



MARCH 2021

Softball Saskatchewan

Spring has Sprung!

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Message from the President

The past year has certainly been one to remember! We want to thank everyone for their work to get a softball season in during 2020. COVID-19 has presented us with many new challenges; however, it also led to many positives and presented a new way to reach our members. It is unfortunate that the 2021 Saskatchewan Summer Games had to be cancelled but we remain optimistic that the 2022 Canada Summer Games will proceed as planned. We know our coaching staffs are working hard to prepare our teams and select the top athletes in our province for this most prestigious event.

Finally, I want to ensure our members that we are working hard to prepare and plan for a successful season of softball in 2021. As has been the case this past year we will be flexible and able to adapt to make every effort for local leagues and Associations to enjoy the great game of softball.

Sincerely,

Gary MacDonald

COVID-19 Update

We are fast approaching the 1st anniversary of cancellations to sport activities in the Province due to the Coronavirus pandemic. We want to thank all our members for their diligence, cooperation and understanding in working to follow the various protocols and guidelines provided in the many updates you have all received over the past year. We are optimistic and hopeful that the next announcement from the Provincial Government will start to ease the many restrictions on participation in sport and specifically for the sport of softball. Going forward we will provide our updated Return To Play Protocols and Guidelines in as timely a manner as possible. These protocols provide the framework to allowing sanctioned softball activities to go ahead this spring and summer.

Safe Sport

Softball Saskatchewan recognizes its responsibility to foster environments that ensure positive, healthy, and fulfilling experiences. By prioritizing the welfare, safety, and rights of our members, Softball Saskatchewan is able to demonstrate our ongoing commitment to address the needs of the softball community in relation to safety in sport. We have a number of Safe Sport resources available to our members and we encourage our Associations to be familiar with the information available on our website in the Safe Sport Section. We also encourage our members to become familiar and educated on the various policies we have available with respect to Safe Sport, which include:

- **Respect In Sport (RiS)**
- **Code of Conduct**
- **Inclusion Policy**
- **Screening Policy**
- **Concussion Education Worksheet**
- **Social Media Policy**
- **Discipline & Complaints Policy**
- **Alternate Dispute Policy**
- **Appeal Policy**

Coaching Clinics



Right now, all clinics are Save the Date only.

Dates are also subject to change.

If you're interested in attending a Community Softball Coaching Clinic, below are our dates and locations for 2021.

TBD.....	Battleford
April 9 - 10.....	Humboldt
April 24 - 25.....	Saskatoon
April 30 - May 1.....	Kindersley

We also have opportunities for you to take your Competition Introduction Coaching Clinic in 2021.

Weekend 1	Weekend 2
TBD.....	April 24-25.....Saskatoon
March 27-28.....	April 17 - 18.....Balgonie

While we wait for the above clinics, there is an opportunity to take online training that will be required.

1. Foundations of Coaching Softball - Part 1
2. Foundations of Coaching Softball - Part 2
3. Make Ethical Decisions (MED) Online Evaluation
4. Respect in Sport

Athlete Skill Clinics

Save the Date: Softball Fever Camps

May 8.....	Kindersley
May 8.....	Shaunavon
May 9.....	Meadow Lake



Umpire Clinics

COVID has really changed the way we do things and our umpire clinics are no different.

As we did last year, registration will be online; it will open soon.

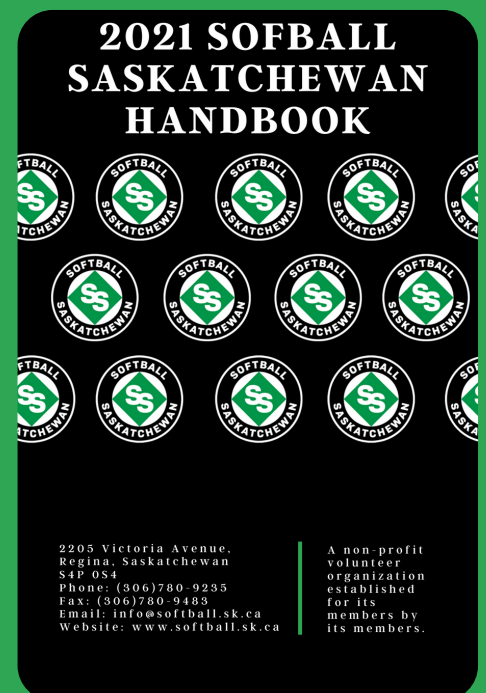
New for 2021 ALL umpire clinics will be done online. We have not finalized the details for these yet, but will have them soon. Please watch your inbox, our website and/or social media for updates.

Exams should be completed prior to registration; we will ask for your exam mark. Visit our website [here](#) for more information.

Handbooks and Rulebooks

Our 2021 Handbooks are printed and available for free! Email us or give us a call if you would like one or more! If you want to view the Handbook online, go to <https://softball.sk.ca/english/about/about.html/handbook>

We also have Softball Canada Rulebooks available for \$12.00 each. These are being carried over from 2019/20 so if you have one already, you needn't get another....unless you want to! Or you can visit Softball Canada's website to purchase an electronic version for \$10.00



Coming soon: Softball Mobile App

We are beyond excited to be launching our **timbits** Softball app this year!

Through our partnerships with Athlete Era and Softball Canada we are able to bring our coaches this comprehensive tool. Set up to support our U6, U8 & U10 Timbits coaches, this great app will allow even our most inexperienced coaches to rock their season by providing them with all the skills, drills and practice plans right at their finger tips.

For now, check out the website at <https://www.softballmobile.com/> for more information until we launch.

Has your Association selected their AE Champion? As a Champion you get first access to the app 😊 Ask your Association now!



Sport Medicine & Science Webinars

Male Players & Their Coaches

- * **Mar. 10: Warm Up/Cool Down, Identifying and Care of Common Injuries**
- * **Mar. 17: Self Massage Pre & Post Game**
- * **Mar. 24: Shoulder Care**
- * **Mar. 29: Concussion Education & Mgmt (Players Only)**
- * **Apr. 5 Mental Imagery & Self Talk**
- * **Apr. 12: Routines & Ideal Performance State**
- * **Apr. 19: Sport Nutrition Pre & Post Events, on the road & at tournaments**

Female Players & Their Coaches

- * **Mar. 8: Warm Up/Cool Down, Identifying and Care of Common Injuries**
- * **Mar. 15: Self Massage Pre & Post Game**
- * **Mar. 22: Shoulder Care**
- * **Mar. 29: Concussion Education & Mgmt (Players Only)**
- * **Apr. 5 Mental Imagery & Self Talk**
- * **Apr. 12: Routines & Ideal Performance State**
- * **Apr. 19: Sport Nutrition Pre & Post Events, on the road & at tournaments**



Sport Medicine & Science Webinars

Coaches

- * **Mar. 7: Team building & group dynamics**
- * **Mar. 14: maximizing effectiveness in practice**
- * **Mar. 21: goal setting & mental toughness**
- * **Mar. 28: Parent/Coach/Athlete relationship**
- * **Mar. 31: Concussions Education & Management (Coaches & Parents only)**

Umpires

- * **Mar. 4: How to deal with fans & players**
- * **Mar. 18: Relaxation, attention, emotional & arousal control to deal with nerves or stress**
- * **Apr. 1: teams & culture. education on cohesion, trust & team building**



Affiliation Deadline

May 15, 2021

The templates required for our 2021 Affiliations are now available. Visit our website under 'Membership' for the details and forms. If you have any questions, please contact Melissa at info@softball.sk.ca

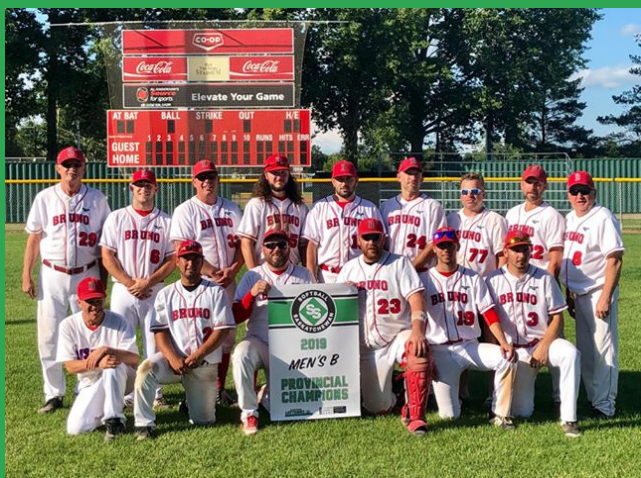
Provincial Registration Deadlines

The deadline to register for Provincial Championship categories leading to Canadians is:

May 15, 2021

For all other Provincial Championship categories, teams must register by the following date:

June 1, 2021



The 2021 Provincial Championship entry form is up on our website under the Forms tab! Please note that we do not accept online registrations for Provincials, so please email, fax, or mail in your completed form to us.

Annual General Meeting



Our AGM will take place on April 24, 2021 at 11:00am via Zoom. Registration is being done online this year.

For a copy of the agenda visit our website [here](#).

There are four (4) Director positions up for election this year; District 5, District 6, District 7, District 8. For a nomination form, visit our website. The deadline for nominations is April 1st. Should you wish to submit a motion to change one of our Bylaws, you can find the form [here](#). The deadline for submission is April 1st.

Umpire Development Committee AGM

The 2021 UDC AGM will be held on April 23rd at 7:00pm via Zoom.

There are two (2) positions up for election this year; Umpire in Chief and Deputy Umpire in Chief - North

For a nomination form, visit our website.

The deadline for nominations is April 1.

Registration is being done online this year.

For a copy of the agenda please click [HERE](#).

How to Register

1. Visit our website www.softball.sk.ca
2. Click 'About'
3. Click 'Annual Meetings'
4. Complete the form for the meeting(s) you plan to attend. If planning to attend both, you must complete both forms.

If you have any questions, please contact Melissa at info@softball.sk.ca by April 15th.

Provincial Dates and Locations

MINOR CATEGORIES

<u>DATES</u>	<u>LOCATIONS</u>	<u>CANADIANS/WESTERNS</u>	
U19 "A" Women's	July 9th - 11th	Regina	Montreal, QC (Aug. 3rd - 8th)
U19 "B" Women's	July 9th - 11th	Regina	Richmond, BC (Aug. 5 - 8)
U19 "C" Women's	July 9th - 11th	Regina	
U16 "A" Girls	July 2nd - 4th	Saskatoon	Saskatoon, SK (Aug. 11th - 15th)
U16 "BW" Girls **	July 2nd - 4th	Saskatoon	Strathmore, AB (Aug. 5th - 8th)
U16 "B" Girls	July 9th - 11th	Swift Current	
U16 "C" Girls	July 9th - 11th	Moosomin	
U14 "A" Girls	July 2nd - 4th	Saskatoon	Brandon, MB (Aug. 4th - 8th)
U14 "BW" Girls **	July 2nd - 4th	Unity	Portage La Prairie, MB (Aug. 19 -22)
U14 "B" Girls	July 2nd - 4th	Regina	
U14 "C" Girls	July 9th - 11th	Macklin	
U12 "A" Girls	July 2nd - 4th	Prince Albert	
U12 "B" Girls	July 2nd - 4th	Regina	
U12 "C" Girls - North	July 2nd - 4th	Meadow Lake	
U12 "C" Girls - South	July 2nd - 4th	Odessa	

** Please note the U14 & U16 "BW" categories lead to Western Canadians

U19 "A" Men's	July 2nd - 4th	Saskatoon	TBD
U19 "B" Men's	July 2nd - 4th	Saskatoon	Richmond, BC (Aug. 5 - 8)
U16 "A" Boys	July 9th - 11th	Prince Albert	Fredericton, NB (Aug. 11th - 15th)
U16 "B" Boys	July 9th - 11th	Prince Albert	Strathmore, AB (Aug. 5th - 8th)
U14 "A" Boys	July 2nd - 4th	Shellbrook	Wilmot, On (Aug. 4th -8th)
U14 "B" Boys	July 2nd - 4th	Saskatoon	Portage La Prairie, MB (Aug. 19 -22)
U12 "A" Boys ***	July 2nd - 4th	Delisle	Saskatoon, SK (July 30th - Aug. 2nd)
U12 "B" Boys	July 2nd - 4th	Delisle	

*** The U12 "A" Boys leads to a Western Canadian

ADULT CATEGORIES

Women's "A"	July 15th - 17th	Saskatoon	Summerside, PEI (Aug. 18th - 22nd)
Women's "B"	July 15th - 17th	Saskatoon	Blackfalds, AB (Aug. 5th - 8th)
Women's "C"	July 23rd - 25th	Saskatoon	
U23 "A" Men's	June 25th - 27th	Saskatoon	Saskatoon, SK (Aug. 4th - 8th)
Men's "A"	July 15th - 17th	Saskatoon	TBD
Men's "B"	July 15th - 17th	Saskatoon	Blackfalds, AB (Aug. 5th - 8th)
Men's "C"	July 23rd - 25th	Saskatoon	
Master Men's	July 15th - 17th	Saskatoon	CDN's - TBD
			Victoria, BC (TBD) Westerns
Master Women's	July 15th - 17th	Saskatoon	Victoria, BC (TBD) Westerns
<u>SLO-PITCH</u>			
Men's & Women's	June 4th - 6th	Saskatoon	Surrey, BC (Aug. 8th - 14th)



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SASK LOTTERIES

