



Hi Players and Families,

Just wanted to say welcome to the 2026-27 season!

For those of you that don't me, I'm Coach Ben. I have been involved with coaching for many years. I'm excited to get things started and to work with this group of young ladies.

My plans are to be in 5 tournaments for this season:

- **Etobicoke Oct 16-18 or Stratford Nov 12-15** (we are currently waitlisted for Etobicoke)
- **Cubtown Nov 26-29**
- **Nepean Jan 29-31**
- **Brampton Mar 26-28**
- **Provincials in April**

As for **Team Fees** will be able to finalize those once the team is selected, but at this time I expect the team fees to sit between \$400 - \$600. This can be reduced by fundraising and/or sponsors.

My goal is to create a team atmosphere where everyone feels supported, works hard, and enjoys being at the rink. There will be hurtles along the way, but that's all part of the game and part of getting better.

More than anything, I want us to be a team that shows up ready to work, be supportive of each other and plays for one another. If we do that, the rest will take care of itself. To the players, come ready to give your best, keep a positive attitude, and be good teammates.

To the families, thank you in advance for all the time and support you give throughout the season. It really does make a difference.

I'm looking forward to a fun and rewarding season and can't wait to get started.

Coach Ben
benknapp82@gmail.com