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| **Emergency Numbers:** | 9-1-1  |
| **Co Coach (HC) 1st 2 coaches****Coaches & Call Persons (CP) Information:**Identify & confirm duties prior to event-practice/game/training  | **Your Coaches & phone numbers** | ***Call Persons (CP):*****Your call people & phone numbers** |
| **Facility:** **Penhold Regional Multiplex****Nearest Major Intersection:** **Penhold Exit Rd & HWY 2** | **Tel: 403-886****Address: 1 Waskasoo Ave** **Penhold, AB** | ***EMT Entrance:*****Use Main Doors****(Zamboni room is too small to enter for stretcher)** |
| **Nearest Hospital:****Red Deer Regional Hospital****Nearest Major Intersection:****50th Ave (Gaetz) & 43 St.**  | **Tel: 403-343-4422****Address: 3942 50A Ave** **Red Deer AB**  **T4N 4E7** | **AED Location is ?** |
| **Location: First Aid Kit (fully stocked by Person) is in small side pocket of ring bag on the bench** |
| **Location: All participants’ (including staff) Medical Info: separate envelopes in CP & HC’s binders** |
| **Location: Cell phones are in Charge/Call/Control Persons’ pockets and are fully charged** |
| **Maps app for parents/coaches, in case, hurt player doesn’t need EMT, but needs doctor’s evaluation.** |
| **Muster Point: Out Main Doors cross to sign in south end of the parking lot, at call of evacuation.** |
| **On-site Charge Person(s)**• Ensure all athletes are safe• Protect yourself, take gloves (wear gloves if body fluids/blood)• Athlete still down, check athlete, walk out safely/get help from skater• Do not move injured person & secure area to reduce risk of further harm to that person• Assess ABCs (check that the airway is clear, breathing is present, a pulse is present, and there is no major bleeding)• Identify if ambulance is required, tell Call Person to call 911.• Wait with & cover injured person until EMS arrives & injured person is transported• Fill in an accident report form, send copy to Ringette AB for insurance purposes | **Options: Both coaches are First Aid Certified****Coaches/1st aid people always there** |
| **On-site Call Person(s)**• Get athlete’s info from injured person’s envelope in Call Person/Coach’s binder• Call 911 for emergency help when told by Charge Person• Provide all necessary information to dispatch (e.g. facility location, rink surface, name & age of person, nature of injury, description of first aid provided, medical history of person)• Go to *East Doors* & clear all traffic from entrance/access road before ambulance arrives• Wait by driveway entrance to facility to direct EMT & ambulance when it arrives• Call & inform emergency contact person listed on medical profile of incident & situation | **Options:****Your Call persons** |
| **On-site Control Person(s)**• If Charge person is on ice for either team, all players on our team report to our bench.• Ensure players safety.• If serious injury occurs, get a coat or blanket to keep player warm, then settle players, could then use opportunity as time out to talk tactics (helps distract players).• If ambulance is coming; talk to the officials; consider moving to dressing room. | **Options:****Your control persons** |
| **Weather re decisions to travel for Away Games/Tournaments** **Confirm & reply re travel, not less than 30 minutes prior to take-off time** | **Your coach/all travellers on your Communications system** |
| **Parent: Find maps app on phone, check nearest hospital, get directions, go.** | **Coaches/Parents** |