



TITANS LACROSSE

Sherwood Park Titans Minor Box Lacrosse Newsletter

November 2022

AGM

We held our AGM on November 2, 2022 in Chambers at Strathcona County Hall. Thank you to all that attended. You can read the [President's Report here](#).

In accordance with our Bylaws, the [Report of the Nomination Committee](#) was filed with the minutes, and indicated that all positions had been acclaimed and as such there was no need for an election.

We are pleased to introduce you to the Sherwood Park Titans Board for the 2023 Season:

President: Karen Wellner

Vice President: Rene Couturier

Treasurer: Pam Briton

Registrar: Kim Couturier

Secretary: Jen Harrison

Communications: Colleen Tachuk

U7 Director: Diahanna Hilscher

U9 Director: Jesse Draper

U11 Director: Ernie Hancock

U13 Director: Dean Briton

U15 Director: Ernie Hancock

U17 Director: Mike Thiessen

Female Director: Karen Wellner

Coach Director: Andrew McCormick

Scheduler: Sarah Hanson (interim)

Bingo Chairperson: Lisa Mitchell

Apparel Coordinator: Dianna Brooks

Tournament Coordinator: Kelly Walton

Equipment Coordinator: Nick Cappella

A warm welcome to both Jesse Draper and Dean Briton who are new to the board this season!

New Age Divisions 2023

The ALA announced the following change to divisions for box lacrosse beginning in 2023.

U7 - born 2017/2018
(previously 6U/Mini-Tyke)

U9 - born 2015/2016
(previously 8U/Tyke)

U11 - born 2013/2014
(previously 10U/Novice)

U13 - born 2011/2012
(previously 12U/Pee Wee)

U15 - born 2009/2010
(previously 14U/Bantam)

U17 - born 2007/2008
(previously 16U/Midget)

The U7 and U9 divisions will continue to be co-ed, and separate **female divisions** will still be offered for U11, U13, U15 and U17.

Registration will continue to be based on your child's year of birth.

IMPORTANT!

Scheduler Needed

We are looking for another volunteer to take over the Scheduler role for our club.

We are forever grateful to Sarah Hanson for taking over as interim scheduler part-way through last season! However, after many years and various roles with the Titans, it is time for Sarah to move on.

Sarah will work closely with the new Scheduler to ensure proper training and support throughout the transition.

If you are interested or would like more details about this opportunity, please reach out directly to our President, Karen: president@sherwoodparktitans.ca



Season Preparations

Your Sherwood Park Titans board is already working hard behind the scenes to prepare for the upcoming 2023 season!

We are planning to host pre-season drop-in sessions again along with some FREE "Come Try It" events early in the new year.

Be sure to check your email and social media updates for further details, dates and times!

If you know of any new players interested in playing or giving lacrosse a try, please be sure to share the information as it comes out!

Titans Spotlight

Congratulations to our Titans who played for 17U Team Alberta on the Mens and Womens teams at the Canada Summer Games. Both teams brought home bronze medals!



Blake Harrison, Reed Low, Jaxon Baker, Alek Zorniak



Amelia Hawkes, Ava Pinch, Leah Rycroft

Congratulations to all of our Titans on the field lacrosse 14U Razorbacks who won the divisional gold medal!



Congrats Graduates

We were thrilled to host a special graduation ceremony for all of our 16U graduating players on November 2, 2022.

Check out this [special slideshow](#) made to honour and celebrate all of these players.

16U Graduates for 2022:

Mirabelle Bloomfield
Bowen Carpenter
Renee Carpenter
Payton Cook
Justus Cutler
Kate Delainey
Nolan Eastwood
Vanessah Forster
Amelia Hawkes
Archer Hoeft
Brandon Hui
Ryker Jerebic
Ethan Jolivette
Simon Leung
Teagan McIntyre
Luke Mitchell
Cara O'Brien
Gavin Pennock
Ava Pinch
Joshua Polak
Dominic Potvin
Kage Prediger
Alexa Rodrigue
Molly Roth
Zoey Runcer
Kayla Sandmaier
Rachel Stewart
Amy Suddaby
Taylor Thompson
Alexander Voltner
Nolan Warawa
Avery Woodland
Alek Zorniak



**IT'S A FAMILY;
LACROSSE IS NOT
LIKE ANY OTHER
SPORT, IT'S MORE OF
A WAY OF LIFE.**

QUOTEHD.COM

Adam Gardner



<http://sherwoodparktitans.ca/>

The graduation slideshow along with more photos from graduation can be found on our [website](#).

