



Program Outline

U19 Boys and Girls Outdoor 2021

FOR WHO?

- Players Born January 1, 2002 and Dec 31, 2003 (Gender Specific play)

PHILOSOPHY

"Play for Life"-

At this stage, players should participate in stimulating practices and games that develop basic technical skills in a challenging atmosphere. The effect of the coach is critical at this stage. Skill demonstration is very important, and the players learn best by doing. The players should have a good level of physical literacy. The community sessions will be focused on a challenging training session and their two 11 v 11 games.

COACHING

Volunteer coaches are appointed for the season and are supported on a regular basis by the SPDSA Technical Department. Head coaches will receive a \$100 credit towards their child's registration upon submitting required team information and a valid Criminal Record Check to the SPDSA by the specified deadline. Credits will be issued when equipment is returned at the end of the season. Only one head coach per team is eligible for the credit.

All head coaches and assistant coaches are required to complete the MANDATORY online Respect in Sports training. If you have one from another sport and was completed within the last 5 years, there is no need to redo the training. Please contact our office for the link to complete the RIS training and once complete, please email a PDF copy of your RIS Certificate to our office at office@spdsa.net There is NO CHARGE for our members and fees are covered by the SPDSA.

The best qualities of a coach for this stage of player are
Enthusiastic and encouraging
Demonstrates whilst facilitating practice
Stimulates ideas



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OFFICIALS CARDS

Only registered team officials and players are allowed on the field, benching area. Parents not volunteering, will be able to enjoy the games from the stands only. All team officials from U9 to U19 are required to have an SPDSA ID Card. Cards are valid for a maximum of 3 years and are the responsibility of the cardholder. A \$20 fee will be charged for the replacement of lost cards. Coaches/Managers without a card will not be allowed on the field or benching area during games. Please ensure you contact the SPDSA office, Monday - Friday, 9:00 am - 5:00 pm about ID Cards. For teams playing in EMSA, either an EMSA card or SPDSA card is required. There is no grace period for ID cards.

PLAYER CARDS

All Players from U9 to U19 are required to have an SPDSA ID Card. Cards are valid for a maximum of 3 years and are the responsibility of the cardholder. A \$20 fee will be charged for the replacement of lost cards. Players without a card will not be allowed on the field or benching area during games and cannot participate in the games. Please ensure you contact the SPDSA office, Monday - Friday, 9:00 am - 5:00 pm about ID Cards. For teams playing in EMSA either an EMSA or SPDSA card is required to play. There is no grace period for ID cards.

GAME MANAGEMENT

- Scores and Standings are kept at the U13 - U19 level with teams eligible for Provincial Competition.
- Equal playing time for all players.
- All players will have the opportunity to a variety of positions. Let the players experience different positions and the different challenges that these positions create.
- Warm Up - all players with a ball, moving, ball mastery.
- Manage the amount of coaching during the game. "Let them play". Encourage creativity. Don't punish mistakes. Don't referee. Encourage both teams play.
- Promote soccer that is free flowing, is coach-guided but not coach directed, and demands that all players on the field, regardless of their specified position, participate in defending and attacking.



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GAME MANAGEMENT CONTINUED

The SPDSA is committed to providing a fair and equally balanced recreational league for all participants. Each year we get an increasing number of requests for player placements due to various reasons. This has put an enormous number of tasks on our volunteers and staff. Some of these requests put an imbalance in teams and some lopsided scores in games, which does not help anyone. The Community League is for development, fun and of course competition, but to have fun and have games we need teams, and if players experience unpleasant conditions they do not want to come back.

To achieve balanced teams, we have implemented the following team formation guidelines

FRIEND REQUESTS

- We do not allow full or partial teams to register.
- One reciprocal friend request per player may be submitted upon registration. While we do our best to accommodate player requests, they are not guaranteed. The top priority at the start of the season is to create balanced teams for each age group. Requests that prevent this from being achieved will not be accommodated. If more than one friend is requested, only the first name listed will be considered. Coaches cannot be requested by players. No exceptions.
- Volunteer coaches will have their own children on their team.
- We are unable to switch children to a different team once they are formed due to the many moving parts and a large number of special requests received.
- Two coaches wishing to coach together will be permitted, however no friend requests will be honoured and the co-coach request will be considered the player request.
- Friend Requests submitted after the Regular Registration deadline will not be honoured.

COMMITMENT LEVEL

The community program does not entail the same level of commitment as our Phoenix program; however, players that sign-up are expected to participate in most games and practices. Team rosters are sized to maximize playing time; thus, non-attendance will have an impact on the whole team.



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SEASONAL PLAN

- Nine weeks starting the week of April 26, 2021, and ending the week of June 21, 2021. Week one is weather dependent and will not be rescheduled unless they are Regular Season Games. Games that need to be rescheduled will be in accordance with the SPDSA rescheduling guidelines and subject to field availability. (Program dates subject to change based on COVID19 restrictions).
- Four hours of soccer per week – 2 x 90-minute games plus 1 practice per week (Practice at Team discretion). (Recommended 60 to 90 minutes for practice) – Practice fields are not included in fees and there may be an additional fee collected by the coach to cover field rentals.
- Fixtures may include interlocking games with St. Albert, Ft Saskatchewan and Ardrossan

DAYS/ NIGHTS OF PLAY

- Sunday Afternoons (1:00 pm or later Start times) and Tuesday evenings with 6:00 pm or 7:30 pm start times.
- Game days and start times may be subject to change, pending field availability and whether SPDSA or EMSA League
- * Dates and times subject to change-
- Minimum four teams required to form a league in the case where a league is not viable, the team(s) will be entered into the Edmonton Minor Soccer League (EMSA). The league will determine the start and end date of the season.
- Practice/Game Structure
Practice – 1 v 1 – 8 v 8 skill builders, small-sided games, and functional practices
Match Play – 11 v 11 (10 v 10 plus goalkeepers) with 2 x 45 minute halves

REGISTRATION AND FEES

- \$380.00 Early Bird rate until March 15th. Rates will increase by \$25.00 on March 16th.
- The fee includes shorts, socks and a jersey. (Players are required to provide shin pads and footwear)
- DEADLINE TO REGISTER IS MARCH 23RD