

**SMITHS FALLS GIRLS HOCKEY
ASSOCIATION**

P.O. BOX 145, SMITHS FALLS, ON K7A 4S9 • SFGHA.CA



Hi everyone,

My name is Eric Gilbert, and I will be coaching the U11 C rep team. I have been coaching with the SFGHA for approximately 6 years. This is my second year as a head coach and I'm excited to work with whichever Cubs land on my team.

Growing up I played competitive AA hockey in Nepean, followed by 2 years of Jr. B in Carleton Place and I continue to play and enjoy the game now. I hope to add assistant coaches with experience, who have a passion for the game and enjoy helping players learn and grow. This year we will be closely following recommendations from Hockey Canada and the Ontario Women's Hockey Association in terms of emphasizing skills and individual tactics ahead of systems. Players will get a chance to play different positions as they develop their skills and confidence.

I want to create a positive, fun and respectful environment with the team this year. This includes respectful behaviour with players, opposing teams, referees, coaches, and parents. U11 C is a competitive team so working hard will be important. I hope to keep team fees as low as possible because hockey is expensive. I'm looking at entering a total of four tournaments for the year. These include:

- Grand River Nov 7 - 9 (This one is tentative)
- Cubtown Dec 5 - 7
- Brockville Jan 30 - Feb 1
- Brampton Apr 3 - 5

Based on these tournaments, team fees should be roughly 375\$ per player (this is an estimate). I'm hoping to do some fundraising at the beginning of the season to cover a few extra's including a year-end party and some gifts for the girls. I'm looking forward to a great season!

Eric