

RETURN TO PLAY – STAFF/VOLUNTEER CHECKLIST



Use this checklist to help prepare for the pitch safely.

BEFORE YOU LEAVE HOME

- DO NOT leave home if you are feeling unwell or showing signs of COVID-19 Symptoms (Fever, Cough, Shortness of Breath, Sore Throat or Runny Nose).**
- Check field status via the SPDSA website and check for SPDSA email communications.
- Eat before your come – no food or drink on premises (other than water bottle).
- Thoroughly wash your hands with soap and warm water.
- Thoroughly wash water bottles with soap and warm water. Have water bottle filled before arriving. (There are no water stations at the field)
- Have thoroughly washed equipment/apparel on and ready to go for on field.
- Use the washroom (there will be no washrooms at the fields).

ARRIVAL AT FIELD/FACILITY

- Set- up established entrances.
- Set-up traffic flow signs to your location (demonstration video available).
- Set-up social distancing `pods` for participants
- Respect social distancing.
- Wash at provided handwashing / hand sanitizing stations.
- Complete the register active symptom screening with an SPDSA admin staff.
- DO NOT** share water bottles.
- Sanitize all shared equipment that is touched, between sessions.
- Consider wearing PPE (masks, gloves).
- Have PPE available and ready to wear, when physical distancing cannot be maintained.
- Consider bringing personal hand sanitizer.

AFTER ACTIVITY IS COMPLETE

- Sanitize all shared equipment (balls, cones etc).
- Take down established exits.
- Take down traffic flow signs out of your location (demonstration video and field layout available).
- Wash at provided handwashing stations.
- Respect social distancing guidelines.
- Thoroughly wash water bottles with soap and warm water.
- Thoroughly wash equipment each day.

