



U11 Indoor 2021/2022 Program Outline

FOR WHO?

U11 – Players born January 1st, 2011 – December 31st, 2012

Players born in 2011 & 2012 must play in this age group unless exceptional circumstances are determined by the Technical Staff.

PHILOSOPHY

“The Beginning of Us”

This is the “golden age of learning” when children become less self-centered and are more able to reflect on their actions and learn from their mistakes. This provides an optimal window for further development of individual skills.

The focus at this stage is on learning by doing, enhancing ball mastery, and learning the basic techniques and principles of play in a fun and challenging environment.

Competition is a central element in a player’s development; however, a competitive environment should not be a result-oriented environment. The differences must be made clear. A competitive environment at the youth level encourages decisions from player and coach alike that focus on performance rather than outcome (favoring ball skill and inventiveness as the means to find success within the rules and spirit of the game). The result is just one indicator of performance and at this age, not the most important one.

COACHING

Volunteer coaches are appointed for the season and are supported on a regular basis by the SPDSA Technical Department. Head coaches will receive a \$100 credit towards their child’s registration, upon submission of required team information, a valid Criminal Record Check and equipment returned to the SPDSA by the specified deadlines. Only one head coach per team is eligible for the credit.

All head coaches and assistant coaches are required to complete the MANDATORY online Respect in Sports (RIS) training. If you have one from another sport and it was completed within the last 5 years, there is no need to redo the training. Please contact our office for the link to complete the RIS training, and once complete, please email a PDF copy of your RIS Certificate to our office at office@spdsa.net. There is NO CHARGE for our members and fees are covered by the SPDSA.



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TEAM OFFICIAL CARDS

Only registered team officials and players are allowed on the field, benching area, change rooms or in the hallways. Parents not volunteering, will be able to enjoy the games from the stands only. All team officials from U11 to U19 are required to have an SPDSA ID Card. Cards are valid for a minimum of 3 years and are the responsibility of the card holder. A \$20 fee will be charged for replacement of lost cards. Coaches/Managers without a card will not be allowed on the field or benching area during games. Please ensure you contact the SPDSA office, Monday - Friday, 9:00am - 5:00pm about ID Cards. There is no grace period for ID cards.

PLAYER CARDS

All Players from U11 to U19 are required to have an SPDSA ID Card. Starting Indoor 2021/2022, player cards will be electronic, so all members will need to ensure that a current photo is uploaded to the player's registration profile. Photo must only be a head and shoulders shot with no hats or sunglasses.

PROGRAM STRUCTURE

Practices will be provided based on the availability of facilities.

Each practice should address individual ball mastery as well as individual and small group decisions, when attacking and defending. Age and stage appropriate session plans will be provided electronically throughout the season to all coaches. Assistance at some practices and games during the season is available through the SPDSA technical department upon request of the coach.

1 game per week at Millennium Place. 6v6 (5v5 plus goalkeepers)

Game management

1. No scores or standings to be kept. Don't focus on results.
2. Equal playing time for all players.
3. All players will have the opportunity to play a variety of positions. Let the players experience different positions and the different challenges that these positions create.
4. Warm Up - all players with a ball, moving, ball mastery.
5. Manage the amount of coaching during the game. "Let them play". Encourage creativity. Don't punish mistakes. Don't referee. Encourage both teams play.
6. Promote soccer that is free flowing, is coach-guided but not coach directed, and demands that all players on the field, regardless of their specified position, participate in defending and attacking.



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PROGRAM STRUCTURE CONTD

The SPDSA is committed to providing a fair and equally balanced recreational league for all participants. Each year we get an increasing number of requests for player placements due to various reasons. This has put an enormous number of tasks on our volunteers and staff. Some of these requests put an imbalance in teams and some lopsided scores in games, which does not help anyone. The Community League is for development, fun and of course competition, but to have fun and have games we need teams, and if players experience unpleasant conditions, they do not want to come back.

To achieve balanced teams, we have implemented the following team formation guidelines.

FRIEND REQUESTS

- We do not allow full or partial teams to register.
- One reciprocal friend request per player may be submitted upon registration.
 - While we do our best to accommodate player requests, they are not guaranteed. The top priority at the start of the season is to create balanced teams for each age group. Requests that prevent this from being achieved will not be accommodated.
 - If more than one friend is requested, only the first name listed will be considered.
 - Players cannot request coaches. No exceptions.
- Volunteer coaches will have their own child on their team.
- We cannot switch children to a different team once they are formed due to the many moving parts and a large number of special requests received.
- Two coaches wishing to coach together will be permitted. However no friend requests will be honoured, and the co-coach request will be considered the player request.
- Friend Requests submitted after the Regular Registration deadline will not be honoured.

COMMITMENT LEVEL

The community program does not entail the same level of commitment as our Phoenix program; however, players that sign-up are expected to participate in most games and practices. Team rosters are sized to maximize playing time; as a result, non-attendance will have an impact on the whole team.



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THE SEASON

Season length 15 weeks, starting October 16 and ending February 12 (no sessions December 20 to January 2. January 22)
Some games may take place in Ft. Saskatchewan.

Days of Play

The games will be Saturday. The alternate game day will be Sunday.
Practices during the week (Monday - Friday) based on facility availability. We do not accommodate practice day requests. Practice days are based upon coach availability and facilities.

REGISTRATION AND FEES

NEW for 2021/22 Indoor Season - Payment Plan Available

Early Bird Rate - \$365.00 - Paid in full at time of Registration

Early Bird Rate (Payment Plan) - \$375.00

\$187.50 - Due at time of Registration

\$187.50 - Due on September 15th.

Regular Rate (Starting September 2nd) - \$390.00 - Paid in full at time of Registration

Late Registration Rate (Starting September 20th) - \$415.00 - Paid in full at time of Registration.

Fee includes uniform (jersey, shorts, socks). Players are required to have their own shin pads and indoor shoes.

*Please note that registrations received after September 20, may have players put on a waitlist, dependent on the program's availability.

Register [ONLINE](#)