

September 11, 2023



Hello Intro to Hockey Parents!

Welcome to the Intro to Hockey program with the Strathmore Minor Hockey Association. We have a nearly full roster this season, and I'm sure your players are getting excited to get on the ice! This email will confirm some commonly asked questions that will help you and us prepare in advance of our first ice time.

**ICE TIMES:** Friday evenings 6pm – 7pm, Strathmore Family Center, Blue Ice

**START DATE:** Friday, October 6, 2023

*Please note that there will be some planned Friday's off during the season.*

*These cancellations will be:*

*Friday, November 10, 2023*

*Friday, December 29, 2023*

*Friday, January 5, 2023*

*Friday, January 26, 2023*

*Your team manager will remind you of these cancellations and any other scheduling changes. The 2023/2024 season will run until the end of February. The last ice time of the season is Friday, February 23, 2024.*

**EQUIPMENT:** All players must be wearing **full hockey equipment**. This includes: shin pads, pants, shoulder pads, elbow pads, neck guard, helmet, skates and a stick.

Please make sure your child has a stick that measures between their chin and lower chest when they are on skates (nothing above the chin).

Please bring a water bottle clearly labelled with your child's name so it is easy for them to recognize on the bench.

**JERSEYS:** The first ice time all players wear their own jersey. After our first ice time players will be assigned a coloured jersey for the season. This will help them navigate on the ice into their appropriate groups.

**RESPECT IN SPORT:** At least one parent must complete Respect in Sport for Hockey Canada Parents. Visit the link below to get started: [https://hockeyalbertaparent.respectgroupinc.com/koala\\_final/](https://hockeyalbertaparent.respectgroupinc.com/koala_final/)

**If you do not complete Respect in Sport by Friday, October 6, 2023, your child will not be allowed on the ice.**

*\*NOTE: If you have already completed this as a parent for another child, you must still login and ensure that your child participating in Intro to Hockey is listed on your profile.*

**PARENTS & PLAYERS:**

- PLEASE MAKE SURE YOUR CHILD USES THE WASHROOM **BEFORE** GETTING DRESSED
- Once your child has been dressed and gets on the ice all parents must leave the bench and sit in the stands. Parents are not permitted to come on the ice with shoes and no helmets. Your child might be upset getting on especially the first time, but it makes it easier if you leave them.
- Please stay in the arena. If your child needs help with something during our ice time, you may need to come to the bench and help them at that time; the coaches may not be able to leave the ice and the other players.
- The full hour of ice time can be a lot for our younger players. If your child is done 1/2 hour into the ice time, it is okay to take them off. It takes a lot of energy when they are falling and getting up. We want to keep hockey a fun and exciting sport for the children. They will build their endurance through the first few ice times.

If you have any additional questions, please email: [U6@smhockey.com](mailto:U6@smhockey.com)