

Shuswap Minor Lacrosse

Meeting Minutes

Meeting Information

Date	Wednesday, March 4 th , 2026
Scheduled Start Time	6:00 PM
Location	Shuswap Trail Alliance Building (Salmon Arm, BC)
Purpose	Monthly Board Meeting
Chair of Meeting	Jade Maltais (Secretary)
Minutes Adopted On	Apr 1, 2026 (At Monthly Board Meeting)
Minutes Prepared By	Jade Maltais (Secretary)

Attending:

Name	Role(s)
Connor Maltais	President
Jen Bellhouse	Vice President
Brandon Northcott	Treasurer
Jade Maltais	Secretary
Sylvia Wong	Scheduler
Chelsea Hamelin	Head Coach
Jaedon Mooney	Head Referee
Colton De Boer	Equipment Coordinator
Reanne De Boer	Merchandise Coordinator
Heather Davis	Past President

Absent:

Name	Role(s)
Geneva Whynot	Registrar
Jeremy Wozniak	Risk Manager

Summary of Voting Events

Event	Time	Motioned By	Seconded By	Opposed By	Result
Acceptance of current agenda and meeting called to order	6:00 pm	Jen	Jade		Carried
Acceptance of Last Month's Board Meeting Minutes	6:00 pm	Jen	Sylvia		Carried
Approval to spend \$675 on board of directors insurance	6:28 pm	Brandon	Jade		Carried
Approval to spend \$500 on first aid kits	6:45 pm	Brandon	Jen		Carried
Adjournment of meeting	7:21 pm	Jen	Jade		Carried

Agenda Items

Topic	Items Discussed	Actions Required
Meeting Setup	<ul style="list-style-type: none"> Voted & accepted agenda Voted & accepted last month's board meeting minutes 	<ul style="list-style-type: none"> Jade to upload to website
Financial Review	<ul style="list-style-type: none"> Group referenced handout Nothing unexpected, outstanding registration balances are higher than expected 	<ul style="list-style-type: none"> Nothing required at this time
Sponsorship & Fundraising	<ul style="list-style-type: none"> No new sponsors 50/50 running March 1-31 Coffee Fundraiser Xtreme Threads Store Now Open 	<ul style="list-style-type: none"> Brandon needs to still apply for 50/50 license Need to let membership know about coffee
Box Lacrosse Registration	<ul style="list-style-type: none"> Reviewed current numbers in handout Reviewed issue with shorts fitting bigger than expected and many choosing a lower size Field lacrosse plan to re-use shorts 	<ul style="list-style-type: none"> Jade to place 1 more order with Xtreme Threads for smaller sizes
Recruitment Activities	<ul style="list-style-type: none"> Drop-ins Complete Chase session went well Hockey Arena Setup 	<ul style="list-style-type: none"> Connor to see who can help at AL Fortune

	<ul style="list-style-type: none"> • Enderby AL Fortune on March 10 	
Rule Changes Update	<ul style="list-style-type: none"> • Discussed rule changes • Heather said things that cost money are postponed for next year, whereas rule changes (i.e. contact) are implemented this year 	<ul style="list-style-type: none"> • Connor will send out summary of rule changes when available
Insurance for Board	<ul style="list-style-type: none"> • Discussed options • Voted & confirmed the cheaper option 	<ul style="list-style-type: none"> • Jen to finalize & purchase the insurance policy
Board Position Update	<ul style="list-style-type: none"> • Try to find parents that may be good to have come aboard 	<ul style="list-style-type: none"> •
Coaching Update	<ul style="list-style-type: none"> • Low on coaches, especially head coaches, or coaches who can assist on a regular basis • Need to have a coaches meeting – plan for individual meetings for each team with president and head coach, which may be easier to organize • Will likely need to purchase more coaches shirts and hats to outfit new coaches 	<ul style="list-style-type: none"> • Chelsea to arrange for coaches meeting • Everyone help recruit coaches or others that can support (especially if first aid certified) • Jade to order more coach shirts/hats if needed
Referee Update	<ul style="list-style-type: none"> • Need referees! • Sent email to membership • Promoting social media • Clinic & signup info sent out to interested parties • Jaedon said to order shirts ASAP 	<ul style="list-style-type: none"> • Jaedon will reach out to the refs he knows about blocking off tournament dates
Scheduling & Facilities	<ul style="list-style-type: none"> • Finalized practice schedule • Parent Meeting first practice • 2 Big/ 2 small nets to Enderby • Scheduler meeting coming up • Will need new lines painted both arenas 	<ul style="list-style-type: none"> • Connor to post practices into RAMP • Colton to move nets to Enderby • Sylvia/Connor to attend scheduler meeting • Jeremy work with facilities on painting new lines
Tournament	<ul style="list-style-type: none"> • Reviewed budget and need for outside funding • Discussed Schedule, Rules, Welcome Letter • Discussed need for tournament committee 	<ul style="list-style-type: none"> • Connor will look into RAMP tournament requirements

	<ul style="list-style-type: none"> • Jen suggested we block off hotel rooms for other teams + helps with grant application eligibility • Jen will apply for grants • Heather suggested contacting Warriors for a signed jersey • Provincials – another round of fundraising items, raffle, etc • Zones (if we host) will be barebones fundraising effort 	<ul style="list-style-type: none"> • Everyone: Start collecting stuff for raffle • Jen to apply for grants, Connor can support • Jen will book hotel room slots • Jade will start pricing out medals/awards
Risk Management	<ul style="list-style-type: none"> • First aid kits need to be enhanced to proper Level 1 • Group suggested a \$500 budget limit for first aid items – voted & approved • Jen provided a good website to purchase full and complete kits – Jade to review and likely purchase • Facility walk throughs & emergency action plans still need to occur 	<ul style="list-style-type: none"> • Jeremy to do arena walk throughs once ice removed • Jeremy to create an emergency action plan for each facility to print and add to coach binder
Policy Review Around Releases	<ul style="list-style-type: none"> • Reviewed policy around releases and catchment boundaries 	<ul style="list-style-type: none"> •
Adjournment	<ul style="list-style-type: none"> • Voted & accepted 	<ul style="list-style-type: none"> • Jade to send out minutes for review