



SOFTBALL MANITOBA

321-145 Pacific Avenue Winnipeg, Manitoba R3B 2Z6

Phone: (204) 925-5673

Fax: (204) 925-5703

E-mail: softball@softball.mb.ca

Website: <http://www.softball.mb.ca>

Softball Manitoba's Indoor Return to Play

*susceptible to revision upon federal/provincial/public health updates.

PRIOR TO THE PRACTICE/TRAINING:

- Local public health restrictions and guidelines set by the government/health authorities must be consulted (group size, facility access, etc.).
- All participants must use Manitoba Health's online COVID-19 screening tool and follow instructions based on their results (isolate, get tested, or otherwise).
- Communicate screening tool results ASAP with coaches/team. Results must be respected; individuals are not to contradict medical advice.
- Safety is prioritized over training. Anyone going for a COVID test cannot attend training until results are received. However, those who test positive cannot participate until they isolate and test negative.
- Learn the guidelines at the facility being used and prepare to follow all regulations. Depending on facility or provincial region, spectators may not be allowed.
- Space practice times to reduce larger groups and allow time for sanitizing.
- It is advised to bring as little personal belongings as possible and clearly mark your things (bags, water bottle, equipment, etc.).
- Car-pooling is discouraged. If car-pooling is required, driver and passengers must wear a mask and sanitize.



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DURING THE PRACTICE/TRAINING

- Ensure playing space is properly set up to accommodate facility and provincial guidelines.
- Participants must arrive wearing a mask- whether the mask must remain on during activity is contingent upon region specific guidelines by health authorities.
- If spectators are permitted, they must also follow all guidelines.
- Keep 2 metres between participants- no handshaking or body contact.
- No sharing equipment. It is advised to label items if possible, such as water bottles or gloves.
- Hand sanitizer with a minimum of 60% alcohol must be available. Breaks to sanitize are recommended.
- Have a first aid kit with a supply of materials including masks and gloves to address any medical concerns or injuries. Teams should have a designated medical person to attend to injuries or issues.
- Leave facilities immediately upon completion of training.
- Attendees names and contact information must be tracked, and the record must be kept for at least 21 days.

Thank you everyone for your continued cooperation.



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