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| --- | --- | --- | --- |
| **Emergency Numbers:** | 9-1-1 | | |
| **Co Coach (HC) 1st 2 coaches**  **Coaches & Call Persons (CP) Information:**  Identify & confirm duties prior to event-practice/game/training | **Your Coaches & phone numbers** | ***Call Persons (CP):***  **Your call people & phone numbers** | |
| **Facility:**  **Penhold Regional Multiplex**  **Nearest Major Intersection:**  **Penhold Exit Rd & HWY 2** | **Tel: 403-886**  **Address: 1 Waskasoo Ave**  **Penhold, AB** | ***EMT Entrance:***  **Use Main Doors**  **(Zamboni room is too small to enter for stretcher)** | |
| **Nearest Hospital:**  **Red Deer Regional Hospital**  **Nearest Major Intersection:**  **50th Ave (Gaetz) & 43 St.** | **Tel: 403-343-4422**  **Address: 3942 50A Ave**  **Red Deer AB**  **T4N 4E7** | **AED Location is ?** | |
| **Location: First Aid Kit (fully stocked by Person) is in small side pocket of ring bag on the bench** | | | |
| **Location: All participants’ (including staff) Medical Info: separate envelopes in CP & HC’s binders** | | | |
| **Location: Cell phones are in Charge/Call/Control Persons’ pockets and are fully charged** | | | |
| **Maps app for parents/coaches, in case, hurt player doesn’t need EMT, but needs doctor’s evaluation.** | | | |
| **Muster Point: Out Main Doors cross to sign in south end of the parking lot, at call of evacuation.** | | | |
| **On-site Charge Person(s)**  • Ensure all athletes are safe  • Protect yourself, take gloves (wear gloves if body fluids/blood)  • Athlete still down, check athlete, walk out safely/get help from skater  • Do not move injured person & secure area to reduce risk of further harm to that person  • Assess ABCs (check that the airway is clear, breathing is present, a pulse is present, and there is no major bleeding)  • Identify if ambulance is required, tell Call Person to call 911.  • Wait with & cover injured person until EMS arrives & injured person is transported  • Fill in an accident report form, send copy to Ringette AB for insurance purposes | | | **Options: Both coaches are First Aid Certified**  **Coaches/1st aid people always there** |
| **On-site Call Person(s)**  • Get athlete’s info from injured person’s envelope in Call Person/Coach’s binder  • Call 911 for emergency help when told by Charge Person  • Provide all necessary information to dispatch (e.g. facility location, rink surface, name & age of person, nature of injury, description of first aid provided, medical history of person)  • Go to *East Doors* & clear all traffic from entrance/access road before ambulance arrives  • Wait by driveway entrance to facility to direct EMT & ambulance when it arrives  • Call & inform emergency contact person listed on medical profile of incident & situation | | | **Options:**  **Your Call persons** |
| **On-site Control Person(s)**  • If Charge person is on ice for either team, all players on our team report to our bench.  • Ensure players safety.  • If serious injury occurs, get a coat or blanket to keep player warm, then settle players, could then use opportunity as time out to talk tactics (helps distract players).  • If ambulance is coming; talk to the officials; consider moving to dressing room. | | | **Options:**  **Your control persons** |
| **Weather re decisions to travel for Away Games/Tournaments**  **Confirm & reply re travel, not less than 30 minutes prior to take-off time** | | | **Your coach/all travellers on your Communications system** |
| **Parent: Find maps app on phone, check nearest hospital, get directions, go.** | | | **Coaches/Parents** |