



# Program Outline

## U17 Phoenix Outdoor 2021

### FOR WHO?

U16 MALE AND FEMALE PLAYERS BORN 2005  
U17 MALE AND FEMALE PLAYERS BORN 2004

### ABOUT

An age and stage-related program that places players into our Performance Player Pathway, with a continued focus on the development of our players and coaches. With a player-centred approach, we can further develop technical ability, game understanding, and applying the tactical elements of the game. We provide a Long-Term Player Development (LTPD) inspired program that will include a holistic curriculum overseen and delivered by our qualified technical leads.

Phoenix training is led by our technical leads, technical staff, and licensed coaches all of whom help to advance the level of the players and help drive forward the standards of both the club and the game. By providing a safe environment, players will have the opportunity to develop program-specific core principles that fit within the Phoenix identity both on and off the field.

### PROGRAM ENTRY

It is fundamental & vital that parents and athletes recognize the high level of commitment required to be a Phoenix player. There is a selection and placement process that includes an independent group of assessors working alongside the coaching staff to ensure the process is athlete-centred. Additionally, in-season assessments as well as in-season coach's reports will be key criteria in the placement process.

The Technical Department will be involved in all selections & placements to ensure the best interest of the player and the SPDSA. Our goal is that every athlete is placed in the most appropriate environment based on a holistic four corner approach – Technical, Tactical, Physical, and Psycho-Social aspects.





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### THE SEASON

Throughout the season players and coaches commit to training and playing four-five times a week. Two technical sessions are led by the SPDSA technical staff, and one to two team practices involving our volunteer coaches. The Technical Leads will also be involved with 2/3 of the seasons league games with continued support from our volunteer coaches. Playing days will be determined as per EIYSA or EMSA.

Tier III- players need to be prepared for 3-5 nights a week of soccer. Team practices are lead by volunteer coaches.

A Strength & Conditioning component will be part of our U17 Tier I and Tier II age groups. This will address both movement quality and strength/power deficits through which faulty movement patterns are corrected that cause injury and maximize performance gains. Training sessions are based on the needs of the soccer players but also that of a well-rounded, properly balanced, efficiently moving athlete. Sessions will be run by the Bridge for the U17 T1/TII. Tier III teams that wish to have a Strength & Conditioning component, are welcome to book directly with The Bridge as well as those Tier I and Tier II teams who wish to add more sessions than their team allotment.

### GAMES & TOURNAMENT PLAY

Teams will be placed in appropriate league play for competition and development needs. The SPDSA philosophy is to continue to give the players the best opportunity for development while not over-emphasizing results.

Days of Play - To be determined by competition organization

U17 Game Format - 11 v 11 (10 v 10 plus goalkeepers) with offside in effect.

### COACHING

U17 Tier I/II- Qualified Technical Leads are appointed to deliver, manage, and lead the program assisted and supported by volunteer development coaches

U17 Tier III Program – Volunteer coaches will be appointed to our Tier III teams and will be supported by our Technical Staff upon request at an additional cost to the team.

The best qualities of a coach for this stage of player are:

- Enthusiastic and encouraging
- Demands standards
- Knows the subject and the players
- Technical and tactical knowledge of the game, and ability to communicate this to the players in a clear and simple manner
- Appreciation for creativity and independent thinking players

\*Coaching scenario subject to adjustment\*





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### REGISTRATION AND FEES

**Note: \*FEES DO NOT INCLUDE LEAGUE FEES. There will be an additional fee charged to each team for the league fees, which are determined by each league. These fees can be paid via team fundraising.**

The SPDSA has extended payment dates for our Phoenix programs. When you register for the package that includes the \$20.00 tryout fee, the payments will be as follows:

**U17 TI/TII Fee \$560.00 (includes Tryout Fee)**

Due upon Registration \$ 290.00

1st Payment \$135.00 Due April 30th, 2021

2nd Payment \$135.00 Due May 14th, 2021

**U17 TIII Fee \$390.00 (includes Tryout Fee)**

Due upon Registration \$ 195.00

1st Payment \$125.00 Due May 14th, 2021

When you register for the package for the Tryout ONLY, the payments will be as follows:

**U17TI/TII 20.00 Tryout Only \$580.00**

Due upon Registration \$ 20.00

1st Payment \$186.66 Due April 30th, 2021

2nd Payment \$186.66 Due May 7th, 2021

3rd Payment \$186.68 Due May 14th, 2021

**U17TIII Tryout Only \$410.00**

Due upon Registration \$ 20.00

1st Payment \$195.00 Due April 30th, 2021

2nd Payment \$195.00 Due May 14th, 2021

Jerseys are provided with a deposit. Players are required to provide their own shin pads and soccer shoes. Each player will be required to have a pair of Phoenix shorts and two pairs of socks, that can be purchased at Sluggo's Free Kick

PLEASE NOTE ONLINE REGISTRATION ONLY - YOU MUST REGISTER ONLINE PRIOR TO ASSESSMENTS.

WALK-UP REGISTRATIONS ARE NOT ACCEPTED.

**The deadline to register is March 25th, 2021**