

## **SafeSPORT Resources**

Abuse Free Sport Website: <https://abuse-free-sport.ca/>

Abuse Free Sport Helpline: <https://abuse-free-sport.ca/helpline>

Abuse Free Sport Mental Health Resources:

<https://sportintegritycommissioner.ca/mental-health>

Abuse Free Sport Legal Aid: <https://sportintegritycommissioner.ca/legal-aid>

Mental Health Resources: <https://www.mygameplan.ca/resources/health;>

<https://www.ccmhs-ccsms.ca/>