



FUN, FAST, FUNDAMENTAL

League Information

- League starts **April 7, 2020**
- Registration Fees
 - ❖ \$500 - Entry
 - ❖ \$625 - Entry + 5 jerseys
 - ❖ \$650 - Entry + 6 jerseys
- 10 minute running time halves
- Full court
- Most games are hosted at Harry Ainlay High School
- 3 Divisions
 - ❖ U11 - 09 or later (Fridays)
 - ❖ U13 - 07-08 (Thursdays)
 - ❖ U15 - 05-06 (Wednesdays)
 - ❖ **U14 & U16 Girls (Tuesdays) NEW!**
- Each division may play on one Saturday
- Games typically begin at 6 pm
- A guaranteed schedule of minimum 2 games per night
- U11 is a CO-ED division. Girls can have a birthday in 2008 or later)

BACK THIS YEAR

Music!

Player of the Week Awards!

Giveaways!

Championship Prizes!

Why 3 on 3?

1. Better spacing
2. Players touch the ball more often
3. More 1 on 1 opportunities on both ends of the court
4. No sets or systems - players read and react

Our Focus...

...is to give young athletes the opportunity to grow as basketball players in a **non-traditional setting**. We provide a structured, low-pressure environment where players can **experience and learn the game** in a new way!

AND MOST IMPORTANTLY – HAVE FUN!

REGISTRATION OPENS FEBRUARY 1st

<https://sites.google.com/epsb.ca/ainlayathletics/basketball/dave-dutch-holland-3-on-3> to register!