

# RETURN TO PLAY – SPECTATOR CHECKLIST



Use this checklist to help your player prepare for the pitch safely.

## BEFORE YOU LEAVE HOME

- DO NOT leave home if you are feeling unwell or showing signs of COVID-19 Symptoms (Fever, Cough, Shortness of Breath, Sore Throat or Runny Nose).**
- Check field status via the SPDSA website and check for SPDSA email communications.
- Thoroughly wash your hands with soap and warm water.
- Thoroughly wash water bottles with soap and warm water. Have water bottle filled before arriving. (There are no water stations at the field)
- Use the washroom (there will be no washrooms at the fields).

## ARRIVAL AT FIELD/FACILITY

- Park in the public parking area.
- Enter through established entrances and line up in designated area.
- Sanitize hands prior to entering the field area
- Check in for screening with an SPDSA staff member
- Limit number of spectators to one per participant
- Must maintain 6 feet from any sideline
- Refrain from any cheering or yelling
- Respect social distancing guidelines and remain 6 feet apart.
- Have personal hand sanitizer to use during sessions.
- Recommend wearing PPE (masks, gloves).
- NO SUNFLOWER SEEDS

## AFTER ACTIVITY IS COMPLETE

- NO LOITERING.
- Respect social distancing guidelines.
- Consider wearing a face mask.
- Sanitize hands upon exit.
- Leave facility parking lot.