Snakebite Advanced



Description

Snakebite Advanced:
1st shots: / close end:

• X1 (red) drives through the near dot, shoots on net and turns up ice to pick up a ring at center ice.
• X2 (blue) drives through the slot and times her shot after X1 shoots on net and turns up ice to pick up a ring at center ice.
• X3 (green) drives through the far dot and times her shot after X2 shoots on net and turns up ice to pick up a ring at center ice.
2nd shots: / far end:
• X1 (red) drives through the dot, delays low by skating around the bottom of the circle to initiate an outside attack. X1 is looking to deliver a flat pass in the quiet zone on the edge of the far side of the circle across the extended zone line to X2.
• X2 (blue) swings wide to time the reception of the pass from X1. X2 shoots and then recovers a ring to deliver a flat pass to X1 who has faded high and delayed her attack on net.
• X1 (red) will fade outside the zone and set up for a pass.
• X3 (green) drives through the slot and times her shot after X2 (blue) shoots on net
• X1 is the final shooter.

Tags: • Set the pattern first with the simple version and, added the advanced once all shooters understand, the timing, lanes and zones., • Advanced: When introducing the advanced, version, walk the shooters through the timing. Some, young athletes find it challenging to begin yet catch, on quickly.

