

SPDSA Phoenix - "Multi-Sport Training Program" – Indoor 2019/20 Program Outline

For Who?

Players eligible by birth year for the U9-U17 Phoenix programs, space is limited.

Philosophy – “Encouraging the Multi -Sport Athlete”

The SPDSA supports the research showing that playing multiple sports promotes positives benefits in the overall development of elite athletes.

Players enrolled in multiple competitive club sports may have difficulty in fully committing, ultimately leading to the player not being able to participate in soccer during the indoor season. This program allows multi-sport athletes an avenue to further develop their soccer skills throughout the indoor season.

Application to the Program

Players interested in the “Multi-Sport Training” program will be required to register for the indoor season and attend Phoenix tryouts.

Players will be required to complete a program application, detailing the reasoning for requesting entrance into the “Multi-Sport Training” program. Entry into the program will be at the sole discretion of the SPDSA.

Program Structure

If the Technical department assesses that the player is at the level of the Phoenix program, the player will then be offered a spot on a Phoenix squad as a Multi-Sport Training player. Throughout the indoor season the player will be permitted to attend all training sessions with the team, however, the player will not be permitted to participate in any games. Players selected for the Multi-Sport Training program shall not count towards the minimum number of players required to form a team. There is a maximum of 20 players on a team including fully registered and Multi-Sport Training players. Only teams that participate in the EIYSA / EMSA league are eligible to have Multi-Sport Training players participate. Should a player wish to transfer from the Multi-Sport Training Program into the full Phoenix program at any time during the season, they shall be required to have approval from the Technical department and pay the difference between the full Phoenix fee and the Multi-Sport Training Fee.

The Season

The “Multi-Sport Training” program will begin following Indoor Phoenix tryouts until the conclusion of the ASA Indoor Provincial competition.

Registration and Fees

\$400.00 per player U9 – U12

\$475.00 per player U13 - U17