

Covid-19 Indoor Field Re-Entry Guidance - STEP 1 (Feb, 2021)

Welcome back again: We look forward to welcoming you, your organization, and its members back to Millennium Place Indoor Fieldhouse within the new guidelines and facility procedures. Your collaboration and communication are very important and our shared responsibility will help keep facilities open. The health and safety of everyone is our priority.

Government of Alberta Covid-19 Stronger Public Health Measures - STEP 1

- **Pre-screening measures:** Stay home if you are sick or displaying any symptoms of Covid-19. Follow the pre-screen procedures outlined by Alberta Health Services and posted at the facility.
- **Contact Tracing:** Sport and recreation organizations are responsible for keeping track of their participants for the purpose of contact tracing in the event of an outbreak. Refer to Government of Alberta guidelines for Covid-19 Stronger Public Health Measures.
- **3 Meters Physical Distancing:** Maintain 3-meter physical distancing between people when actively engaged in activity.
- **Mandatory mask requirement:** As part of [Government of Alberta's provincial order](#), effective December 8, masks are mandatory, for people 2yrs or older, in all indoor public places, unless you qualify for an exception, ([CMOH order 02-2021](#)).
- **Group Physical Activity:** Maximum of 2 groups of 10 individuals on the field at the same time; including: participants, officials, coaches, and trainers. The two groupings must be clearly separated (3 meter distance), maintaining physical distancing, with no cross over of participants permitted.
 - Players may not be scheduled for multiple group sessions in a single calendar day.
 - Coaches must remain with the group for the entire session; coaches may not move between sessions.

Recreation, Parks & Culture will:

Apply: A Zero Tolerance approach to organizations not following AHS SPAR or Strathcona County Arena Re-Entry Guidelines.

Communicate: Covid-19 re-entry protocols with facility guests including players, parents, coaches and staff through on-site media (facility signage, posters, conversations) and on-line media.

Initiate: Covid-19 Protocol Response, when Strathcona County Covid-19 Guidelines are not followed and adhered to.

Pre-screen: RPC staff team members will be pre-screened daily using a Health Assessment Pre-screening Tool.

Use Facility Ambassadors: To greet and help guests navigate the new guidelines required for the facility – modified entry/exit and field schedule/usage.

Educate: Facility users about new facility procedures implemented to avoid the spread of Covid-19.

Collaborate: With facility user groups and individuals on ways everyone can help reduce the spread of Covid-19.

Clean and Disinfect: Additional cleaning and disinfecting measures will be used to ensure a safe and healthy environment for everyone. Staff will be disinfecting field and common touch points between users.

Reduce Risk: Provide hand sanitizer at facility entrances and in various locations throughout the facility and increased frequency of cleaning and disinfecting.

Reduce Crossover: Facilities will promote 2 meter physical distancing (outside of the sport area) and, where possible, implement one-way traffic flow and modify entry and exits points to reduce contact between groups.

Review: In collaboration with all stakeholders, evaluate current guidelines and update as needed based on AHS and Government of Alberta direction and guidance.

Create a Field Re-Entry Plan: Prior to field bookings, every field user group will provide in writing a Return-to-Play Plan according to Step 1 to Strathcona County for review.

Communicate and Educate: Participants, parents, and coaches on AHS Covid-19 Guidelines as well as Strathcona County's requirements, procedures, spectator capacities and facility postings and signage. Activity organizers must communicate appropriate hygiene measures for the activity in advance to all participants.

Identify Covid Coordinators: For the purposes of managing Covid-19 related matters for their organization, groups can identify two individuals for each team or group, who will be the primary point of contact for Strathcona County.

Pre-screen: Prior to their arrival at the facility, coaches and participants must complete the Covid19 pre-screen process pursuant to AHS requirements.

Spectators: Are not permitted at this time.

Masks: All participants and coaches must wear masks while inside the facility. Players may remove masks during active training but are expected to wear masks until they enter the field of play as well as when entering and exiting the facility. Coaches and trainers must remain masked at all times.

Schedule 3 meter distanced: training session(s) to ensure the physical divider (curtain) is maintained between groups. A maximum of 2 training groups can be scheduled at the same time by using the divider curtain between group sessions to physically separate each group. Training groups should include a maximum of 10 total individuals, including all coaches, trainers, and participants.

Arrive ready to train or play: no more than 5-10 minutes before session, dressed and ready to participate. Please enter and exit through the East Entrance. Bring a pre-filled, labelled water bottle. Wash or sanitize hands on arrival.

Provide Certified Coaches: according to Minor Sport Associations coaching guidelines.

Participate in approved Training Activities: No games, scrimmages, or contact play is permitted. Only skills and/or conditioning that allow for 3 meters distance to be maintained at all times are permitted. No spitting, clearing of nasal passages, handshakes, high fives, fist bumps, chest bumps, etc.

Limit Contact: A maximum of 2 groups of 10 individuals (inclusive of players, coaches and trainers) may be on the field (surface and players' benches) at the same time, provided 3 metre distancing is maintained at all times. Coaches or trainers may enter physical distancing space for brief interactions with participants.

Dressing Rooms: and showers will not be available.

Exit: Coaches and participants will leave the field and benches immediately after their scheduled time and proceed directly to the exit. All belongings must be removed to allow for disinfecting between groups. Please exit through the following options; 1) East Entrance, 2) MacMillan Field (Field 1) Southwest exit doors, 3) Maxwell Field (Field 2) Southeast exit doors. Wash or sanitize hands on the way out of the facility.

Minimize Contact with High Touch Surfaces: Everyone should minimize contacting high-touch point surfaces such as door handles and going in and out of dressing rooms. Indoor warm-up space and indoor track usage is not available. Common area chairs and tables will not be available to reduce gathering areas and to promote physical distancing.

Sport Associations has developed sport specific guidelines to provide direction on how their sports' activities can be modified to comply with AHS and Government of Alberta directives regarding physical distancing and avoiding the sharing of common equipment. Groups are expected to follow their sport governing body's guidelines with respect to these modifications. It is also the group's responsibility, to ensure sanctioned activities are permitted through their sport governing body.