



Welcome U14 Athletes and families!

My name is Ashley Byrne and I will be the U14 Director for the upcoming 24/25 season.

All communication to and from me will go through [U14 Director Email](#). You can also look for updates on the SPRA website, [U14 Homepage](#) .

Knock the Rust Off Skates

August 18 9:45am – 11:00am MP – Powerade

Knock the Rust off Skates are optional and will provide an opportunity for players to get back on their skates and prepare for upcoming UAA's and game play evaluations. Registration is still open for our last skate via your RAMP account. \$20/skate

Evaluation Dates

Evaluation dates are tentative and subject to change. You will receive an email with your athletes' time slot closer to the evaluation date.

You will be assigned a time slot for a UAA Pre-Skate. These are not mandatory or included in evaluations but are highly encouraged. Please let me know if you are not going to be attending your assigned Pre-Skate so I can ensure there are balanced numbers in both groups.

UAA Pre-skate:	Skate 1: August 31	5:00pm – 6:00pm	GARC
	Skate 2: August 31	6:15pm - 7:15pm	GARC
UAA's:	September 1	5:30pm – 7:15pm	GARC
Evaluation Skate 1:	September 7	5:15pm – 8:00 pm	GARC
Evaluation Skate 2:	September 9	5:30pm – 8:15pm	MP – CHEV
Goalie Evaluation:	September 7	9:00am – 11:15am	MP - Powerade

Evaluations will consist of UAA Timed Evaluations completed by Competitive Thread as well as two game play evaluations. Groups will be organized and sent out prior to UAA's. Groups will be shifted and reevaluated after the UAA and again after the first game play evaluation, please keep an eye on your emails during this time to ensure your player is attending the correct skate time.

Goalies will participate in an individual skill evaluation and will also be assigned to a gameplay evaluation.

*****If your athlete is not able to attend any of the skates, please contact me. If your child doesn't show up without us knowing, it will reflect negatively in their evaluation.***

During evaluations, communication will be provided as quickly as possible, but this will likely be late at night and at short notice for the next skate. Please be diligent in checking emails.

Once the evaluation process has completed, the team selection committee will meet. Teams will be announced via email and practices will be set to start ASAP.

Volunteers

Parent volunteers will be required during the evaluation skates to run benches, penalty doors, timeclock, shot clock and sign-in desk. I will send out sign up links as we approach the ice times. Please sign up to help where and when you can. ***Parents cannot volunteer to be on the same bench as their athlete.***

Communication

In addition to the emails you receive from your Division Directors, SPRA sends out important information throughout the season. We have had parents reach out who are not receiving these emails. This is either due to emails being in their junk folders (please check regularly) or because they unsubscribed from RAMP emails through another sport. As RAMP is connected across all sports, you need to contact RAMP directly to have your email reinstated.

Please visit the resources provided by the association for further information regarding evaluation policies and how to navigate the evaluation process.

[SPRA Evaluations](#)

Ashley Byrne

U14 Director

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