

ESC BASKETBALL

4 on 4 Spring League

Dear Parents/Guardians,

ESC Basketball is a group of educators and coaches looking to develop fundamentals and character through the game of basketball.

Our program seeks to:

- Provide opportunities for fundamental skill development
- Present positive alternatives for youth and teens
- Develop mature young people who are equipped to deal with the challenges

Many former ESC Basketball members have gone on to outstanding careers at the college and University level and continue to be involved with the sport today.

For the upcoming Spring Season, ESC Basketball will once again team up with local coaches to provide a spring program for mini and bantam age girls. The target group is the athlete who would like to continue developing their basketball skills without compromising their commitments to other activities during the spring. The Spring League Program will run from April 1, 2019 to May 23, 2019. Coaches will focus on building basic movement skills and basketball fundamentals of the game. The In-house league will allow players to experience games in a semi-competitive environment. We will structure games on a 4 on 4 basis allowing players to have more touches and space on the court.

We are currently looking for 32 players, who were in 2nd year Mini program and 1st year Bantam. The spring league will run Tuesdays and Thursdays nights. Tuesdays (6 pm-8 pm) will focus on skill development and a training session, while Thursday nights provide an opportunity for the participants to play games. There will be 2 start times for games on Thursdays, either 6 pm or 7:30 pm. The registration fee is \$285 which will include insurance through Alberta Basketball and a reversible top. A Leduc gymnasium location will be announced March 15, 2019.

The lead coach for the Spring League is Leduc High School Graduate Curtis Plitt. He is a local basketball fixture in Leduc, who is working hard to grow the sport he loves. He has coached at all levels of basketball including LCBA mini program to a Collegiate Program at King's University. This is Curtis' 2nd year with ESC Basketball. Curtis will bring his extensive knowledge of the game and his enthusiastic persona will give all the athletes a tremendous and positive experience.

The deadline for registration is February 23, 2019. To secure a spot, a \$50 non-refundable deposit is required at time of registration. To register, please send the following information to edmontonsportscamps@icloud.com.

Player name:

Age:

Parent contact: email and phone number

Size of jersey: youth (small, medium, large) Adult (small, medium, large)

If you have any further questions, please contact me at above email address or 780 990 5222.

Hien Lu

ESC Basketball