

# Spring Ringette – April 2026

**Registration will open February 12, 2026** at 6 pm with SPRA members receiving priority. If space permits, registration will be extended to our neighboring associations (stay tuned!). You will be able to [REGISTER HERE](#) on Feb.12 (go to “Available Participant Packages”).

**Registration will close on February 23, 2026.** After this time any remaining spots will open to the public.

Games start March 30, 2026 and end April 30, 2026. Games will be at Ardrossan, Millenium Place, Glen Allen Recreation Centre and Sherwood Park Arena.

Each group will get five (5) ice slots.

**NOTE: This is NOT a development camp.** Spring Ringette is where you can play a few extra games with the group of same-age athletes that you will be with in your next season. Spring Ringette is not tiered but the teams will be set up as equal as we are able.

## REGISTRATION FEES:

**U12 to U19 - \$100.00 / Goalie FREE**

Birth Year	Register For:	Age in 2026
2015-2016	U12	10-11
2013-2014	U14	12-13
2011-2012	U16	14-15
2008-2010	U19	16-18

Groups may be adjusted based on registration numbers and skill level.

Registrations will be accepted on a first come, first serve basis, so don't miss out!

## **SCHEDULES (*SUBJECT TO CHANGE*)**

### **U12**

THU	2-Apr-26	5:00 PM	6:00 PM	ARC-E
WED	8-Apr-26	7:15 PM	8:15 PM	GARC
WED	15-Apr-26	7:15 PM	8:15 PM	GARC
THU	23-Apr-26	7:15 PM	8:15 PM	GARC
THU	30-Apr-26	5:00 PM	6:00 PM	SPKA

### **U14**

MON	30-Mar-26	6:30 PM	7:30 PM	SPKA
MON	6-Apr-26	7:30 PM	8:30 PM	SPKA
MON	13-Apr-26	7:30 PM	8:30 PM	SPKA
TUE	21-Apr-26	7:15 PM	8:15 PM	MLNM-PA
WED	29-Apr-26	6:15 PM	7:15 PM	GARC

### **U16**

WED	1-Apr-26	7:15 PM	8:15 PM	SPKS
TUE	7-Apr-26	7:45 PM	8:45 PM	GARC
TUE	14-Apr-26	7:45 PM	8:45 PM	GARC
WED	22-Apr-26	7:15 PM	8:15 PM	ARC-W
THU	30-Apr-26	6:15 PM	7:15 PM	SPKA

### **U19**

MON	30-Mar-26	7:45 PM	8:45 PM	SPKA
MON	6-Apr-26	8:45 PM	9:45 PM	SPKA
WED	15-Apr-26	8:30 PM	9:30 PM	GARC
MON	20-Apr-26	7:30 PM	8:30 PM	MLNM-CH
WED	29-Apr-26	7:30 PM	8:30 PM	GARC

## **INFORMATION:**

A request will be sent to sign up for a volunteer slot. Parent Volunteers will be needed for each ice slot, this may include:

- Bench 1 – two (2) gate swingers
- Bench 2 – two (2) gate swingers
- Minor Officials: (1) Shot Clock (1) Time Clock

U12 - U19 Ice is game play ONLY, no practices.

Games stats will not be kept.

U12, U14, U16, U19 – Scrimmage will consist of a 2-minute warm up, two periods - 18 minute stop time and 1 minute between periods. If games run the risk of running longer than the allotted 1 hour time slot, the game may revert to run time in order to stay on schedule (Ref's call).

Shot Clocks will be used.

Registrants need to be aware that potential changes to times, dates and location may occur. Programs may be slightly altered or adjusted to ensure the program runs smoothly. This may involve combining groups.

## **RULES:**

All normal and regular Ringette rules apply.

### U12-U19

Scrimmage Game Start: Center free ring.

All penalties result in a penalty shot by the player infringed upon.  
Unsportsmanlike penalty = player OUT of the game.

Teams will switch sides at half.

No time outs.

Changes to occur on the fly.

Official abuse will not be tolerated. Players or teams disrespecting the game officials will be penalized and or ejected at the referees discretion.

At the discretion of the on ice game officials or program organizers, if a player is deemed to be a danger to themselves or others, or playing in a manner that is a detriment to the spirit of the game, physically, verbally or otherwise, that player may be asked to leave the ice surface for that game and/or face possible suspension from the program entirely with no refund.

## **REFUNDS:**

Refund requests must be received in writing by email to:  
[Registrar@SherwoodParkRingette.ca](mailto:Registrar@SherwoodParkRingette.ca)

Partial refunds will be issued as follows:

- Before March 25 – 100% **less \$25 Admin Fee**
- After March 25 – Pro-rated **less \$50 Admin Fee**

## **NOTE TO FAMILIES:**

As we embark on another post- season program of Spring Ringette, it's essential to remember the primary purpose of this spring program: **FUN**.

While we all want our children to excel and achieve their best, it's crucial to maintain perspective and prioritize enjoyment. Youth sports are about fostering physical activity, teamwork, and personal growth in a supportive environment.

Please set a positive example for our young athletes by exhibiting good sportsmanship, encouraging their efforts, and refraining from complaints or negative behavior.

**Questions & Concerns about the Spring Ringette program for U12-14 can be emailed to: [u12director@sherwoodparkringette.ca](mailto:u12director@sherwoodparkringette.ca)**

**Questions & Concerns about the Spring Ringette program for U16-19 can be emailed to: [u16director@sherwoodparkringette.ca](mailto:u16director@sherwoodparkringette.ca)**

Remember, we are all volunteers, and this is meant to be simple, post-season fun. Together, let's ensure we create a space where our athletes can thrive, learn, and, most importantly, have fun.

*Thank you!*

# Spring Ringette - Conduct

Welcome to the Spring Ringette! We're thrilled to have you join us for some ringette fun. To ensure that everyone enjoys the experience, please adhere to [SPRA Code of Conduct](#) as well as the following:

## 1. Respect and Sportsmanship:

- Treat everyone with respect, including players, coaches, officials, and fellow participants.
- Display good sportsmanship at all times, win or lose.
- Refrain from using offensive language or behavior.

## 2. Fair Play:

- Play by the rules and encourage fair competition.
- Accept decisions made by officials with grace.
- Avoid any form of cheating or unsportsmanlike conduct.

## 3. Inclusivity:

- Embrace diversity and be inclusive of all participants, regardless of age, gender, race, or skill level.
- Support and encourage your teammates and opponents.

## 4. Safety First:

- Prioritize the safety of yourself and others.
- Follow all safety guidelines and rules set by event organizers.
- Report any unsafe conditions or behaviors promptly.

## 5. Responsible Behavior:

- Respect the facilities and equipment provided.
- Refrain from any behavior that may cause harm or damage.
- Dispose of trash responsibly and keep the playing area & change room clean.

## 6. Team Spirit:

- Promote a positive team atmosphere.
- Support and encourage your teammates on and off the ice.

## 7. Communication:

- Communicate openly and respectfully with coaches, officials, and fellow participants.
- Address conflicts through proper channels, such as event organizers.

#### **8. Compliance:**

- Follow all SPRA policies, rules, and regulations, including SPRA Code of Conduct.
- Cooperate with organizers, coaches, and officials.

#### **9. Photography, Social Media & Privacy:**

- Respect the privacy and dignity of others.
- Strictly prohibit taking photos in the changeroom area at any time.  
#noselfiesinchangeroom

#### **10. Enjoyment:**

- Have fun and enjoy the spirit of the Spring Ringette!
- Appreciate the opportunity to participate and contribute positively to the overall experience.

Failure to adhere to the above and the SPRA code of conduct may result in disciplinary action, including but not limited to warnings, suspension, or expulsion from the event.

Thank you for your cooperation! Let's make this Spring Ringette a memorable and enjoyable experience for everyone involved.