



TITANS LACROSSE

Sherwood Park Titans Minor Box Lacrosse Newsletter

March 2023

Registration Reminder

Thank you to everyone that has already registered for the 2023 season! We are already wait-listing in some divisions, so remind your friends to register before March 25, 2023 to secure a spot on a team!

All registration information, along with fees for each division can be found on our [website](#).

If you have questions about registration, please do not hesitate to contact our amazing Registrar: registrar@sherwoodparktitans.ca

Volunteer Opportunities

We have two opportunities currently available and would love for you to come and join our amazing board of directors!

We need both a U7 Director and a Scheduler. Both of these positions will be heavily supported by other board members to help get you more involved in our association.

If you are interested or have questions about either of these roles, please reach out directly to our President: president@sherwoodparktitans.ca

Women's Division Update

U11 Women - We will be transferring a minimum of 9 players from other clubs in the GELC to form two Titans teams. These transfers will NOT be finalized until the GELC meeting on March 20th. We will hold a drop-in **March 18 @ 3:30 - 4:30 pm** (Millennium Place) or all U11 Titan players to work on skills - THIS WILL NOT BE YOUR U11 TEAM.

U13 Women - As we are only having one team at this division - we will hold a team practice **March 18 @ 4:30 - 5:30 pm** (Millennium Place)).

U15 Women - We are working on finding floor times that will work around ringette for this group. That said, we will be holding one drop-in **March 18 @ 5:30 - 6:30 pm** (Millennium Place) for all U15 Titan players to work on skills - THIS WILL NOT BE U15 TEAM.

U17 Women - From a league perspective, we are excited that there are expected to be four well rostered (18) players/team in the U17 league for GELC. We will not have 2 Titans teams at this level, so currently we are waiting on the other clubs to confirm player transfers and are working to build these teams to create good competition. We will be reaching out to the waitlisted players with information for the potential of these players to all be together in another club. We will have a practice time very soon.

Evaluations

We are hosting evaluations for all players in U11, U13B, U15B and women's divisions. The purpose of evaluations is to create teams of equal skill and strength. Please visit your Division Homepage to see group lists and details for your age division.

U11

Group 1 - Saturday, March 18
10:30-11:30 am

Group 2 - Saturday, March 18
11:30 am-12:30 pm

Parity Games - Sunday, March 19
10:30 am-12:30 pm

U13B

Group 1 - Saturday, March 18
12:30 -1:30 pm

Group 2 - Saturday, March 18
1:30-2:30 pm

Parity Games - Sunday, March 19
12:30-1:30 pm

U15B

Saturday, March 18
2:30-3:20pm

Parity Games - Sunday, March 19
1:30-2:30 pm

All men's team evaluations take place at Millennium Place on the soccer turf.

U11 Women

Tuesday, April 4 @ Shell Arena
6:00-7:30 pm

U15 Women

Tuesday, April 4 @ Shell Arena
6:00-7:30 pm

Goalie Clinic

Presented by the Junior B. Outlaws, the Sherwood Park Titans are excited to host another **FREE** Goalie Clinic for all Titans goalies!

Saturday, April 22, 2023
Ardrossan Rec Centre (East)

U9/U11/U13 Goalie Clinic
9:30 am - 11:00 am

U15/U17 Goalie Clinic
11:30 am - 1:00 pm

Goalies **MUST** be registered, spots are limited and filling up quickly! Register ASAP to secure your spot.

[> REGISTER NOW](#)

Coach Prep Camp

Along with the goalie camp, the Junior B. Outlaws are also hosting a **FREE** Coaching Prep Camp for all Titans coaches.

Saturday, April 22, 2023
Ardrossan Rec Centre (East)

U7/U9/U11 Coach Prep Camp
1:30 pm - 3:30 pm

U13/U15/U17 Coach Prep Camp
3:30 pm - 5:30 pm

Coaches must register ahead of time to attend.

[REGISTER NOW >](#)

Call for Coaches

We are still looking for head coaches and assistant coaches in most divisions still. If you are interested in coaching or learning more about the opportunity please reach out to your Division Director.

Bench Staff Checklist:

Bench staff refers to: head coaches, assistant coaches, managers and trainers.

- **Register** as staff through our **RAMP Registrations site**
- **Upload** a current **Vulnerable Sector Criminal Record Check** (valid up to 2 years) to your RAMP staff registration
- Coaches, you will also need your **NCCP** number to add to your staff registration
- Coaches, ensure you have appropriate coach level training for your division and role

Coaching Clinics/Qualifications:

The ALA has already started posting a variety of coaching clinics for the upcoming season. Please check out the "[Coaching Clinics](#)" tab on the [ALA website](#) for all the details and to register.

Edmonton Area Coaching Clinics:

April 15: Comm. Dev. Box *Women only

April 16: Comm. Dev. Box

May 3-4: Comm. Dev. Box

March 18-19: Comp. Intro. Box

April 23-24: Comp. Intro. Box

May 13-14: Comp. Intro. Box

If you have any questions about coaching, please reach out directly to our [Coach Development Director](#).

Season Information

U7: Scheduled one floor time per week on Wednesdays. This is a combination of a practice/game.

U9: Scheduled for Tuesdays & Thursdays. One practice and one game.

U11 to U17: No set days; 2-3 practices/games per week Monday through Friday.

Some other important dates to consider:

May 5-7: Rock the North Women's Only Tournament; co-hosted by the Titans and Beaumont Raiders. **Spots are being held for all Titans Women's teams.**

May 12-14: Mother's Day Mayhem Tournament; **Spots are being held for all Titans U11 Men's teams**

June 2-4: Titans Classic Tournament; **Spots are being held for all Titans U9 , U13 Men's, U15 Men's and U17 'B' Men's teams**

June 17 & 18 (tentative): GELC Wrap-Up Jamboree for U7 and U9 teams

July 14-16, 2023: Minor Box Provincials; held in Edmonton; any team in U13 to U17 that is the GELC league champion must participate.

Have more questions?! Please check out our [FAQs](#) or the [Season Info](#), which are both updated on our website.

Meet Our U11 Director

Welcome to Joel Brooks who recently took over the position as our U11 Director.

Joel first became involved with the Titans many years ago when he first met his wife, Dianna (Titans Merch. Director) and her brother played for the Titans. Later they began their family of their own and offered lacrosse as a sport for their kids and they haven't looked back!

Growing up Joel played baseball from a young age, T-Ball through to hardball. However, we've been told he's a motorsports enthusiast at heart - two wheels, four wheels and especially open wheels! Joel started kart racing at the age of 12 where some success took him racing across Canada as far away as Montreal at the Canadian Finals.

Joel says he is looking forward to the lacrosse season as there are so many great things our Lacrosse families bring every year; like meeting great people, building relationships and seeing the kids bond over wins and losses. He says he most enjoys seeing the amazing player development of these athletes throughout the year - it can be remarkable how quickly they learn and develop as players throughout the season on and off the field. Joel says, "lacrosse, like many other sports, helps these kids build skills they will use throughout their life and give some amazing memories along the way."

We are so grateful that Joel agreed to join our board on such short notice - thank you for your time and dedication to the Titans, Joel!

Shorts & Apparel

Don't forget that it is **mandatory** for all players to wear Titans shorts for games. Shorts are **ONLY** available for purchase through Sin Bin, Sherwood Park.

Sin Bin is carrying more of our Titans apparel this season, so check it out and support local!



Friday Featured Players

We are excited to showcase our talented Titans! Each Friday we would like to share a women's and men's lacrosse player. If you are interested in being featured, please visit our [website](http://sherwoodparktitans.ca/) for more details and the submission form.

<http://sherwoodparktitans.ca/>

