



Welcome to the 2025-26 Ringette Season!

My name is Ashley Byrne and I will be the U19 Division Director this season. This year marks the 50th anniversary of ringette in Sherwood Park and we are excited to get the season going and see our newly rebranded Park Ringette logo on the ice and around the rink!

All communication will go through u19director@sherwoodparkringette.ca.

Information will also be posted to the [U19 Homepage](#).

If your athlete is trying out for AA, you will be provided with AA Evaluation information from the AA Director. (aadirector@sherwoodparkringette.ca)

Evaluations

Park Ringette evaluation information can be found [here](#). A video demonstration for our new skills assessment will be uploaded to our webpage prior to evaluations. I will also follow up with an email and the link when it is available.

Evaluation dates are tentative and subject to change.

Evaluations will consist of three mandatory ice times.

Evaluation 1: Skills Assessment

Evaluation 2: Gameplay Assessment

Evaluation 3: Gameplay Assessment

If your athlete cannot attend an evaluation, please let me know as soon as possible. Advance notification of missing a portion of or the entirety of the evaluation process is required; no-show athletes will not be given a score and will be designated to a team accordingly.

Please complete this form to confirm your athletes' first and second position preference.

[Position Preference Form](#)

Declaration to play U19B

If your athlete is interested in declaring their intention to play at the B level, this must be received in writing to my email (u19director@sherwoodparkingette.ca) prior to the start of Evaluation Skate 3. Those wishing to declare B must still attend all evaluation skates.

Pre-Skates

Pre-skate sessions are free and although they are not mandatory, they are **highly** encouraged. They will NOT be just scrimmage as they have been in the past. There will be coaches on ice, and the session will concentrate on familiarizing the players with the drills that will be used in the new skills evaluation. Please sign up for only 1 session. Register for a skills prep pre-skate [here](#).

FRI	Sherwood Park Arena	29-Aug-25	6:30 PM	7:45 PM	PRE-SKATE - SKILLS - 1
TUE	Strathcona Olympiette Centre	02-Sep-25	8:15 PM	9:15 PM	PRE-SKATE - SKILLS - 2

Skills Evaluation

Players will be assigned to one of two groups for the skills assessment. These group assignments will be sent out after AA tryouts have completed on August 28.

SUN	Glen Allen Recreation Complex	07-Sep-25	4:45 PM	6:00 PM	EVAL SKATE 1 - SKILLS - group 1
SUN	Glen Allen Recreation Complex	07-Sep-25	6:15 PM	7:30 PM	EVAL SKATE 1 - SKILLS - group 2

Gameplay Evaluation

Groups will be re-evaluated and communicated after the skills assessment. ***Please note your group number could change between evaluation skates.***

Evaluation Skate 2

THU	Millennium Place - POWERADE	11-Sep-25	6:00 PM	7:15 PM	EVAL SKATE 2 - group 1
THU	Millennium Place - POWERADE	11-Sep-25	7:30 PM	8:45 PM	EVAL SKATE 2 - group 2

Evaluation Skate 3

SUN	Millennium Place - POWERADE	14-Sep-25	5:00 PM	6:15 PM	EVAL SKATE 3 - group 1
SUN	Millennium Place - POWERADE	14-Sep-25	6:30 PM	7:45 PM	EVAL SKATE 3 - group 2

Goalie Evaluations

Goalie Skill evaluations are required as part of the evaluation process. These evaluations will be hosted separately from skater evaluations. Further details will be provided for goalies prior to these sessions.

SUN	Millennium Place - CHEVROLET	17-Aug-25	1:00 PM	2:15 PM	GOALIE PRE-SKATE - SKILLS
SAT	Sherwood Park Arena	23-Aug-25	7:30 PM	8:45 PM	EVAL GOALIE SKILLS

Gameplay evaluation for goalies will take place during Evaluation skates 2 & 3. Goalies will be notified prior to these ice times when they will be evaluated.

Volunteers

Parent volunteers will be required during evaluation skates 2 & 3 to run benches, penalty doors, timeclock, shot clock and sign-in desk. I will send out sign up links as we approach these ice times. Please sign up to help where and when you can. Parents cannot volunteer to be on the same bench as their athlete, and should refrain from communicating with any athlete during the evaluation process while on the bench.

Team Formation and Coaching

The levels at which our teams compete will be determined by the Ringette Alberta Tiering Policy.

Coaching staff for each team (other than AA) will be selected once teams are created and will consider, among other things, the Ringette Alberta requirement of at least one certified female coach on each team.

At the completion of evaluations, teams will be selected and communicated via email. As per Sherwood Park Ringette Association Guidelines and Procedures Manual 11.1, player evaluation and placement is not subject to the right to appeal.

Equipment Reminders

Park Ringette has always included shoulder pads as mandatory equipment at the U19 level. Ringette Canada has also now implemented that all athletes in U19 and younger divisions must wear protective shoulder pads during games and practices.

Here's what you need to know:

- Shoulder pads must be specifically designed for ringette or hockey

- They must fully protect the collarbone, sternum, shoulder blades, and shoulders
- Proper fit and adequate padding are required for safety
- Padded t-shirts are NOT acceptable, they don't offer enough coverage or cushioning

Additionally, Lacrosse gloves are NOT acceptable to use for ringette.

Please reach out if you have any questions, I look forward to seeing you all at the rink soon!

Ashley Byrne

Park Ringette – U19 Director

u19director@sherwoodparkringette.ca