



Proper sizing, placement and maintenance of equipment goes a long way in ensuring player safety.

As players, coaches, officials and parents we owe it to ourselves to read booklets like Hockey Canada's **Safety Requires Teamwork & Safety for All** among many others available.

Go online at www.hockeycanada.ca

Shared respect... let's turn our attention to prevention!



HELMET

FACEGUARD

MOUTHGUARD

CHIN STRAP

THROAT PROTECTOR

SHOULDER PADS

ELBOW PADS

ATHLETIC SUPPORT/
PELVIC PROTECTOR

WRIST PADS

PANTS

GLOVES

SHIN PADS



Open, read and learn.

Safety Requires Teamwork is available from your Branch, local hockey association or online at www.hockeycanada.ca

Thanks to the NOHA for the completion of this poster.



Ouch Resistant

Be informed about the proper wearing of all hockey equipment.