



Slave Lake Minor Hockey Association
Covid-19 Guidelines

UPDATED: January 15th, 2022

The following guidelines will be in place until the Province of Alberta lifts or changes the current restrictions on youth sports. These procedures are in compliance with the Covid-19 safety measures implemented by the Government of Alberta, AHS, Hockey Alberta and the Town of Slave Lake.

MRC GUIDELINES:

- The Slave Lake Multi-Rec Centre is participating in the Government of Alberta's Restrictions Exemption Program. All facility users that are 12 years and older (except those participating in an organized youth activity) will be required to show
 - Proof of vaccination (see details below).
 - Proof of negative COVID -19 test results taken within the last 72 hours (see details below).
 - self administered tests are not permitted.
 - employer based testing accepted if it meets requirements below.
 - An original copy of a vaccine medical exemption letter (see details below).
 - Participants/spectators 18 years and older must also provide proof of identification matching the name on any of the above documents (see Proof of Personal ID below) Those youth 12 years and older who are not participating in an organized youth activity (eg when in the facility to spectate) must show the above in order to enter the facility.
- masks must be worn while indoors.
- children and youth spectators must be with a responsible adult seated in the arena. At no time will free play be permitted. (this includes walking around the arena, stands or lobby without adult supervision).
- NO eating or drinking outside of the concession area. This includes no food or drink in the stands or while standing in the lobby.

ENTERING THE MRC:

- players will wear their masks while they enter the facility, sanitize hands and answer health screening questions (teams can utilize Team Snap for health Screening). Masks will remain on until they are ready to put on helmet and proceed to the ice surface.
- coaches will wear their mask while entering the facility, sanitize hands and answer health screening questions, (teams can utilize Team Snap for health screening). Masks will remain on until they are ready to put on helmet and proceed to the ice surface. Masks must remain on while coaches are on the bench during a game.
- the MRC staff will screen spectators, coaches and ref's 12+ for proof of vaccination, a negative PCR test (less than 72 hrs old) or proof of medical exemption. (participants under 18 are exempt). Please bring ID.
- spectators, parents, guardians will enter the facility, sanitize, and proceed directly to the stands where masking must be maintained.
- follow any signage or guidance provided by the MRC or their staff.

ATHLETE EXPECTATIONS:

- no sharing of water bottles.
- NO spitting-you will be asked to leave the facility.
- water bottles must be labelled.
- do not attend team events such as practices or games if you are experiencing any Covid-19 symptoms.
- wear a mask while entering the MRC until player is ready to put on helmet and proceed to ice surface.
- practice physical distancing while not engaged in physical activity.
- will not attend team events if they develop symptoms of Covid-19. For those that suffer from asthma or allergies, you should not be attending team events if your symptoms are more severe than your normal baseline of health. If you are experiencing a normal symptom of allergies, you can attend. However, you must be cognisant that if it gets worse than normal or you develop additional symptoms that do not normally accompany your allergies you should stay home until you have received a negative test or you feel better.

SPECTATOR/PARENT/GUARDIAN EXPECTATIONS:

- masks are mandatory while indoors.
- NO spitting-you will be asked to leave the facility.
- do not send a participant to a team event if they are experiencing Covid-19 symptoms.

- do not attend events if you are experiencing Covid-19 symptoms.
- NO eating or drinking outside of the concession area. This includes no food or drink in the stands or while standing in the lobby.

COVID PREPAREDNESS AND RAPID RESPONSE PLAN:

- 10 PPE kits (gloves, masks, gowns and hand sanitizers) will be available and stored in the locked 50/50 bin (in the Pembina Arena) for team use.
- each team will be required to have a Covid contact person. This person is responsible for the health screening of participants for practices, games and other team events. The covid contact person on each team is also responsible to ensure that participants and spectators comply with regulations at all team events. If the Covid contact cannot attend an event, they must ensure another parent or guardian can fulfill their duties.
- Dressing room #8 has been designated as an isolation room.

RAPID RESPONSE PLAN

- in the event that a participant (player or coach) develops Covid-19 symptoms while at the MRC the following Rapid Response Plan should be initiated:
 - the coach should immediately contact the team covid contact who will then seek out an MRC staff member to have the isolation room unlocked. They will grab a PPE kit from the locked 50/50 bin in the Pembina arena and take it to the isolation room. They will then contact a parent or guardian to advise them of the situation and ask that the player be removed from the MRC as soon as possible.
 - the symptomatic person should immediately put on a mask and sanitize their hands, then proceed to the isolation room. An adult should accompany the player to the isolation room where they too should put on a mask and sanitize their hands before entering the isolation room and once they exit it.
 - the team covid contact will notify MRC staff when the isolation room is no longer in use as the MRC will need to clean the room and lock it again.

SLMHA COVID COORDINATOR:

- the designated covid coordinator is responsible for implementing procedures within the SLMHA to ensure communication, education and compliance of the Covid safety measures are followed at all levels.

Current Covid Coordinator is: Pam Boucher: call/text **780-805-1422** or email pamlawson82@hotmail.com

HEALTH SCREENING:

- all players and coaches must be asked health screening questions when they enter the MRC. No one who answers yes to any of the screening questions will be permitted into the MRC. (Team snap health screening can be utilized to health screen).

COMPLIANCE OF PROCEDURES:

- given the risk of a Covid-19 outbreak and the potential for AHS to shut down the MRC facility, it is pivotal that all policies and procedures are followed. Associations, teams or users claiming ignorance of guidelines will not be permitted as an excuse. We must all work together to ensure a successful season. The MRC has implemented the following consequences for breaking these procedures;

1 st Offense	Verbal and written warning
2 nd Offense	Next practice or ice time will be cancelled (a scheduled game will not be cancelled)
3 rd Offense	The user group or team will lose their ice time until they provide a written plan outlining how they plan to follow the restrictions moving forward
4 th Offense	The user group will not be able to use the facility for the remainder of the season
Visiting Teams	Visiting teams will be required to follow the protocols of the MRC. The first offense will result in a letter advising them of the breach and the rules that need to be followed. A second offense will result in that team not being permitted to use the MRC facility.

PROOF OF VACCINATION:

The attendee seeking entry must demonstrate they are the legitimate holder of the vaccine record and the information provided is complete and accurate. If they cannot demonstrate that the individual must not participate/enter. Facility staff must make a reasonable attempt to assess the validity of the proof of vaccination of each attendee. If facility staff is unsatisfied that the documentation is genuine the staff should deny attendance.

Proof of vaccination includes:

- A picture or paper record of a valid Alberta Health Services, MyHealth Records, pharmacy, First Nation, or physician immunization record prominently displaying the name, type of vaccine and date administration, or
- Canadian armed forces immunization record, displaying the name, type of vaccine, and date of administration, or
- An immunization record from another Canadian Province or Territory, displaying the name, type of vaccine and date of administration, or
- Valid Government of Alberta Vaccination QR code.

***Effective November 15th you must show your QR code.**

PROOF OF NEGATIVE TEST:

Test must not be sourced from Alberta Health Services public COVID-19 testing system. A written or printed copy of a negative Health Canada approved, or lab accredited, rapid antigen, rapid PCR or lab based PCR test is required for entry. A self-test and/or self produced documentation of a negative result is not sufficient evidence to support entry into a facility under REP. Documentation of a completed test must include:

- A clear indication of the laboratory or the health care professional that completed the test (eg. DynaLIFE), the type of test, time of sample collected and clear indication of a negative result
- If the result of a rapid test is being verified by a health care professional, a written record must also include the name, phone number, contact info, professional registration number and signature of the physician or nurse practitioner
- A picture or any other written documentation of a rapid test result is not sufficient evidence for participation/entry

PROOF OF MEDICAL EXEMPTION:

A valid medical exemption is the original signed letter from a physician or nurse practitioner that includes:

- The name of the person in the written documentation that matches the identification provided
- The physician's or nurse practitioner's information is completed by including: o Name, phone number, contact information, professional registration number and signature of the physician or nurse practitioner
- Statement that there is a medical reason for the individual's exemption from being fully vaccinated against COVID-19 and
- The duration of the exemption