



Hi everyone,

My name is Eric Gilbert, and I will be coaching the U11C rep team. I have been coaching with the SFGHA for approximately 5 years as an on-ice helper or assistant coach. This is my first year as a head coach, and I'm excited to work with whichever Cubs players land on my team (including my daughter Brooklyn).

Growing up I played competitive AA hockey in Nepean, followed by 2 years of Jr. B in Carleton Place. I hope to add assistant coaches with experience, who have a passion for the game and enjoy helping players learn and grow. This year we will be closely following recommendations from Hockey Canada and the Ontario Women's Hockey Association in terms of emphasizing skills and individual tactics ahead of systems. Players will get a chance to play different positions as they develop their skills and confidence.

I want to create a positive, fun and respectful environment with the team this year. This includes respectful behaviour with players, opposing teams, referees, coaches, and parents. U11C is a competitive team so working hard will be important. I hope to keep team fees as low as possible because hockey is expensive. I'm looking at entering a total of four tournaments for the year. These include:

- Cubtown (Nov 1-3)
- Scarborough (Jan 3-5)
- Nepean (Jan 31 – Feb 2)
- Brampton (April 17-20)

Based on these tournaments, team fees should be between \$325 and \$375 per player (this is an estimate). I'm hoping to do some fundraising at the beginning of the season to cover a few extras including a year-end party and some gifts for the girls.

I'm looking forward to a great season!

Eric