

# Safe Sport Training How-To

Anyone involved in sport should be able to thrive and perform at their best without fear of abuse, neglect or other maltreatment. Creating a culture where everyone can thrive is a shared responsibility. Safe Sport Training was developed to help anyone involved in sport – whether you have direct contact with athletes or work in the background – to promote physical, psychological, and social health, in line with the Universal Code of Conduct to Prevent and Address Maltreatment in Sport.

Safe Sport Training is offered at no cost, in both French and English, and can be done from the comfort of your own home. Getting started is quick and easy, simply follow the steps below and complete the course. Training will take roughly 90 minutes and can be completed in multiple sessions.



### <u>STEP 1</u>

Go to Coach.ca and click "Take The

Training on the Locker" on the left.



#### Take the Safe Sport Training

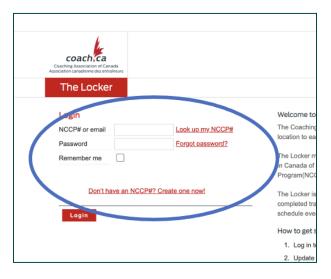
Whether you are directly involved with athletes or play another role in national sport, the CAC's Safe Sport Training will give you the tools to recognize, prevent and address maltreatment in sport.



## <u>STEP 2</u>

Sign in to your NCCP Locker (or create

account if you don't have one)



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"ELEARNING" tab at the top of the screen.

STEP 4

Select "Multi-Sport" on the left of the screen. Scroll down and select "Safe Sport Training" under the "Available" section

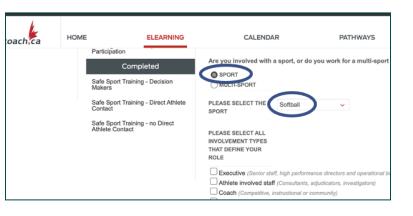
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<u>STEP 5</u>

Scroll down and fill out the form below. Select: "Sport", "Softball", and select your role. Click Continue.



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## <u>STEP 7</u>

Click Start and follow prompts

throughout the course.



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