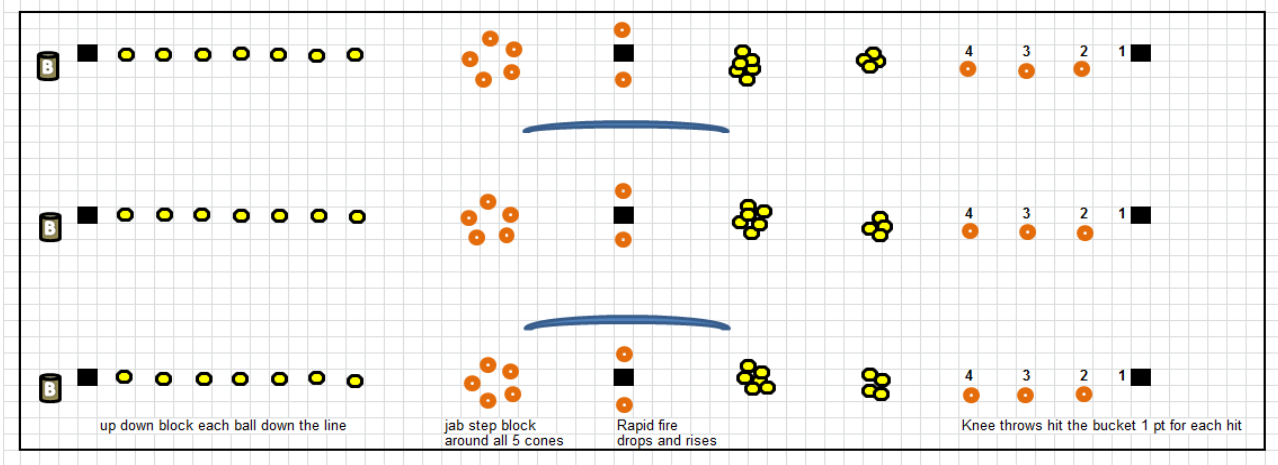




# Catchers Drill #5 Catchers Race

5 mins

Agility, speed, endurance, quick feet & hands



Drill by: Sue Hokanson