

RETURN TO PLAY – PARENT/GUARDIAN CHECKLIST



Use this checklist to help you prepare for the pitch safely. You are not required to bring this to each session, it is for contact tracing for you to keep track of, in case information is needed by AHS, should an outbreak occur.

BEFORE YOU LEAVE HOME

- ☐ **DO NOT leave home if you are feeling unwell or showing signs of COVID-19 Symptoms (Fever, Cough, Shortness of Breath, Sore Throat or Runny Nose).**
- ☐ Thoroughly wash your hands with soap and warm water.
- ☐ Thoroughly wash water bottles with soap and warm water. Have water bottle filled before arriving. (There are no water stations at the field)

ARRIVAL AT FIELD/FACILITY

- ☐ Park in the public parking area.
- ☐ Sanitize hands prior to entering the facility / upon entering facility.
- ☐ Escort player to the facility entrance / drop off location inside the facility.
- ☐ If child is in the Age Group of U4 to U7, parent/guardian must remain at the facility.
- ☐ If child is in the Age Group of U9 to U19, parent/guardian **may or may not** be able to remain at the fields for sessions, unless space is available to accommodate spectators.
- ☐ Parents/guardians can **NOT** be in the dressing rooms or hallway leading to the dressing rooms.
- ☐ Limit number of spectators to one per participant in U4 to U7 and one per participant at U9 to U19, if spectator space is available. Spectators may be limited in other Edmonton facilities, such as the Edmonton Dome, Foote Field, TTC or Victoria. Please familiarize yourself with the specific guidelines for each facility.
- ☐ Respect social distancing guidelines and remain 6 feet apart.
- ☐ Have personal hand sanitizer to use during sessions.
- ☐ Masks are required in all indoor facilities.

AFTER ACTIVITY IS COMPLETE

- ☐ NO LOITERING.
- ☐ Respect social distancing guidelines.
- ☐ Pick player up at the facility.
- ☐ Leave facility parking lot.