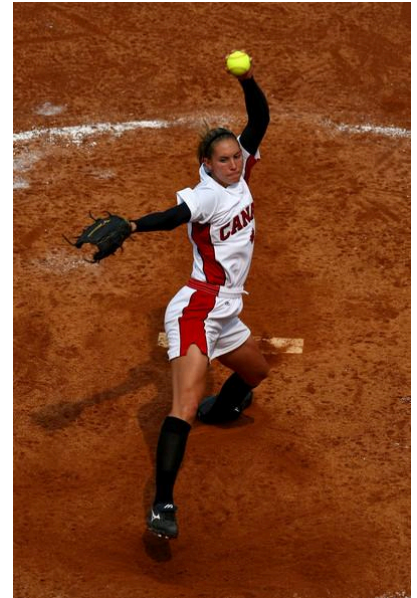


Lauren Bay Regula

2016 Inductee - Athlete Category

Ms. Lauren Bay Regula, always proved to be an incredible multi-sport athlete but the sport she showed true excellence in was softball. As a left handed pitcher Lauren was dominant and excelled in the circle. At age 16, Lauren joined the White Rock Renegades helping lead her squad to three provincial championships, one Western Canadian Championship, and two Canadian Championships. Lauren gained attention from the National program throughout her impressive minor softball career.

Lauren's incredible worth ethic would prove to pay off, earning a full scholarship to play at Oklahoma State University. Lauren would continue to excel both in the classroom and on the field. In 2003, Lauren would be named a First Team Academic All American, and would break multiple records. While playing NCAA, Lauren would maintain a spot on the Team Canada roster.



Career Highlights

- National Team Member 1999-2008
- 2002 & 2006 World Championships
- 2004 Olympics - 5th Place
- 2008 Olympics - 4th Place
- Oklahoma State Cowgirls - Full Scholarship (2000-2003)
- 2000-2003 All-Big 12 Conference
- 2003 Big 12 Player of The Year
- 2003 NFCA First Team All-American
- 2004 NCAA Oklahoma Woman of the Year
- Member of Chicago Bandits (National Pro Fastpitch League)