Equipment

**Goalies**

Interested in being a Goalie? SPRA offers the use of FREE Goal Tending Equipment.

**Players**

To ensure the proper protection of all players, the following is a list of equipment that is required to participate in the sport of Ringette.

* Hockey Skates
* Ringette Stick
* CSA Approved Helmet
* Ringette Mask/Cage
* Neck Guard-BNQ Certified
* Elbow Pads
* Gloves (Ringette or Hockey)
* Shin Pads
* Shoulder Pads/Chest Protector
* Girdle (Hip, Tailbone, Genital Protection)
* Ringette Pants
* Practice Jersey
* Equipment Bag
* Long Spouted Water Bottle

**LINKS**:

RAB – [Required Ringette Gear](https://ringettealberta.com/required-ringette-gear/)

Ringette Canada – [Equipment Standards](https://www.ringette.ca/our-sport/equipment-standards/)

