
- Allocate floor time to create practice schedule
- Create schedule for other events in the preseason
- Update the county facilities with the schedule

### Skills required:

- Proficient in computer programming such as Excel and Google Suite
- Strong organizational skills
- Strong problem solving skills, be able to think out of the box when issues arise
- Must have excellent attention to detail
- Be a team player

This will be a paid, contracted position for the lacrosse season. Wages will be discussed at the interview, but will be competitive for the position.

We are accepting applications until **Jan. 31, 2024**. Please send your resume and cover letter to: [sptitansscheduler@gmail.com](mailto:sptitansscheduler@gmail.com)



## Communication

As the season begins, please be reminded of the communication pathway that must be taken with questions or concerns:

- Member to Home Association (Titans)
- Home Association to LGB (GELC)
- LGB to ALA

Members must bring concerns to an executive of the Titans first. If it is a concern at the team level, please try first to resolve it at the team level through your manager and/or head coach.

## Equipment Donations

Do you have any used lacrosse sticks laying around that your player has outgrown or no longer uses? We are often asked by new players for equipment to borrow and we'd love to have the capacity to get more sticks in the hands of kids that want to give the sport that we all love a try!

If you have any used lacrosse sticks that you are able to donate, please drop them off with a Titans Board Member at any of the check-in tables at an upcoming drop-in session.

Thank you for your generosity and help in growing the game of lacrosse!



## Pre-Season Drop-Ins

These drop-in floor times are for players to come out and shake the dust off, and flex their throwing arm and just get back into the lacrosse groove!

If you plan to attend 'A' level tryouts, the High Intensity drop-ins are a great way to warm-up and prepare. The regular drop-ins are great preparation for parity evaluations as well!

There is a small fee of \$7 per drop-in or \$25 for a 5 pass punch card.

\*Full equipment is required for all drop-ins.

### Upcoming Drop-In Dates:

All drop-ins are at: Millennium Place, Soccer Turf, Sherwood Park

Wed, Jan. 24:

4:45 PM - 5:45 PM (U9, U11 co-ed)

7:45 PM - 8:45 PM (High Intensity U17)

Thurs, Jan. 25:

7:30 PM - 8:30 PM (U13, U15, U17 co-ed)

Wed, Jan. 31:

4:45 PM - 5:45 PM (U7, U9, U11 co-ed)

7:45 PM - 8:45 PM (High Intensity U13)

Check our website and follow us on social media for February drop-in dates, along with our **FREE Come Try Event** for **NEW** players on February 19, 2024! Which friend are you planning to bring out with you on Feb. 19th?

Are you able to help coach at a drop-in or Come Try Event? Be sure you sign-up by contacting our Drop-In Committee at [U7@sherwoodparktitans.ca](mailto:U7@sherwoodparktitans.ca)

## 'A' Team Tryout Info.

We will be hosting tryouts for those players interested in playing on an "A" level team in the men's U13, U15 and U17 divisions.

'A' team player registration deadline is **Feb. 4, 2024**, and tryouts are **scheduled** for **Feb. 17/18, Feb. 24/25** and **March 2/3**. Check your Division Homepage for updates on specific times for your player.

There will be an important 'A' teams parent and player information session held on **Thursday, January 25, 2024 at 7:00 pm** at **Council Chambers**, Strathcona County Hall, 2001 Sherwood Drive. If you have questions about tryouts or the season, please plan to attend. The Division Directors, Head Coaches and Evaluation Coordinator will be there to answer any questions.

Sherwood Park Titans Lacrosse Club wants participation in team sports to be fun for all and needs support from both parents and players to achieve this goal. We provide this lacrosse program so children can be given opportunities to fully achieve their lacrosse potential in an organized and competitive environment. One such initiative is to ensure the competitiveness of the "A" level teams. All players and parents participating in the "A" programs must adhere to our club's expectations. Should you and your child wish to participate at the "A" level, you will need to read and sign the 'A' Division Expectation Agreement.

Click here to read  
the  
'A' Division  
Expectation  
Agreement

## 'A' Tryout Schedule

We have revised the tryout schedule previously released. These revisions are in response to overwhelming feedback with regard to conflicting schedules for many of our players.

If you have tryout scheduling questions, please attend the 'A' Teams Parent/Player Information Meeting on Jan. 25th. Alternatively, you can reach out to your Division Director.

Please visit the 'A' Tryout Schedule on our website for details.

## Respect In Sport Parent

**\*Respect in Sport Parent must be held by one parent/guardian on a player's registration this season.**

The GELC has teamed up with Respect in Sport to support a positive "safe sport" culture and improve the sport experience for everyone involved.

Respect in Sport (RIS) Certification is a mandatory requirement of the GELC and its Member Clubs to register your child in lacrosse.

Course Fee: \$12.00

Please visit our website for details on how to complete your course or import your certification from another sport.

**\*\*Other RIS Courses (RIS Coach) can NOT be applied in place of Respect in Sport Parent\*\***

Click below for more information:  
Program Access Instructions

## Coaching Clinics

Are you planning to coach this season? Whether you will be a head coach or an assistant coach you need to ensure you have the appropriate certification to be allowed on the bench. Not sure what certification you need for your division? Check out the GELC Coaching Pathway!

The GELC has just opened registration for Community Development and Competition Introduction Coaching Clinics in March.

Please see the GELC Instructions for Coaching Clinics for help with registration.

If you have any questions about coaching, please reach out directly to our Coach Development Director.



## Shorts & Apparel at Sin Bin

Sin Bin in Sherwood Park will be selling all of the available Titans apparel this season. You can shop in store or online.



**SHOP NOW**

It is **mandatory** that all players wear Titans shorts for games, which can only be purchased DIRECTLY through Sin Bin.

## Important Dates

**Jan. 25 @ 7PM:** 'A' teams parent/player information session (Council Chambers)

**Feb. 4:** Registration deadline for 'A' level intent to play

**Feb. 17** 'A' team try-outs begin. Check your division homepage for specific dates and times for your age division and groups.

**Feb. 19:** FREE Come Try Event for any NEW players to give lacrosse a try! Sticks will be available to borrow, so let your friends know and come out to have some fun!

**Apr. 16:** Regular season games begin

**May 17-19:** Rock the North Women's Tournament (U11-W, U13-W, U15-W, U17-W)

**May 31-June 2:** Titans Classic Tournament (U15-A, U15-B, U17-B)

**June 15/16:** U7/U9 Wrap-Up Jamboree

**June 17-24:** City Playoffs (U11-U17)

**July 12-14:** Provincials for U13-U17 (Sylvan Lake/Red Deer)

*Happy  
New Year  
2024*

<http://sherwoodparktitans.ca/>

